



UNITY through CommUNITY

What's on in 2024?

There are so many different programs

P: 6043 1588

Term 1



Albury Community

### Child and Family Health Nurse

The nurses are available by appointment on **Monday—Friday** at the TCC Ring **6043 1038** to book your appointment or for any concerns.

### Breastfeeding Hub

Offers practical support and education with a focus on posture and positioning. **Mondays** Appointment required ring: **6043 1038**

### New Parent's Group

**Mondays** 9.00 am to 10.30am for six weeks. Find out about parenting, feeding, looking after yourself, routines, changes to the family, safety, health and keeping well.  
To book phone **6025 4822** or **6043 1038** or speak with your local Child and Family Health Nurse.  
Dads are most welcome too.

## Churches

### Freedom Church

Service: **Sunday** 10.00am—12.00 noon  
Worship, prayer and Bible talk.  
freedomchurchthurgoona@gmail.com

### Thurgoona Presbyterian Church

We're a new family-friendly church.  
Service: **Sunday** 4.00 pm TCC Hall  
Creche, kids and youth programs  
E: mike@alburychurch.org.au  
www.alburychurch.org.au

## Art/Craft/Stitching

### Crafters Corner

Bring along your favourite craft and enjoy the company of others. If you'd like to stay all day, bring your lunch too. Cost: \$3. Starts 11th March  
**Mondays** 10.00 am—2.00 pm in the Sunroom—tea and coffee provided  
Contact: Bookings: **0492 139 722**

### Jewellery Making Classes

A 6-week course learning to make jewellery such as earrings, broaches, necklaces, bookmarks, sun catchers and bracelets. Materials provided  
Experienced tutor—starts 8th March  
TCC Sunroom **Fridays** 2.00—4.00pm  
Introductory class: Cost \$60 (normally \$90) P: **0492 139 722** to book

### Stitching on the Border

Welcome all cross stitchers— bring along your project and share the enjoyment of our craft in a friendly environment. Tea/coffee provided

**2nd Saturday of the Month** in sunroom.  
10 am to 2pm

Cost: \$3  
P: **6043 1588**

Join the FB group



### Thurgoona Art Group

A group of experienced artists who enjoy their art in a relaxed and friendly environment.  
Cost: \$3 half day \$6 full day  
**Mondays** 10.30 am—3.00 pm in the hall. Phone TCC: **6043 1588**

## Children—Preschool

**Junior Jivers:** bookings essential  
**Fridays** 10.00—11.00 am during NSW school term in the TCC hall.  
Sing/dance/move/story for preschoolers and their carers—\$20/term/family—Bookings essential.  
juniorjivers@alburychurch.org.au  
Thurgoona Presbyterian Church

### Little Kidlets Playgroup:

Little Kidlets playgroup runs during the NSW school terms **Mondays** to **Thursdays** from 10.00 am—12.00 pm  
For more information on days, times and to make a booking please contact Sam P: **0458 557 151**  
E: [playgroup@thurgoonacommunitycentre.org.au](mailto:playgroup@thurgoonacommunitycentre.org.au)

## Community Groups

### Albury Wodonga LEGO User Group (AWLUG)

For anyone interested in getting together to learn about having fun with LEGO. Meets once each month on **third Sunday** of each month 1.00—3.00pm.  
On Facebook / awlugsec@gmail.com or phone **6043 1588**

### Thurgoona Wirlinga Community Action Group (TWCAG)

For people who are concerned about developments and the environment in Thurgoona. Meets third **Thursday** of each month 5.15—6.30pm  
thurgoonaCAG@gmail.com

### Woolshed Thurgoona Landcare Group

Working together to regenerate, maintain and promote our local environment. Second **Tuesday** of month from 7.00 pm at Thurgoona Community Centre  
enquiries@wtlandcare.org and Fbook

## Dance



### Merge Dance Co

Dance classes for different ages with a variety of styles. (NSW school term)

**Monday**—Preschool Acro, Ballet, Jazz/Hip Hop Tap

**Tuesday**— Junior Tap, Jazz, Ballet, Contemporary/Lyrical and Hip Hop

**Wednesday**—Senior Tap, Jazz, Contemporary/Lyrical, and Ballet Adult Beginner Tap

**Thursday**—Intermediate Tap, Jazz, Contemporary/Lyrical, and Ballet Adult Ballet

**Friday**— Tiny Time, Intermediate and Senior Hip Hop, Junior, Intermediate and Senior Acro and Intermediate/Senior Ballet 2

Enrol: facebook.com/dancemergeco  
Contact: **0438 818 600**

### Twin City Stomp Line Dancing

Enjoyable and friendly with an experienced tutor.

**Wednesday:** classes during the timeslot 10.00 am-12.00 pm

**Tuesday** 7.00—9.00 pm

Cost: \$12 per lesson

As about beginners classes available  
Contact **Bev Vinge 0407 947 353**

TCC Facilities are available for community and family events for hire ring 6043 1588

## Computers

### Seniors Computer Lessons

Individual tutoring focusing on increasing the skills of older people.  
cost: \$5 Bookings 6043 1588

### TCC Computer Room

Computers are available for use via booking. P: 6043 1588

## Financial

### Financial Coaching

Improve your relationship with your money. Appointment based.  
Terese Packer 0402 789 448  
[www.teresepackercoaching.com](http://www.teresepackercoaching.com)

## Fitness

### Yoga Classes

Fitness and wellbeing for people of all ages and walks of life. Includes gentle stretching, breathing, relaxation. Build on strength, health and happiness.  
**Monday** Time: 6.00 pm - 7.30 pm  
Cost: \$15 per lesson Janet 6043 2987 or 0404 126 269

### Young At Heart Fitness

**with Heather Cahill P: 0419 312 593**  
Low -Med-High impact Cardio/  
Strength/ stretch/boxing for fitness and mat Pilates. Bookings essential  
**Tuesday and Thursday mornings**  
Cardio and Strength 45min classes \$10  
Boxing and Pilates \$15  
Also **Zoom** Classes Monday @ 8.15 am  
Tuesday and Thursday @ 9.00 am  
\$6 per class or \$15 per week.  
Pay no more than \$25 per week for classes or \$35 per couple

## Social

### TCC Book chat/club Wednesday Book Club

**1<sup>st</sup> Wednesday** of month 1.30 pm  
Chat about a book you are reading or have read, in a relaxed informal atmosphere.  
Cost:\$3.00 per session.

### Thursday Book Club

**2<sup>nd</sup> Thursday** of month at 1.30pm  
Read and discuss the same book. Sets of books provided by Albury Library  
Cost:\$3.00 per session.  
Plus \$22.50 per half calendar year or \$45.00 per calendar year (library costs)  
Ring 6043 1588

### Mates Morning Tea

Like a good yarn?  
Enjoy great company in a relaxed and friendly environment?  
Mates morning tea runs every **Friday** from **10.00 am—12 noon** for men.  
Come and meet new people. You can bring a mate or come on your own.  
Cost: \$3 cuppa/snack provided  
P: 0428 404 254

### Border S.O.N.I.C.

(Stroke and Other Neurological impairments Choir)

**Tuesdays:** 2.00—3.30 pm **Cost:** \$5

Contact: **Marion Vile 0425 852 702** or



### Precious Gems Cuppa/Chat

**Thursdays** 11.00 am -1.00 pm (mixed company) *Crafty extension*—if you like craft, bring along your lunch and latest project and stay on being crafty together with other crafty ones.  
Meet in the sunroom.  
A great place to meet people, relax and keep in touch. Cost is \$2

### TCC Social Club Events

Join our club for friendship and activities—receive a monthly newsletter. includes; visits to local attractions, breakfast, lunch and movie outings and other activities designed to promote the interests and skills of people of all ages. Planned by the Social Club Volunteer Committee. Annual Fee \$10.00 or \$15 per couple, contact the TCC on 6043 1588 or email [social@thurgoonacommunitycentre.org.au](mailto:social@thurgoonacommunitycentre.org.au)

## Writers

### Albury Writers Group

This group meets monthly to support, practice and learn in the craft of writing for profit and pleasure.  
For more information phone 6043 1588 or enquire via their Facebook page

## Youth

### Creative Sewing Tweens

Saturday fortnightly sessions for learn-to-sew and create class for Tweens (9—12 year old) by local textile fashion designer Krystal Kaye.  
**Saturdays** from 9.00 am—11.00 am  
All equipment provided.  
Cost: \$75 per term.  
For more information P: 0492 139 722

## Youth

### The Learning Space Albury

Multisensory Structured Language Education with Terese Packer supporting young people who have dyslexia and learning differences.  
Accredited MSL Practitioner  
P: 0402 789 448  
[terese\\_packer@hotmail.com](mailto:terese_packer@hotmail.com)

### Thurgoona Piano Lessons

Piano Lessons at TCC from an experienced teacher.  
Each lesson is 30 minutes and are tailored to suit the students needs.  
**Mondays and Wednesdays**  
Call Elizabeth Houston on 0429 382 102  
[www.docemusic.com.au](http://www.docemusic.com.au)

## Holiday Programs

### Creative Sewing Tweens workshops

Learn basic machine sewing skills and make something creative. Email: [programs@thurgoonacommunitycentre.org.au](mailto:programs@thurgoonacommunitycentre.org.au)  
P: 0432 220 686  
**Other programs**—ring 6043 1588 for current sessions or check TCC Facebook

## Venue Hire

### The TCC facilities are available for hire by the community.

- hall —capacity for 80 seated at tables and 96 in rows for theatre style.
- Fenced grassed children's yard.
- Smaller spaces for workshops and group gatherings
- All air conditioned—kitchens Suitable for family and community events. *Hall bookings TCC Website.*  
Cost on a casual hire basis is \$160 for 4 hours (\$40 per hour after that) with a \$200 refundable bond.  
P: 6043 1588 for more information

## Other Services

### Battery Recycle

Drop off your used batteries for recycling—situated in the office building next to the kitchen.

### NEED a JP (NSW)?

For contact and to arrange a face to face service, ring the centre on 6043 1588.

**Small Library** Borrow books and return when you've finished. Early release books supplied by Albury Dymocks. P: 6043 1588



New Day