



Thurgoona Community Centre: 10 Kosciuszko Road. Thurgoona NSW 2640

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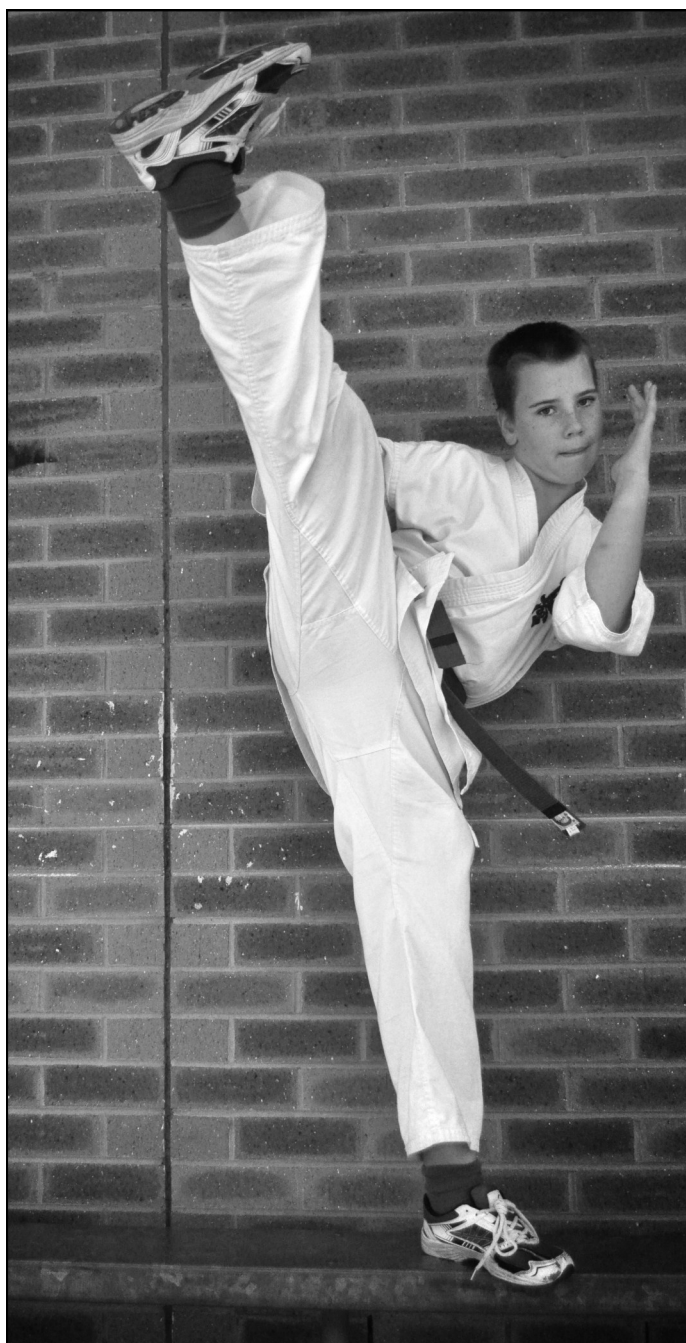
The Thurgoona Grapevine

The Thurgoona Community Centre is proudly sponsored by Albury City Council

Estimated readership of 5500 and delivered by volunteers!

July-September 2012

Karate Kicks



Justin Foley

Picture: Tamara Wyllie

A champion to watch!

Justin Foley has already had an exciting year with his milestone of winning two major championships. Here is Justin's Story.

"Hi my name is Justin Foley. I am 12 years old and in grade 6 at Thurgoona Public School. I started doing karate in 2009 with Riverina Martial Arts. I train 3 times a week, Monday and Thursdays with Sempai Daniel Wallace in Wodonga and on Tuesdays with Sempai Daniel Fitzgerald. I am 3rd kyu, which means I have a green belt with black tip. (3 belts away from black belt). I am the current 12 and under Riverina Champion, and on the first of April I won a tournament in Geelong to become the 12 and under Victorian Champion. I enjoy doing karate because its fun, it keeps me fit and flexible. It makes me stronger, faster and gives me more confidence and self control. I get to go to a lot of different places and meet lots of people. I hope to one day achieve my black belt and to compete for Australia in the World cup."

Zumba

New class for 18—25 year olds

Come for a great workout in a fun and social environment

\$6 per lesson

Thurs 6.00—6.45pm
Thurgoona Community
Centre Hall

First 10 new
students have their
first lesson free
Class size limited
Bookings Essential

**ring Kylie on
0421 991 317**





Thurgoona Bioblitz...a great success

Almost 300 local residents including five schools got involved in the inaugural Thurgoona Bioblitz 2012, a two day community wildlife event held on 18th & 19th May. The event was co-ordinated by the Slopes2Summit (S2S) partnership and the Woolshed Thurgoona Landcare Group. The event was a huge success, involving 36

The Woolshed Thurgoona Landcare Group will be holding a vegetation planting day in winter/spring to improve the habitat for some of the animals spotted during the Blitz. To be a part of these great community activities which benefit the local environment, please register your interest with Catherine Allan on (02) 6051 9781 or email Allan@csu.edu.au and join the Woolshed Thurgoona Landcare Group.

From Thurgoona Public School....

Stage 3 students from Thurgoona Public School became junior ecologists during the THURGOONA BIOBLITZ 2012. This event was a wonderful opportunity for the students to learn about their local environment. Thurgoona is an area abundant in native plants and animals, including many threatened species. The students are now aware of Thurgoona's special biodiversity and are learning how they can look after the area. Local, national and internationally acclaimed experts were on hand to lead small groups and to share their wealth of knowledge and experience with the students.

The students enjoyed being actively involved in surveying Thurgoona wildlife. Under the direction of the expert ecologists, the students were given insight into what to look for, where to look, the importance of walking quietly through the bush and how to record their sightings. Armed with bird books and binoculars, the students learnt how to identify the many different bird species in the survey area.



Picture by: Nikita Tabuteau

separate surveys resulting in over 100 species of birds, reptiles, mammals, and frogs being recorded.

Survey groups led by expert ecologists from Charles Sturt University, Australian National University, Murray Catchment Management Authority, Nature Conservation Trust, and GHD consultants explored a number of sites across the Thurgoona region, including the Charles Sturt University, National Environment Centre, Bells Travelling Stock Reserve, Albury Environmental Lands, and the Thurgoona Golf Club Resort. All fauna observations recorded during the event are being entered into the Atlas of Living Australia (www.ala.org.au) and will contribute to the knowledge base of native fauna in the area.

A number of significant sightings were made during the event, including listed threatened species such as Sloane's Froglet and Squirrel Glider, as well as animals not commonly seen including Black Falcon and Yellow-footed Antechinus.

The event organiser Sam Niedra (Nature Conservation Trust) and Woolshed Thurgoona Landcare group would like to thank everyone who helped organise and those who attended this event helping to make it so successful. Organisers would also like to acknowledge and thank the Federal Government's Caring For Our Country 'Community Action Grants program, NSW Environmental Trust, Albury Conservation Company, Atlas of Living Australia, and CSU

Green for helping to fund the event.

This is something that organisers hope will become a regular event (perhaps every 18 mths/2 years).



During Bioblitz 2012, Thurgoona students had the opportunity to check small mammal traps. Brett Davey learns how to carefully open the trap and secure the mammal into a soft bag.



What bird is it? This group of keen bird watching students from Thurgoona Public School contributed to the Atlas of Living Australia during the Thurgoona Bioblitz 2012.

During the event, the students were able to sight and identify many different indigenous and introduced birds and flora, feral mammals, reptiles and frogs in the Thurgoona survey area. The students were very enthusiastic about their contribution to the Atlas of Living Australia and enjoyed a day of hands-on-learning in the great outdoors with not a desk or chair in sight!

Thank you to Sam Niedra (Facilitator – Slopes2Summit) and his team for making this experience possible for the Thurgoona Public School students.

A first in Australia

The Thurgoona Community Centre was the overflowing colourful venue for the first Bhutanese/Australian wedding on 25 March 2012. It was a glorious sunny day and the Bhutanese and Australian community flocked to see Dave McNamara and Ganga Basnet make a lifetime promise to remain faithfully married.

Ganga has lived in Australia for 4 years having resettled from Nepal as a Bhutanese refugee. Dave, on the other hand, has lived in Albury for 30 years, moving here with his family when he was young.

"We met by being introduced to each other by Krishna a workmate of mine," said Dave. "He had overheard a conversation I was having with a friend about how hard it was to meet someone and he suggested that I meet Ganga."

Dave jokingly told him "I'll come to dinner if you be the interpreter." To his surprise, the arrangements were made.

After the successful date, Ganga told her teenage son Ramesh about how nice Dave was and asked if he would like to meet him.

Ramesh wasn't happy until his question was answered.

"Does he drink or smoke?"

When the answer was no, Ramesh was willing to meet Dave.

"Really it was all up to Ramesh," said Dave. "If he liked me or not."



Ganga Ramesh and Dave on the very happy day. Picture: Sherylyne M



At the wedding, Durga Rimal with nephew Rojan and daughter Rowena

After kicking the footy together, Dave thought that Ramesh was more interested in having a father for himself than his mother having a husband.

Ganga couldn't believe it when Ramesh said later, "I like that man."

"Even though we were married within two months of meeting each other, it has been a long time coming," said Dave. "Both Ganga and I have had very hard experiences, but in all the difficulties our Christian faith has grown and we believe God has brought us together."

Walking down the aisle, Ganga felt excited but shy. She was very emotional on the day and was moved to tears when she saw someone else in the congregation crying.

Over 180 people crowded into the Thurgoona hall overflowing under the veranda. "So many people came, I was really surprised," said Ganga, "I had told people

that they were welcome to come but I didn't think they would all turn up!"

Another wonderful surprise for Dave on his wedding day was that it was also the first day that someone was to call him "Dad."

We are very happy together now, says Ganga, "He loves me and I love him."

When asked how Dave had coped with a different culture, Dave said that eating the different food was not a problem as he actually liked curry. "The hardest part is when Ganga is with her family and they all speak Nepali. I know a few words but I can't remember any more," he said. He doesn't feel too guilty though because to speak with him they have to speak English and this is what they are keen to learn.

"I believe that meeting Dave was an answer to my prayers," Ganga said. "I am very happy to find a husband to love."

The Little Park and the story of a big Thurgoona war hero

by Janine Agzarian (Granddaughter)

Have you ever wandered past a monument or 'secret stone' dedicated to some soldier or war event that you either dismissed or just wondered what it was all about? You look at the name, you sight the collection of odd letters after the name ... you try to make some sense of it but you really can't. Do you know that as the good folk of Thurgoona, you have one of those little 'secret stones' close by—it's in *Bishop's Walk* off Ironbark Way—and it concerns my grandfather Charles George Bishop.

I can tell you of how that little stone might talk and tell you of how Charles walked his 'soon to be bride' through this landscape and perhaps reconstruct a romantic walk with a returned soldier and a Knobel daughter; a stolen kiss away from the parental supervision of a German Thurgoona family. I can also tell you about those letters that follow his name—the 'business' of war—but more importantly I can tell you about my Charles; my grandfather. Let me begin; let the stone talk.

Charles was a kid from a troubled family. He left school at eleven, his mum died when he was sixteen, his sisters disappeared and he was alone. With nothing much to lose he sailed to Egypt and France in 1915—and to find his family in the 18th Battalion. Did he set out to be a hero? I think not. He was a single young bloke, from Lavington, barely 20 years of age, seeking adventure. Was it to serve God, King and Country? Unsure but it is what others were doing so why not ... a devil-may-care adventure. He fought valiantly with remarkable courage in all those battles. You may recall images: mud, rats, lice, decaying bodies—of equivalent men of the German army. Yet within a few years of his return he married my Nan whose family migrated to Thurgoona from Germany. Funny that his memorial stone is in Thurgoona—where all the Germans settled.



Charles George Bishop was awarded the Distinguished Conduct Medal for his bravery in WW1 as well as the Military Medal and Bar.



I found that I just wanted to really know my grandfather for he died when my dad was six years old. I went to the Somme in France and cycled to his battlefields; and I stood alone on them. I heard the guns; my olfactory system was alerted to war. In Belgium I found Pont Rouge, where he was awarded his first Military Medal and I found Hangard Wood, where he was awarded the Distinguished Conduct Medal—the next one up is the VC! I stood in front of the Australian memorial at Villers Bretonneux and the reality of my grandfather's war story finally hit me,

In December in 1918 he did come back—wounded and broken. So let me tell you about Charles and his last years in Albury—so the *Bishop's Walk* stone may 'speak' to you.

He was working as a labourer when he married my grandmother, May Elizabeth Knobel from Thurgoona in June 1922. She was 26 and Charles was 27. They went on to have two children, Joyce and Leslie.

He worked hard and bought a house, with a paddock next door. He gave the children a pony and they also had a car—a rarity in those days—called 'Lizzy'. The house was large and filled with laughter and people, according to Joyce. This was often a church related fund raising event as Charles had converted to Catholicism when he married Nan; she was a formidable woman!

Charles had *risen from the mire that had been his first family* and begun a new life of his own with a family he created. Joyce, his daughter, told me (with a little tear in her eye) that there was one thing she regretted. Charles had designed and had made raincoats that covered Joyce and Les and their bikes and he insisted that they wear them whenever it was raining and especially when they rode from Newmarket to school. Joyce says they both bucked but now she realises that Charles didn't want to see his two little children wet. Was it the memory of the trenches in the Somme of 1916? I

asked Joyce if Charles was ever sick? Was he emotionally unwell at any time? She laughed!

No Janine, he was a remarkable man. He was a fun loving father and we always felt loved. We'd pour over his photos from the war and he'd tell us stories about the photos and the people.

In 1924 he had been employed as the *Inspector of Nuisances* with the Hume Shire Council. Reading from his little green diary of 1931, I saw that my grandfather spent his final year of life travelling around Albury, inspecting for "Bathurst burr, stinkwort and diphtheria". In the back pages was a cash summary and the family's year began with a balance of £112 9s 6p but by October it was down to £50. He and his family were living through the Great Depression and by all accounts managing well. His last entry was on Tuesday 8 September 1931 when he wrote, *Lavington to engage D Livermore to cut burrs also got my mattock sharpened and seen P Carsters about tipping rubbish in creek.* This I find strange because up until then there was an entry every day (except, of course for Sundays!) but from Wednesday 9 September until his death on Thursday 17 September, nothing was recorded. Was he sick? Was he working? Was it noticed?

On Tuesday 15 September 1931 Charles remained in bed. He did so for two days. Joyce tells me she was told he had a sore throat. On Wednesday night the ambulance came and took him to the Chelvey Private Hospital in Albury. Joyce remembers the next day she was told that, *Dad has gone to heaven.* She ran out of the house and hid in a shed for hours, sobbing. She returned hours later and began the preparation for his funeral. She was taken as an eight year old to his coffin and she said goodbye.

Charles had died of septic pharyngitis and cellulitis and his death certificate indicates that he suffered for four days and twelve hours. Could he have contracted the infection from the people whose houses he inspected for diphtheria? Did the war and the gassing weaken his capacity to fight off those germs?

The day after his funeral my Nan drove his car to the police station to get a licence and so began her life as a widow (and a driver)—a life without Charles and a life that was never without him being somewhere nearby. His medals over the fireplace became her connection to him and indeed now, the plaque on the stone is your connection, as citizens of Thurgoona, to my Charles.

My Nan from Thurgoona went on to raise her two children, care for her single brother Alf and her single sister Maude. She successfully lobbied the Federal Government to gain a war widow's pension and she worked tirelessly for Legacy, the Mercy Hospital and the Catholic Church in Albury. After many years of campaigning she managed to have this small park in Thurgoona named after Charles—*Bishop's Walk*. May Elizabeth Bishop died in 1990 aged 94, fifty-nine years without her Charles an experience that was a war to end all wars!

So now we have a small-bronzed plaque in Thurgoona's *Bishop Walk*, so beautifully and respectfully placed by the Albury SS & A and the RSL. When you pass perhaps you'd like to think deeply before committing men like my grandfather and his mates to hell—the hell that is war. It had happened before and it has happened since. Man's inhumanity to man drives us to strange ends. It is a sobering thought for me that my grandfather, the man I never knew, is honoured in Thurgoona for bravery, for defending France and Belgium and the British Empire. And yet to be honoured, he was trained to kill his fellow man. It saddens me deeply, yet there are few alternatives.

When you pass by that little stone with a Bishop name on it, think of peace and how we might find it—that is my grandfather's legacy—on that little plaque in *Bishop's Walk*.

I finish with a quote from Albert Einstein:

Peace cannot be kept by force; it can only be achieved by understanding.



Over 60 people attended the rededication service of the new plaque in Bishops Walk on 31st March.

Representatives from the Army, RSL, SS&A, the Church, Albury City and Government were in attendance including Mr Greg Aplin MP and Albury Mayor Cr Alice Glachan.

Picture: Sherylyne Moran



Charles' grandchildren and his daughter Joyce Taylor.

Picture: Michael Agzarian

If you would like to read more about Charles Bishop you can find on the internet: "The tribute to Charles George Bishop" given by Greg Aplin in the NSW parliament on 1 May.

Have your say:

The Grapevine is a community paper. Have you a story to tell?Do you know of something happening that might be of interest to residents of Thurgoona?

Give the Centre a ring and talk to Sherylyne the Editor about your idea. Tell the story.....take a picture

Ring 60431588 Mon to Fri: 9.00 to 4.00.

Cut-off dates for 2012 are 20th Aug. and 12th Nov.

What's on at the Thurgoona Community Centre in 2012?

Digital Photography Club

If you are interested in digital photography, how to use photo shop, cut, past, edit, and generally do the "digital photography thing" then please phone **60 431588 to book.**

Class Time : Thursday 6.00 to 8pm.
Gold Coin Donation

Buds Art Group—Thurgoona

For all those who would like to express themselves in a new and creative way. Mondays 10am—4pm in the hall
Contact **centre** on 60431588

Red Rubies.... Craft or not.

Our group is held at the centre every second **Wednesday** from 10am to 1pm. We would like to invite you along whether you want to do some craft or just have a chat.

Feel free to drop in any time.

For more details contact the centre on 6043 1588 .

Each person brings their own materials and the cost is a gold coin donation

Yoga Classes

Yoga encourages fitness and wellbeing for people of all ages and walks of life. The class caters for individual needs and flexibilities.

Join Janet and others in the hall for gentle stretching, breathing and relaxation. Build on strength, health and happiness.

Time: 7.00pm to 8:30pm Monday

Cost: \$10 per lesson

contact Janet **60432987**

Indian Cooking Classes

Do you entertain family and friends very often? Are you sick of all readymade finger food? Looking for some new ideas and like to add your own personal touch? Here is a solution. Come, learn and enjoy fun filled finger food classes with Aruna (previous Indian restaurant owner with more than 30 years of cooking experience). Learn how to make a variety of tasty finger food, relishes and chutneys. Small class size will guarantee personalised attention. Various Days available.

9.00am – 11.30am or

6.00pm – 8.30pm

Cost \$120 for 6 week course.

6—8 places in each class

Contact: Aruna
0423346092

Try something different!



Age Concern

A great day out with organised activities. Meets in the hall every **Friday** from 9am-3pm.

For more information about joining or being a volunteer contact **Carol** on 02 6021 5122

Zumba Classes

Whether you are older or younger, if you love having fun and getting fit, come and try our ZUMBA classes!

We have a qualified instructor and each class is held in the hall \$10 per class

Thursdays 5.00 to 5.45pm

18—25 years 6.00 to 6.45pm

(Only \$6 per lesson)

Bookings Essential **Kylie 0421 991 317**

Movie Screening and Discussion

Looking for a break? Then come along to some very pleasant DVD entertainment and excellent socialising.

Join us every **second and fourth**

Thursday of the month at the hall:
1pm to 3pm

Cost: \$2 per session and bring some afternoon tea to share.

For further information contact the Centre on **6043 1588**

Scrapbooking Club

A fun group of like minded scrap bookers who meet together to share ideas and be creative. Every second Friday from 7—11pm at the centre. Ring 60431588

Freedom Music

Learn how to appreciate guitar and drum music in a fun and inspiring way. Ages 9 and up with Stuart Martin and Jarrod Walsh ring 0403262882

Twin City Stomp Line dancing

Thursday 7.00 to 9.00pm

Wednesday 10.00 to 4.00pm

1st Sunday of month 1.00 to 5.00pm

Beginners:

Tuesday 7.00—9.00pm

Wednesday 9.00—10.00am

Cost: \$10 per lesson

Contact **Bev Vinge 60432487**

1-2-3 Magic Parenting Course

3 consecutive Fridays

10th, 17th and 24th August

Day session: 1pm—3pm

Night session: 7.30pm—9.30pm

\$35 per single or \$50 per couple

Book with Centacare on 60510222

Relishlife Cooking Classes

Looking for new ideas and some healthy inspiration to feed the family? Come and enjoy a fun filled class with **Qualified Chef**

Michelle Matusch. Small class sizes. DAY AND NIGHT TIMES AVAILABLE, CALL TO ENQUIRE. Classes run subject to numbers.

Phone: **Michelle 0423 979 565** or go to www.relishlife.com.au

TERM 3 Classes

Regular classes are currently running f/n Tuesdays, \$30:

Live and Learn... Choose what you want to learn each week. Have a vote. Starting 5th July, Fortnightly **Thursday 6pm—8.30pm**
Class cost: \$30 per class. Meals can be purchased for \$5

Back to Basics...

Gain confidence in the kitchen. Learn to select and care for your knives, Basic Food safety knowledge, Precision cutting skills, Cookware and cooking techniques and lots of tips and tricks of the trade. Starting Tuesday 10th July, Fortnightly for 6 classes, **Tuesday 6pm-8:30pm \$180**

Specialised courses: (6 weeks)

Taste the World... Experience a variety of cuisines such as Thai, Mexican, Spanish, Indian, Italian and more. \$200

Healthy Habits... Gain hints on preparing food that is healthy. Learn how to use tricky ingredients such as Quinoa, Cous Cous & Polenta. Learn how to read info on packaging . \$180

Young Guns... Cooking on a budget. Gain confidence and improve your cooking. Fun for younger cooks aged 16—25. \$150

Allergy Help... You or someone you know suffering with food allergies or intolerances? Gain insights that will help you add flavour and diversity to those tricky meal times. \$225

Family Friendly Winter Warmers... Soups, casseroles & crock pots. Prepare meals the whole family will enjoy. Additional opportunity to take home enough so you don't have to cook twice. \$200 9:30am-12:00pm

Seniors Computer Kiosk Beginners Computer class

This is a fantastic program, focusing on increasing the skills of older people using the computer and the internet. The kiosk features **6 computers** with broadband access for use by any members of our community. We also provide training, so beginners are VERY welcome!

Wed 1 to 3pm Fri 10 to 12pm

Gold coin donation

Bookings Essential: **60 431588**

Starlings Dance Connections

A fun fusion of dance styles

BALLET

FAIRY BALLET (3-5 years):

Wednesday 12:30-1 or

Saturday 9-9:30 or 10.45-11.15

BEGINNER (4-5 years): Friday 1-1:30

JUNIOR (5-7 years): Friday 4-4:45 or

Saturday 9:30-10:15

Elementary (7-10 years):

Saturday 10:15-11

JAZZ/FUNK

BEGINNER (4-5 years): Monday 1-1:30

JUNIOR (6-9 years): Monday 4:30-5:15

INTER (10-14 years): Monday 5:15-6

HIP HOP

Boys: (5-10 years): Monday 4:00-4:30

Boys: 8-14 years): Friday 4:45-5:15

Beg: (3-5yrs) Wed 1pm

Girls (6-10yrs) Fri 5.15pm

ADULTS CLASSES

JAZZ/FITNESS: 6-6:45

MINI MOVERS (2-4 years)

Monday: 1-1:30

Friday: 12:30-1

FEES

Half hour class (\$7 per class or \$60 for the term)

45 minute class (\$10 per class or \$90 for the term)

ENROLMENT: \$25 per child, this is to be paid within 2 weeks of commencing classes in 2012 (this is to cover insurance, costumes etc. No other cost will occur throughout the year except eisteddfod entry where applicable.).

For more information;

Phone: 0401 669 005 or Facebook

Email- allira.douthat@live.com

Speaking with Freedom

(English as a second language)

Friday 10.30am – 12.30pm

A time to practice and
gain friendships

Ring Sherylyne for bus pick up on

60 431 588

Playgroups:

Munchkins

Tuesday 9.00 to 11.30am

Contact Kerry Bond on mob **0429432482**

Tiggers:

Interact with your child while meeting other parents and children.

Thursday 9.30 to 11.30am in school terms

Contact centre on **60431588**

Thurgoona Playgroup:

Friendly fun and inviting.

Wednesday 10—12noon

Contact centre on **60431588**

Thurgoona Social Club

The group meets once each month at the Community Centre. Members enjoy social events that the group organises. It's a fabulous way to keep in contact. The cost is \$5.00 to join for 2012.

Movie Day Out— 18th July

Mystery bus tour— 30th August

For more details and to book your place

Members treat: wood fired oven in

Spring

STUMPWORK EMBROIDERY

Stumpwork Embroidery is raised, 3D beautiful embroidery

first practiced in the 1600s.

Come and learn a new, exciting skill.

No experience in sewing required.

Wed. 1:00pm—4:00pm

1 August—19th Sept

10 Oct—28 Nov

Cost: Gold coin donation

Enquiries: 6043 1588



Fit4allabilities

For people of any ability :

gentle and careful exercise

with a qualified Personal Trainer

in a safe supported environment.

Cost: gold coin donation

Time: Tuesdays 9.00—10.30am

Location: TCC hall Trainer: Glenda Johnson

phone 60431588

Pilates

Improve your strength, flexibility

Monday, Tuesday and Thursday

evenings and Mon morning by a qualified

Physiotherapist. Private health fund

rebates available. For further enquiries

please contact **Mikaeli** 0408 229 751 .

Physiotherapist: Scott Weddall

Monday and Thursday 6—8pm

To book an appointment ring Scott on

0408 229 751

TCC Garden Group

A friendly group that meets to maintain

the beautiful garden next to the centre

building every **Friday 9.00am—11.30am**.

All Welcome, come and enjoy the social

side as well and have a cuppa.

Children's Choir

For Ages 7-13 on **Mon** 4.30 pm til 5.30 pm.

The music style will be pop/gospel.

Bus pick up available.

Contact the office on **60431588**

Thank you to the Grapevine Team

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David O'Dea

Julie and Rebecca

Sefton

Mikaeli Weddall

Glenda Johnson

Del Crawley

Rachelle and Ruby

Taylor

Anne Dubowski

Peter Hamilton

Jean /Bernard

Townson

Good News: Free Help

Child and Family Health Nurse

Elizabeth Burge is the nurse available by appointment on **Mon., Wed. and Thurs.**

Ring Elizabeth on **60431038** to book your appointment and for any concerns.

Immunisation Clinic

Albury City Council holds a clinic the first Monday of every month from 1.30 to 2.15pm unless a public holiday.

Dates: 2 Jul 6 Aug 3 Sep 4 Oct 5 Nov 3 Dec

Contact centre on **60 431588**

You must bring your Medicare card and your baby health record book.

Free Women's Health Clinic

With Bridgette Weber

For women of all ages: Blood Pressure, Breast exam, Abdominal exam, Pap testing, Infection screening, Pelvic Floor Assessment, Pregnancy tests & women's information

Free and Confidential

Sept 11 and Nov 6 in 2012

Ring the Centre on **60431588**

Free Tax Help

For people with taxable

incomes of \$50,000 or less. Ring for an appointment on **60431588**

Free Legal Advice

Hume Riverina Community Legal Service visits the Centre, the First Thursday of the month: 5 July, 2 Aug, 6 Sept, 4 Oct, 1 Nov.

Time: 10:00am-12:00pm

Free and Confidential

ring for appointment 1800 918 377



Its simply... "1-2-3-Magic"

A parenting course that works !!

123 magic parenting strategies are easy to learn, and what's more, **they WORK!!!** The program teaches parents to manage discipline issues with much less talking and emotion, and a consistent plan of how to do it. The parents learn to use a simple "counting" strategy to guide children about what is permissible or not permissible behaviour. The 123 Magic approach has **proven to be very effective in helping children stop undesirable behaviours and start more responsible behaviours**. The result is that both parents and children can enjoy being family. This program will be offered over 3 sessions, with each session taking 2 hours. **Where possible, we like both parents to come along!** Parenting works best when both parents are agreed on what they are doing. Day and evening course times are offered so both can attend.

The Thurgoona Community Centre is very excited to have Frank Sullivan as the course presenter. Frank is a well respected, highly recommended and experienced family educator. He is the loving father of four wonderful adult sons and busy grandfather of six. Having lived in Albury since 1974, he knows the area well. He has been involved with Centacare for the past 15 years and comes with many valuable experiences having facilitated a variety of programs such as 1-2-3 Magic and a teenage parenting program called "War or Peace". Frank has worked with Lifeline as a telephone counsellor and has facilitated a pre-marriage program called FOCUS which helps couples develop in communication and empathy.

Three Consecutive Fridays:

10, 17 & 24 August

Day session: 1pm—3pm

Night session: 7.30pm—9.30pm

At the Thurgoona Community Centre

Phone Centacare on 60510222



Frank adores
his grandchildren

Full course cost: \$35 for singles and \$50 for couples

Be a Sport

By Hawkeye

A great day at the Footy.

The home matches for our Thurgoona football Club



"The Bulldogs" have become a treat. The Bulldogs are on top of the ladder and both the seconds and thirds also in the top four. The football is spectacular with our fast play on game leaving the opposition in its wake. Exciting players like the goal kicking Tom Stead and his fellow sharp shooter Todd Miller. The dashing Lucas Mellier the hard at the ball Daniel Kannenberg and up the back big bad Mark Haydon repelling the opposition forward thrusts and then not forgetting the high flying Luke Donnan.

Then there are the Netball teams and their winning ways with heaps of supporters. It is a great family day for all ages especially the number of kids kicking their own footballs. Add to this the new canteen offering all sorts of goodies the hotdogs and pies in demand. A can or two for the boys but alcohol under control. President Tony Way and his hard working and innovative committee are to be congratulated in making our home matches a must to attend. And to say thank you to the many supporters a terrific event was arranged on June 4th with the famous David Parkin as guest speaker.



Fijian church service

7.30—9am Thurgoona

Community Centre

Contact Kema on 0412910040 or

Sau 0459478684

Advertising in the Grapevine

The Thurgoona Grapevine is printed and distributed by volunteers to most houses in Thurgoona quarterly. It has an estimated readership of 5500.

The income from Advertising pays for the quality printing materials used.

Cost of advertising in 2012:

Full page (limit of 3 per 16 page issue)

\$350

Large:

½ page (2 per page) or

12 x 18cm (landscape one per page) or

11 x 15cm (portrait one per page)

\$200

Normal ad 5.5 x 7.5cm

\$50

Contact the centre for more details on 60431588 or email: thurgoonacommunitycentre@gmail.com

Thurgoona Churches

Thurgoona Baptist Church

Families and children most welcome.

Thurgoona Centre Hall

Service Times on Sundays:

Adult Service

10:00am to 12:00pm

Youth church 10:00 -11.00am

Bus pick up from Nth Albury, Lavington and Thurgoona.

For more details: Ring Hugh on

P: 0418 431 988

www.thurgoonabaptist.com

St Johns Anglican Church

288 Table Top Road

Sunday Service 9am

except every second

Sunday of the month, when we have combined services

at **St Marks Nth Albury**

10am (this is the regular church service time)

ALL MOST WELCOME

Rev Peter McKeague:

P: 60 402188

Albury Community Church

We are passionate about our community here in Thurgoona and Albury. We are about developing richer lives in CHRIST.

Church Services:

SUNDAYS: 10.15am / 6.30pm

A large variety of groups are available.

Hartigan Street, Saint Hilaire – THURGOONA

Ps John & Ps Marlene Simpson

www.alburycommunitychurch.com.au

Immaculate Heart of Mary Parish

20 Hartigan St, Thurgoona,

P: 60 432 222

Providing all services with reverence and respect:

Weekday, Sunday and

Novena Masses

Sacrament of Baptism

Sacrament of Marriage

Funerals

Faith, Family & Youth Groups

www.thurgoonacatholicparish.com

Making a difference.

His name may not be familiar, but he has worked as a volunteer for Age Concern for several years now. Gordon Sutherland started conducting Craft-making sessions at the Wodonga-based 'Carinya' group, then 'Cottage Club' in Guinea St, Albury, and is now also part of the Thurgoona group at the Thurgoona Community Centre.



Gordon with Tony Boyle – making coloured crystals was heaps of fun Picture: Jim Caldwell

Whatever the items he plans to make, practical or decorative, they allow for individual achievements in a challenging way and guarantee a bit of fun/sharing/



Carol Murray

problem-solving in working together. He insists that a sense of fun is essential – as is a plentiful supply of newspapers!

When he retired from primary school teaching, the question "What do I do now?" came hurtling into his head, and so full-time hobbies emerged – coin collecting, competition Table Tennis, gardening, record collections, photography, woodwork, and making preserves.

But whenever some of these interests temporarily lose their appeal, he knows that there is always another Craft session to prepare for. In other words, there is always something to do!

Gordon's expertise was greatly

appreciated at the Age Concern's social support program at the Thurgoona Centre. It is brilliantly run by program coordinator Carol Murray and her faithful team of volunteers each Friday.

Carol speaks about Age Concern.

Age Concern Albury Wodonga Inc is a non-profit organisation that promotes independence, participation and lifestyle for people who are isolated, frail aged and people with a disability in the community.

Age Concern has six Centre-based Social Support programs which we conduct at various venues around the Albury area. Our Thurgoona Centre-based Social Support program group meets on a Friday at the Thurgoona Community Hall. A social and friendly environment where you can meet people and learn new things, have a laugh, even make new friendships. Our clients are picked up by the Kalianna bus service and arrive at about 10.00am and then, at 2.00pm, the bus takes our clients home. We assist our clients to and from the bus to your front door.

The clients have morning tea on arrival as they continue their conversations or even a joke or two. We then have an activity starting around 10.30am which may consist of activities such as; musical or acrobatic entertainers, craft activities, pastel drawing, board games/cards, a movie, a lunch outing, professional guest speakers eg; Physiotherapist, Vision Australia, Podiatrist or the Fire Brigade Captain will talk about fire safety in the home. At midday the clients have a hot main meal and a dessert. After lunch we have a game of bingo before going home again.

Volunteers are a vital part of Age Concern and without their support the services would not be available. There are approximately 180 volunteers utilised throughout the organisation.

Volunteers
Karen Rigby
and Anthony
Daniell busy in
the kitchen
making a
delicious two
course meal.
Picture: Jim
Caldwell



For further details or information please contact:

Age Concern Albury Wodonga Inc,
432 Townsend St, Albury.
Phone: 02 6021 5122

Eh? Pardon? What did you say?
Aged pensioners, Indigenous clients over
50 and war veterans
Free hearing check
At Thurgoona Community Centre
On 24th July
Please ring Sherylyne
for an appointment on 60431588
Sponsored by Australian Hearing

Plant Donations

Do you have any spare native cuttings, bulbs or succulents for the Thurgoona Community garden? Give the centre a ring on 60431588 and our trusty community gardeners will put them to good use. A special thanks to Nick Mensinga from Howlong Nursery for donations of his "Healthy Living Vegetable" products. These are normally available at local nurseries.

Joyce Meyer Bible and DVD Discussion Group

Open to everyone who wants to enjoy
everyday life as a Christian
Non-Denominational
Numbers are limited at
Creative Keepsakes Art Gallery
Thurgoona
Phone 60432015



Biggest Morning Tea an expression of support

The Buds Art Group have been meeting at the Thurgoona Community Centre for the past 12 years. They absolutely love a day with their pastels, watercolours or oils. They also show great support for each other and this was evident at the Biggest Morning Tea function that was held this year. Judy Balfour from the Buds was the chief organiser, cooking up a storm of delicious scones as well as her preserves and cakes which were for sale. They managed to raise \$650 to support the Cancer Council's research, prevention, education and support services.

The Buds are also very appreciative of a grant they were successful in receiving from the Albury City Council. This will enable them to hold their inspiring Art Exhibition and Sales event to be held later in the year on 17th and 18th of November. The last biyearly event in 2010 saw 120 people attend their grand opening with 300 people passing through the doors over the weekend.

The Art Show is an event not to miss.



Artists extraordinaire:
Jessie Farrugia, Judy Balfour and Carol Gilbert

Thurgoona and District Lions Club

Thurgoona and District Lions Club are out and about raising money and getting involved in community projects. We have been chartered now for 20 months and we have been busy providing a community service, and helping those in need in our local community.

Some of the fundraising projects we are currently running are weekly raffles at the Thurgoona Country club, Sausage Sizzles at the Thurgoona Plaza and at Bunning's and Harvey Norman.

It is not all work as we have many social functions during the year for good fun and fellowship.

We need more community minded people from all walks of life, with different interests to become members, and help us continue our very rewarding work.

What's in it for me? Fun, fellowship, friendship, sharing and caring, serving the community.

What's good about being a member? Opportunity to learn new skills in leadership and personal development. Achievement and satisfaction when we individually or collectively help someone less fortunate or bring a community project to fruition.

It's not all work and no play. We have many social functions with good fun and fellowship.

We need YOU to join US!! We need more community minded people from all walks of life, with different interests and with varied occupations to become members

Ordinary People ... Extraordinary Achievements

Making Good Marriages Better Marriage Enrichment Seminar

By Jim and Leslie Ramsay

They bring with them 40 years of experience in Christian Ministry and Pastoral Care.

Saturday 21st July

9.15am—5.00pm

At the Thurgoona Community Centre Hall
Cost per couple \$30 for seminar + \$10 for materials

All meals included.

No child-care available.

Contact Chris Little 60211910

www.alburybf.org



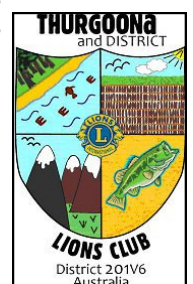
Want to become a Lion??

Membership is open to Men and Women over 18 years of age.

Who are Lions? Lions Club international is the world's largest service club organisation with a membership in excess of 1.37 million men and women in over 206 countries around the globe.

What do Lions Do? Every community needs service clubs and similarly, every service club needs community support. Lions serve their local community through civic, cultural and social welfare. We run regular Raffles, BBQ's and Markets to raise funds for local charities and local community members who are in need of assistance, and we do a whole lot more.

Meetings are held on the 1st and 3rd Monday's of each month.
For More information contact
Ernie—60431546
Cathy— 0438 463 732



Physiotherapist at TCC Centre

Scott started his career as a Physiotherapist at the Bairnsdale Regional Hospital where he focussed on rehabilitation for patients following orthopaedic surgery and cardiovascular events. Following the move to the northeast, Scott works in private practice where he has taken a particular interest in sport and musculoskeletal Physiotherapy.

In recent years, Scott saw a need for out of hours Physiotherapy appointments in his local area. As such he has started a small Physiotherapy service operating on Monday (6:00 - 8pm) and Thursday (6:00 - 8:00pm) evenings from the Thurgoona Community Centre. To further assist local residents to access the Physiotherapy services they need, Scott will provide high quality Physiotherapy services at a very competitive rate in addition to offering private health insurance rebates.

For further enquiries or to book an appointment please phone Scott on

0408 229 751



Allira offers fun & affordable dance classes, for both children & adults. Starlings Dance connections commenced at the Thurgoona Community Centre in July 2011 & has since grown immensely, now providing for all ages in a variety of styles.



Adults Dance & Fitness: Our adult's dance class is a fun and enjoyable way to build strength, coordination and fitness. The classes are a combination of both jazz style dance and other stretching and strengthening exercises. All are welcome to our adult's dance & fitness class (old & young) with no previous dance experience necessary. Bring your friends along for enjoyable lesson with lots of laughter & fun.

Classes are held in the hall on a Monday night from 6pm and are \$10 per lesson.

For more information about dance classes for any ages;

Phone: 0401 669 005

Email: allira.douthat@live.com



**Are you hiring the
Community Centre for
your next work event?**

*Conferences, workshops or
training?*

Rooftop Media can record your event and produce it onto DVD, YouTube Clips, Podcasts and Web-ready files. Duplication of the event on DVD for each participant is also an available option.

**Contact us for further
information!**

0407 947 340

Community Events

Thurgoona Book Club

This book club has been running for over 10 years. Members read a new book every **month** and then on the **first Wednesday** of the month at 7.30pm, get together to discuss it. There is an annual membership fee (concession available). We are a friendly group looking for new members. For more information please contact **Tracey** on **60431869**

Thurgoona VIEW Friendship Club

VIEW: Voice, Interest, and Education for Women (of the Smith Family)

Come and share a meal each month with others of all ages and listen to a guest speaker.

Meets **second Wednesday of each month**, at Hotel Booma, Wagga Rd Lavington at 7pm.

\$20.00: 2 course meal plus tea/coffee For more info ring Pat on **60 623549**

Thurgoona District Lion's Club Craft and General Market

**WHERE: St John's Anglican Church
288 Table Top Rd, Thurgoona**

16th June 18th Aug 22 Sept (3rd Saturday Bimonthly)

WHEN: 8.00am - 12pm

Thurgoona Progress Association (TPA)

The TPA is made up of local people who are concerned about their neighbourhood. Thurgoona Progress Association meets on the *second Tuesday of every month* at the *Thurgoona Golf Club Resort* from 7pm to 9pm. All visitors are very welcome.

Email: thurgoonaprogress@gmail.com

Mail: TPA C/O Thurgoona Community Centre
10 Kosciuszko Road, Thurgoona NSW 2640

Around the Schools by your School Reporter “Top Marks”

Thurgoona Public School

IMPACT STUDENT LEADERSHIP CONFERENCE

16 students from TPS recently attended a leadership day held at the Commercial Club. The aim of the program was to prepare young leaders in practical ways for their role as leaders at school. The students learnt about the Five Principles of Leadership, Integrity, How to Meet the Needs of Their School and How to Motivate Others. The day included the key lessons, interactive activities, discussions, leadership games and entertainment. The students were treated to an upbeat day of fun, fellowship, and learning under the direction of a very professional and skilled team.

Comments from the attendees:

Thomas Armstrong: The leadership conference was great. It was awesome because we played a lot of games called Loud Noises. We found out that a good leader was a strawberry leader who is the same on the inside and on the outside and we did really fun things. It was the best time of my life!!!!

Caitlan Leskie: On the day we did lots of things like how to ‘lead like a strawberry and not like a watermelon’ and a ‘loud noises’ session. I liked loud noises the most because we had a game of charades where Mason and Andy had to guess what we were doing, Mason was on our team and we won. I thought it was the best and I would love to do it again!

Shae-Lee Ritchie: The Impact Leadership conference was amazing. I loved how they made learning while we were having fun. Altogether I enjoyed it very much.

Jeremy Brown: To encourage people to talk from other schools, we did an activity called ‘The Amazing Race’. We had to talk to people and ask them questions about themselves then complete our challenge in our book. It was an awesome day - talking to students from other schools, learning about leadership and doing great activities and having fun.

Ryan Lade: An important thing I learnt from the day was the School Bus Leadership principles. The school bus is a way to tell you the things you have to do to become a better leader and the image is a great way to remember the principles. It was an awesome day full of learning and fun.

Georgia Polkinghorne: I loved the experience. I loved the way they explained how a good leader should act with **berry** good integrity and learn to drive the school bus. I also loved the loud noises session and mason was the coolest guy ever! I enjoyed the day and I learnt a lot more than I thought it was great!!

Thurgoona Preschool

Thurgoona Preschool is holding an Open Day on Saturday 23rd June, between 2pm and 4pm, at 29 Bottlebrush Street, Corrys Wood, to celebrate the opening of their Preschool renovations.

We are very excited to now have an additional Preschool room to better cater for the needs of children and families in the growing Thurgoona community.

Our licenced number has now increased from 25 children per day to 50 children per day, which is fantastic. Now children have the opportunity of attending Preschool in their local area. With our close proximity to Thurgoona Public School we are able to offer children a fantastic transition to school program.

As a not for profit, community based preschool this project was only made possible due to us being successful in receiving a grant through the Preschool Growth Program. The aim of the project was to ‘grow places’ for children in Preschools in NSW.

At the Open Day families can come and have a look at our Preschool environment, including our beautiful natural playground that promotes exploration and discovery and our indoor environment that offer fun, stimulating and interesting learning experiences for the children.

We currently have some limited vacancies for four year old children going to school next year. Please ring the Preschool if you are interested in a position for your child.

To add your child's name to our waiting list, please phone the Preschool on 60431633, or drop in to the Preschool to collect a *Waiting List Application form*.



Border Christian College

Term 2 activity was excellent with a volume of events and educational programs.

The BISPA Cross Country was a great success as was the Anzac march by students.

May 22 Computer Skills competition May 24 – Pre H S C Exams

May 11 – Lighthouse programs May 15-17 –Naplan years 3,5,7 & 9.

May 29 – Open Day May 31 –School photos

May 22 – Computer skills competition June 6-8 –Mid Year Exams

June 6 – Science Competition.

150 Years in the Making.

The Thurgoona Public School has a long and vibrant history providing a solid foundation for Thurgoona. Back in the “good old days” the only subjects taught were reading, writing and arithmetic. Today, with the constant changes in technology and society, the school aims for excellence, innovation, opportunity - student success in a caring environment. Having opened in October 1862, the school community is looking forward to commemorating its 150th anniversary later this year in October. Preparations are underway and organised events will be finalised. You can find details on the school website, in the media or school newsletter. Don't miss this fabulous opportunity to be part of a historical Thurgoona celebration. Come and find out who came before and the legacy they have left. The open day is Friday 12th October. There will be also an evening event.

Trinity Anglican College

10 Year Celebrations – thanks for a great weekend!

From the Principal I am sure that anyone who participated or joined in any of the three celebrations over the course of the weekend would agree that they were all fantastic gatherings and a great way for the College to mark the milestone of 10 years of achievement and growth!

Despite the miserable weather, the performance event in the Multi-Purpose Hall was a wonderful success and once again our students (past and present) performed beautifully in song, dance, drama and speech as we gathered to formally open the weekend of celebrations and to

launch the Old Collegians’ Association! I offer my hearty and sincere congratulations to all those who were involved in the programme.

Saturday night’s ‘Blue & Red Ball’ proved to be a terrific night with over 150 people in attendance at the Convention Centre. With as few formalities as possible, the focus of the evening was for people to enjoy the opportunity to catch up with each other, enjoy a lovely meal and have some fun dancing the night away!

On Sunday, we were joined by Bishop John Parkes, Bishop of Wangaratta as we celebrated a lovely Eucharist to end the weekend of gatherings. This was a really appropriate and very special way to mark this important milestone.