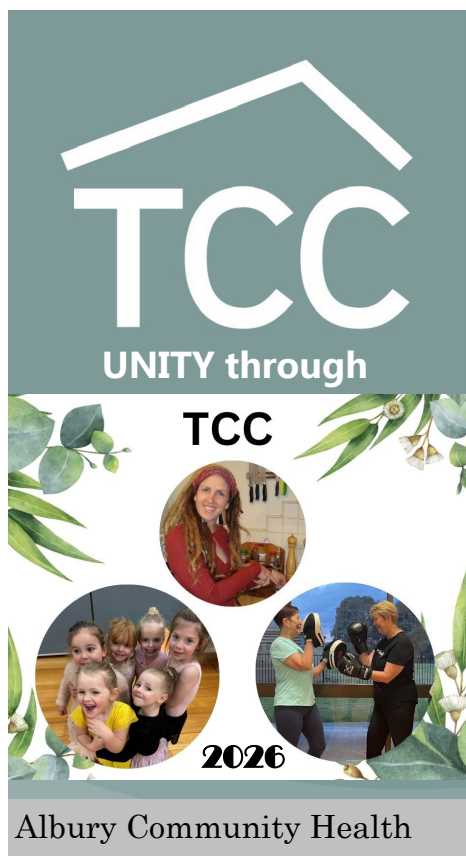




Albury Community Health

Child and Family Health Nurse

Nurses Kate and Megan are available by appointment on **Monday—Friday** at the TCC Ring **6043 1038** to book your appointment or for any concerns.

Supporting Breastfeeding

Offers practical support and education with a focus on posture and positioning. **Mondays**
Appointment required ring: **6043 1038**

New Parent's Group

Mondays Join our 6 weeks program run by Child and Family Health Nurses. It's a friendly space to meet other parents and learn about caring for our baby. Speak with your local Child and Family Health Nurse for more information Albury Community Health 6058 188 or Thurgoona 6043 1038

Churches

Freedom Church

Service: **Sunday** 10.00am—12.00 noon
Worship, prayer and Bible talk.
freedomchurchthurgoona@gmail.com

Thurgoona Presbyterian Church

We're a new family-friendly church.
Service: **Sunday** 4.00 pm TCC Hall
Creche, kids and youth programs
E: mike@alburychurch.org.au
www.alburychurch.org.au

Art/Craft/Stitching

Calligraphy Learn skills in the main traditional styles of "beautiful writing" 5 week course on **Mondays** from **11am to 3pm** in the hall.
Cost: \$20 per class
Phone: 0492 139 722 to book

Jewellery Making Classes

A 6-week course learning to make jewellery such as earrings, broaches, necklaces, bookmarks, sun catchers and bracelets. Materials provided
Experienced tutor
Tuesday mornings starts 31st March
Friday afternoons starts 10th April
Cost \$100 P: **(04) 1753-8667** to book

Red Rubies Craft Bring along your favourite craft and enjoy the company of others. If you'd like to stay all day, bring your lunch too. Cost: \$3
Mondays 11.00 am—2.00 pm in the Sunroom—tea and coffee provided.
Make a time with the Coordinator to find out about this group.
0492 139 722—spaces are limited.

Stitching on the Border

Welcome all cross stitchers— bring along your project and share the enjoyment of our craft in a friendly environment. Tea/coffee provided
2nd Saturday of the Month in sunroom from 10 am to 4pm Cost: \$5
Join FB group P: **0492 139 722**

Thurgoona Easy Art Lessons

Learn drawing techniques and watercolour painting for beginners and intermediate level artists.
Cost: \$20 per lesson. 6 weeks starts.
Mondays 11.00 am—3.00 pm in the hall. Phone: **0492 139 722**
Check out TEAL on Facebook

Community Groups

Albury Wodonga LEGO User Group (AWLUG)

For anyone interested in getting together to learn about having fun with LEGO. Meets once each month on **third Sunday** of each month 1.00—3.00pm.
On Facebook / awlugsec@gmail.com or phone **6043 1588**

Woolshed Thurgoona Landcare Group

Working together to regenerate, maintain and promote our local environment. First **Tuesday** of month from 7.00 pm at Thurgoona Community Centre
enquiries@wtlandcare.org and Fbook

Dance



Merge Dance Co

Dance classes for different ages with a variety of styles.
(NSW school term)
Enrol: facebook.com/dancemergeco

Contact: **0438 818 600**

Classes run on **Weekday** afternoons.
Preschoolers to Senior adults—
Styles include ballet, tap, jazz, acrobatics, hip hop, yoga, lyrical.

Twin City Stomp Line Dancing

Enjoyable and friendly with an experienced tutor.

Wednesday: classes during the timeslot 10.00 am—12.00 pm

Tuesday 7.00—9.00 pm

Cost: \$12 per lesson

As about beginners classes available
Contact **Bev Vinge 0407 947 353**

In 2026 TCC is celebrating 10 years of Little Kidlets Playgroup at Thurgoona Community Centre

Little Kidlets Playgroup:

Little Kidlets playgroup runs during the NSW school terms

Mondays to Thursdays from 10.00 am—12.00 pm

For more information on days, times and to make a booking please contact Sam P: **0458 557 151**

E: playgroup@thurgoonacommunitycentre.org.au

TCC Facilities are available for community and family events for hire ring 6043 1588

Fitness

Pace and Pause Exercise Classes

Balance training, strength exercises, cognitive activities, breathing relaxation and gently cardio endurance. Small group sizes Goal focused, friendly and social Physio-led classes at TCC Contact Pinki on **0452 278 116**

Yoga Classes

Fitness and wellbeing for people of all ages and walks of life. Includes gentle stretching, breathing, relaxation. During NSW school term **Monday** Time: 6.00 pm - 7.30 pm Cost: \$15 per lesson **Janet 0404 126 269**

Young At Heart Fitness

with Heather Cahill P: **0419 312 593**

Low -Med-High impact Cardio/ Strength/ stretch/boxing for fitness and mat Pilates. Bookings essential **Tuesday** and **Thursday mornings** Cardio and Strength 45min classes \$10 Boxing and Pilates \$15 Also **Zoom** Classes Monday @ 8.15 am Tuesday and Thursday @ 9.00 am \$6 per class or \$15 per week. Pay no more than \$25 per week for classes or \$35 per couple

Reading and Writing

TCC Book chat/clubs

1. BYO Books at TCC

1st Wed of month @1.30 Chat about a book you are reading or have read, in a relaxed informal atmosphere. Cost:\$3.00 per session includes a cuppa

2. Librarians Choice

2nd Thursday of month at 1.30pm Read and discuss the same book. Sets of books provided by Albury Library Cost:\$3.00 per session includes cuppa Library cost: \$50.00 per calendar year and 1/2 yr subscription available Ring **6043 1588**

Small Library Borrow books and return when you've finished. It's that simple! P: **6043 1588**

Social

Golden Oldies

Thursdays 10.30 am -1.00 pm (mixed company) in the sunroom—warm company and a chat over a cuppa. Cost is \$3 For information **6043 1588**

Ladies Morning Tea and Chat

Fridays 10.00 am -12.00 pm in the sunroom—friendly company and a chat over a cuppa and bite to eat. Cost is \$3 For more information ring **6043 1588**

Mates Morning Tea

Like a good yarn? Enjoy great company in a relaxed and friendly environment? Mates morning tea runs every **Friday** from **10.00 am—12 noon** for men. Come and meet new people. You can bring a mate or come on your own. Cost: \$5 cuppa/snack provided P: Don **0428 404 254**

TCC Social Club Events

Join our club for friendship and activities—receive a monthly newsletter. Annual Fee \$15.00 or \$20 per couple, contact the TCC on **6043 1588** or email socialc@thurgoonacommunitycentre.org.au

Choir and Music

Border SONIC

(Stroke and Other Neurological impairments Choir)

Tuesdays: 2.00—3.30 pm **Cost:** \$5 Afternoon tea provided (one-off \$10 joining fee) Contact: **Marion Vile 0425 852 702** or **Libby Clark 0411 864 199** E: bordersonic@gmail.com also on Facebook



Cooking Sessions

Modern Cooking Sessions

Interactive workshops on nourishing to flourish. Discover fabulous recipes and foods for optimal health. Book with Summer **0438 298 400**

Youth

Terese Packer Coaching

Multisensory Structured Language Education with Terese Packer supporting young people who have dyslexia and learning differences. Accredited MSL Practitioner P: **0402 789 448** terese_packer@hotmail.com

School Holiday Programs

TCC Provides a variety of holiday fun. For more information check out the TCC website page. Contact Kathleen 0412 808 119 Or visit TCC website.

Venue Hire

The TCC facilities are available for hire by the community.

- **Hall**—capacity for 70 seated at tables and 96 in rows for theatre style.
- Fenced grassed children's yard.
- All air conditioned.
- Kitchen, tables and chairs.

Suitable for family and community events.

Party room— for young children with adjoining playground and kitchen. *Bookings via TCC Website.*

Cost on a casual hire basis is \$160 for 4 hours (\$40 per hour after that) with a \$200 refundable bond.

P: **6043 1588** for more information

NEW: Have your party organised for you by Delish and Relish. **0404 501 555**

KIDS PARTY SPECIAL.

Book the party room and have your event catered for Special introductory price in 2026 is \$300 for minimum of 15 kids. Other inclusions available. Book with Delish and Relish **0404 501 555**