

Autumn 2019



Thurgoona Community Centre P: 02 60431588 10 Kosciuszko Road. Thurgoona NSW 2640 E: reception@thurgoonacommunitycentre.org.au www.thurgoonacommunitycentre.org.au The Grapevine is delivered by dedicated volunteers



The Thurgoona Grapevine

TCC Cuppa Magnifico!

Ruthy Rawson

Like a great cuppa, delicious food and fantastic company? Thurgoona has the place for you! Right under our noses at Thurgoona Community Centre the 'Coffee Shoppe' delivers on all three of the above, is local and inexpensive to boot!

The "Coffee Shoppe" is passionately supported by volunteers who provide a warm, welcoming environment. This year, they were Volunteer Team Nominees for the Riverina. Though not the outright winners, they are definitely our local champions! The volunteers are dedicated in what they do and through their support the "Coffee Shoppe" has paid for itself and has been able to assist with the purchase of a barbecue air conditioners, plus food supplies for other events at the Centre. It has also helped pay some bills at times. In 2014 TCC staff member Kerry Gosstray set up 'the Coffee Shoppe' to foster friendship, acceptance and a sense of wellbeing in the community. All this, plus more, has been achieved through the volunteers who came on board, including making connections with otherwise isolated people and developing deeper friendships. Numerous 'Coffee Shoppe' participants have become aware of and joined other TCC programs and the flow on continues with people attending film afternoons, exercise classes outings and activities.

"The Young at Heart exercise group has increased dramatically under the leadership of Heather Cahill and most of the ladies come on over after Tai Chi or exercise group, for a cuppa. A 'Mums and Bubs' group and others have also made it their haven at various times", says Kerry.



Front row L-R: TCC staff member Kerry Gosstray, and holding the award Coffee Shop volunteers Elisabeth Mathews McLaren and Sylvia Mackenzie. Back row the happy tea drinkers L-R: Lynne Brink, Margaret Jenson, Sue Revell, Diane Martin and Janeell Conlan. Photo: Sherylyne Moran



Jenny Bannam and Julie Plant specially thanked for their past work as volunteers by TCC Community Support Worker Kerry Gosstray at the TCC Coffee Shoppe

For a minimal cost of five dollars, participants enjoy fine coffee, pots of real tea and a delicious treat as well. (And the cuppas are bottomless). Everyone's birthday is celebrated, and a great Christmas get-together is also held, both at no cost to participants.

This program is a warm and friendly experience where everyone can feel safe and welcomed. Here are some comments from those who attend:

"...Everybody is friendly, ... I look forward to it, ... such pleasant service, ... gorgeous people, ... beautiful senses of humour, ...we solve the problems of the world whilst sharing a laugh over our cuppa!...You cannot get a better coffee, even if you make it yourself! ... It gets me out of the house and is very convenient, ... it's very friendly, ... it's so welcoming, ... everybody includes you, ... the camaraderie, ... the conversation covers so many topics, ... I love the social side of things, ... I'm making lots of new friends, ... I enjoy the interesting activities they plan, ...".

Need we go on ?!

The Coffee Shoppe first opened in February 2014. 300 cuppas were served that first year. Now, over the past 12 months, a whopping 1232 cuppas have been served! Obviously, something is being done VERY WELL!

There are three sessions on Tuesdays from 10.00 am to 12.00 noon and now two self-serve sessions on Thursdays as well.

You are warmly welcomed to come along, have a cuppa and get to know more locals. We look forward to seeing you there!

Disclaimer: The Thurgoona Grapevine has many willing contributors and is an expression of a diverse community. The contents of the articles are individual and not necessarily the views of the Thurgoona Community Centre or AlburyCity Council and their representatives.

Youth Citizen of the Year – from Thurgoona Sheldon Smith Sherylyne Moran



Sheldon Smith, a Thurgoona resident, was ecstatic to be awarded Youth Citizen of the Year in Wodonga this year which recognised his present and past volunteering service.

"Volunteering has opened up pathways to working with some amazing people", Sheldon said. "I really enjoy helping in the community, its such a rewarding experience".

His award was predominantly for his great efforts with 3rd Wodonga Scout Group which also won the Community Organisation of the Year. Within this club, Sheldon over nine years, rose to the premier level as a Venturer Scout to receive the Queen's Scout Award in 2017 after completing more than 300 hours of community service. He then became a cub leader for the club to continue supporting the club and to pass onto others his skills and knowledge.

In addition to this award, Sheldon has been recognised in other arenas. In 2017, he received the Wodonga Red Carpet Individual Community Service Award. The Wodonga awards contains several categories which saw ninety applicants nominated as finalists that year and in 2016 the Thurgoona and District Lions Youth Volunteer Award.

Sheldon has been a Thurgoona resident for some time and has gained a wide spectrum of experience and influence in his endeavours. He is a very busy person providing hours of voluntary work, along with his part-time job at Thurgoona Plaza Woolworths. He has now completed his dual certificate in Disability and Education Support which he mostly completed online through Wodonga TAFE with some on-campus workshops. This has allowed Sheldon to gain part-time employment at St Augustine's Primary School in an educational support role running a sports program for year 6 students. He now hopes to further his studies in Community Services in 2019.

The Carevan has also been a place of interest for Sheldon where he has been able to help in the kitchen cooking the meals. His past work at Interchange has enabled him to work with kids with disabilities both during the week and in the school holidays. His interaction with the kids involved participating in the games and activities and having fun with them. This led to him working on a one-to-one basis in the holiday programs. He has also gained great confidence by participating in the Red Shield Appeal doorknock for the past nine years. This experience in fundraising allowed him to later confidently collect donations for McHappy Day.

Here in Thurgoona, Sheldon has been greatly inspired in his speechmaking by the Thurgoona Toastmasters, where he happily took his turn as secretary for the committee. At the Thurgoona Community Centre, he provided help with the teen's speechmaking program. This highly successful program allowed teens to experience public speaking at various levels to gain in confident auditory communication. This program was of immense benefit for the teens who participated for confidence in future job interviews, work meetings and any requirement for self-expression in a public arena.



Local Thurgoona Father nominated he keeps everyone on the go

Sherylyne Moran

Thurgoona was well represented at the Australia Day Awards in Albury with local resident Brett Schofield's nomination for Volunteer of the

Year. Though not the winner this year, Brett's great work was commended. He is a very dedicated supporter of Albury Little Athletics and through his involvement with the club has been able to bring out the best in the young athletes he works with.

Brett has been an enthusiastic volunteer for Albury Little Athletics for over 12 years and a coach since 2012. He first started as a parent volunteer and took several roles in subsequent years as Chief of Officials, Starter, Club Coach, Team Manager, Club Secretary and Club President for four years.

His commitment has seen him organise local competitions and open days and volunteer on weekends to accompany the young athletes to state and regional carnivals. He also assists at local school carnivals and with local groups to teach the fundamentals in running, throwing and jumping. He is an inspiration to the members of his club.

For more information about Little Athletics, go to their website or contact:

E: albury@lavic.com.au

Secretary: P: 0434 258 010



Brett Schofield with sons Liam and Sam at the Australia Day Awards 2019. Photo: Sally Harding of Seahorse Photography

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Lions praised

Alan Brink

The Lions Club of Thurgoona and District was recently nominated for an award in the Community Groups section of the Australia Day awards for 2019. While they did not win the award this year, they were highly commended for the work the Club carries out both locally and as part of the greater Lions network.

AlburyCity Mayor Kevin Mack praised the club members for their dedication. "The Thurgoona Lions represent everything that's great about

Thurgoona", he said.

"Their passion and enthusiasm for their community shines through with every project they take on and it was a real pleasure for me to be able to formally congratulate them on some very welldeserved recognition in the Australia Day awards".

The club was nominated by Sherylyne Moran, the Coordinator of the Thurgoona Community Centre, who is very familiar with the work done by the Thurgoona Lions as part of the Thurgoona community.

Sherylyne has seen the group's development since its early beginnings.

"Thurgoona is very blessed to have such a dedicated and enthusiastic local organisation who are so willing to assist others in the community. They are very passionate about supporting and working with other organisations and we at the TCC have also been recipients of this help with \$9,000 funds previously provided towards the public barbecue area on our grounds. We look forward to our partnership with them and input into how our grounds develop over the years to come and will include them in any future planning.

In addition to this involvement, they are famous for their sausage sizzles, catering and raffles, they regularly engage in community activities such as



Australia Day Awards left to right, Lyn Taylor, Chris Rane, Mayor Kevin Mack, Elizabeth Flood and Viv Rane.

Many thanks to photographer Sally Harding of Seahorse Photography—you stepped in spontaneously helping on the day.

Clean Up Australia Day and aid our local Land Care groups and are always available to aid the Thurgoona Community Centre when called on", Sherylyne said.

The Thurgoona and District Lions Club were first formed in June 2010 and currently have 20 members who play a very active role in supporting Thurgoona and surrounds. The members of the club work well as a team and have become a close-knit family group. When approached by the community or an individual to give assistance, they are always willing and able to assist.

Thurgoona and District Lions Club provide financial and hands-on assistance to those in need in the community, some examples are the running and coordination of the Junior Public Speaking competition and Youth Of the Year in conjunction with the local schools. Other areas include assisting local children to write letters to Santa, and each year they assist in the coordination of the Christmas Carols on the Green at the Thurgoona Country Club Resort which has become a very well attended family orientated event. In addition, they have provided financial assistance to the Thurgoona Rural Fire Service, Springdale Heights Pre School, Albury Wodonga Eisteddfod, Noah's Ark and Give me 5 for Kids program.

At the Australia Day Awards presentation, the Thurgoona Lions were represented by Lyn Taylor, Elizabeth Flood, Viv Rane and Chris Rane who were on hand to receive the special certificate from Albury Mayor, Kevin Mack.

Contact: Alan Brink 0419 110 831 and come join an actively involved community group. Have fun whilst you meet new friends and enjoy giving back to the community.







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Building Community

Sherylyne Moran



Zoe Gardner enjoying her Mum's creation of the Hume Dam wall. She attends AWLUG with her father and grandfather as well.

Working with LEGO has become more than bricks and kit instructions for the families, couples and individuals who are the Thurgoona-based Albury Wodonga Lego User Group (AWLUG). They showed their creative talents at the Thurgoona Family Fun Day at the TCC this March with 30 stalls making up the grass markets alongside a magnificent exhibition of their work in the hall. The event attracted 16 exhibitors from the local area as well as Sydney, Melbourne, Adelaide and Omeo. This wonderful display for the local community saw over 1000 people visit on the day.

Club president Grant Dakos says that LEGO brings community together.

"As a club we are registered with LEGO and holding exhibitions for the community is a great part of what a club is all about. We could also introduce new people to the TCC facility which is our club's home-base ", Grant said.

"LEGO has become an interest for my whole family and along with my wife Amanda and daughter Celeste we take our displays to around seven events each

year, some interstate. Our favourite place to visit is the Canberra Brick Expo. LEGO has given our family a common goal to work towards even though we have different tastes. I create Minecraft LEGO, my wife currently is creating a farm scene and our daughter likes constructing buildings", he said.

The fun day was also about increasing awareness of the club and inviting new members to join. Club member Andrew Morgan and his partner Linda Toseland both enjoy building LEGO as a couple. Linda has wonderful ideas that she brings to Andrew to construct.

"It's an interest we really enjoy sharing. I'm also helping Linda to grow in her construction skills. Our favourite creation would have to be a Christmasthemed club challenge which included lights that we built together. It was great seeing her ideas become a reality", Andrew said.

AWLUG meet at the TCC every second Sunday afternoon of each month. For further information ring Grant Dakos 0422 824 463 or go to Facebook www.AWLUG.info. The club is also interested in conducting a Spring exhibition with different displays and welcome new exhibitors to attend.



LEGO in all its creativity at TCC

Aussie Superhero at TCC

The exhibition allowed for local community stall owners to participate. This included TCC Chairperson Katrina Passey. Katrina used the occasion to be a brave World's Greatest Shave



The Patel family with Grandmas and friends building together at the LEGO work table with 60 kg of LEGO building bricks.



Katrina Passey; World's Greatest Shave. Photo: Chrystianna Moran

volunteer and has so far raised \$400 for blood cancer research and support. These cancers include lymphoma, leukaemia and myeloma.

Katrina had been considering joining this campaign over the past few years whenever she saw the ad campaign and this year felt brave enough to take the plunge. She was joined by great friends and her mother who used their baking skills to hold a cake stall at the event.

"Last year was a fairly significant year for me as I lost a close family member who was one of my greatest influences and a rock to me. After a time of grieving, I decided to make 2019 about important things that I have wanted to do. This included being a good role model to my daughter by showing her its OK to break out of your own comfort zone for



L-R: Marjorie Passey, Emma Chambers, Katrina Passey and Anna Robinson. Photo: Sherylyne Moran

the greater good. I also have family and friends who have beat cancer, but some have not. My grandmother defeated cancer in her 60's but my father was lost to cancer in 2005 at the age of 49. My grandfather also had a rare form of blood cancer called Sezary Syndrome, which is in the same category as Leukaemia and affects the skin as well as the blood cells. So, I guess I've participated for myself, my family, my friends and anyone who needs me to do this for them", Katrina said.

If you would like to join Katrina in raising funds, go to the World's Greatest Shave webpage and search for her name to donate.

Brooklyn Fields

Sellbuyrent Real Estate is excited to announce that we have been appointed as the selling agent for Brooklyn Fields Estate Thurgoona, located on Tabletop Road just past the Kinross Hotel.

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about the classes offered at TCC.
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that easy.
(Good Things Foundation)
Book for lunch TCC: 6043 1588

Chilling with Energy and Vitality

Chill Zone is a program for young teens at the TCC. It is well supported by the amazing youth worker Kodi Callesen and his incredible volunteers. These people range from 14 years of age (senior leaders) to those in a much older age bracket! (adult volunteers)

This program has been funded by AlburyCity and we are hoping this will continue into the future and expand into a new Friday Night Live program in July pending funding.

Chill Zone caters for girls and boys. Planning occurs with the leadership team at the start of each term fun activities are devised to provide riotous fun for everyone game enough to participate. (Maybe not all the adults!)

We've had the conventional water bombs, nurf wars and excursions to the Hume Dam to waterslides with bases games and a magnificent Master Chef.

Early this year, Justin Clancy visited the TCC and met with



Justin Clancy speaks with Kodi Callesen (Youth Worker), Sherylyne Moran (TCC Coordinator) and Elissa Grundy



the senior youth leaders Kodi Callesen and Elissa Grundy. They were able to explain the benefits of the program and the impact it has had on the teens who attend.

The youth utilise the Youth Room which was built in 2013 with joint funding from NSW State Government and AlburyCity.



Nathan Wendel (senior youth volunteer) works with Johny Art and Seth Beer with Master Chef (Right to Left)



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28 Blakleys Cct, Thurgoona Vendor review – M Walsh, Peter Bowen Homes

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4 Allambie Rd, Thurgoona \$970,000

PRESTIGE RESIDENCE

Sprawling double storey home featuring 5bdrms, 3 bthrms, 3 living, Blackwood timber kitchen, double, solar power, solar hot water, 10mx6m swimming pool, 12mx8m powered shed & so much more situated on approx.. 2 acres.



sing | dance | move | story



At Junior Jivers—Emily, Evelyn, and Gabi.

Junior Jivers at the Thurgoona Community Centre

Exciting news! Junior Jivers is growing! In 2019 we are very pleased to bring Junior Jivers to Thurgoona, every Friday during school terms, 10.00 am, at the TCC.

Who are we?

Junior Jivers is a vibrant music and movement group for children (0—5 years old) and their carers. It's run by a talented and committed group of women who are passionate about providing a fun and welcoming environment for children and carers.

What do we do?

Each week the program begins with a variety of songs, dances and actions. Parents and carers are encouraged to stand in a circle with their children and join the fun. We sit down for a story time based on the theme for the term. For this term, the theme is 'Thank you God for food!'. We move back into the circle for active time with instruments, parachutes etc. The Junior Jivers program began in Sydney and has multiplied across the country and even around the world!

Why do we do it?

We're passionate about providing children with fun, meaningful and relational time. We also love to build and share community with parents, grandparents and carers. We have people from all walks of life and aim to warmly welcome everyone.

Where are we from?

The organising team come from the network of Albury Presbyterian Churches, including people from our new church, Thurgoona Presbyterian Church.

What time is it?

Our Junior Jivers group at the TCC is every Friday during school terms. 10.00 to 11.00 am.

How much does it cost?

\$20 per term. Bring a piece of fruit to share with children. Morning tea is provided for adults

Can I come along?

Yes! Of course! Although spots are limited. Check out Facebook for pics and information or email juniorjivers@alburychurch.org.au

Hope you can make it! From the Junior Jivers team.



Story time at Junior Jivers.



Everyone joins in the fun at Junior Jivers held in the TCC hall.

FREEDOM CHURCH THURGOONA

NEW SERVICE TIMES

WE HAVE MOVED OUR SERVICE TIMES TO 10AM - 11:30AM STARTING MAY 5TH THURGOONA COMMUNITY HALL

ALL WELCOME



Making Music at TCC

Come join other musicians and enjoy playing a variety of music genres. A chance to share your love of music with others

Tuesdays from 2.00—3.00 pm at TCC hall.





Enjoy celebrating with your family those special milestones in your child's life locally.

TCC PARTY ROOM

- Call 6043 1588 to book your date
- 2 Cost is \$27.50 per hour with a \$200 refundable deposit
- 3 Enjoy having a safe play area and outdoor equipment with kitchen facilities so easily accessible.

CREATE THOSE LIFELONG MEMORIES

Beware old age ahead - in Albury



Marie Lee with her illustrated book at TCC Buds Art Group Photo: Sherylyne Moran

Sherylyne Moran

Marie Lee, an artist and member of the Buds Art group at TCC, is now also an author. She has combined her beautiful

History of Thurgoona

Then and Now

Barry H Young OAM.

In 1974 The Albury Wodonga Development Corporation (AWDC) targeted a population of 300,000 for Albury-Wodonga by the year 2000 (*We all know that was very ambitious and has not happened*). Thurgoona was identified with in this plan as a Satellite City with a targeted population estimate of 30,000 to 55,000 by the year 2000. The AWDC initial thrust was to be Baranduda but at a meeting in 1977, the order of development was reversed with Thurgoona to take precedence and Baranduda's growth deferred for several years. The overall population of the scheme was revised to 150,000 by 2000 (which again has never happened).

Thurgoona would be developed within a network of Arterial roads to cater for a population of 10,000 by 1980. (*ambitious*)

Design and building of new roads, sewerage, water mains, and other services proceeded, and by mid-1978 some 70,000 trees had been planted at Thurgoona.

St John's Hill was developed as the first estate and homes began to spring up. John Browne opened a shop and then the Community Centre was built, included on the same site was a swimming pool and a tennis court. The school, now a brick building rebuilt from the run-down timber building (*see my past writings*) suddenly became alive with an increase from 28 to 62 students.

The boys from the public school cleared a patch to play cricket amazingly where our Thurgoona Bulldogs and Netball teams now play. The Thurgoona Football Club played its first game on the oval where it is now in 1979. The Thurgoona Golf club came next. It began in 1981 and was completed in 1985. The second stage of St John Hill's began being built around the golf course. Then came Corry's Wood estate and then in 1985 St Hilaire.

The population of the three estates now numbered 1500, some 500 homes being completed and so our Satellite City was up

drawings of historic Albury buildings, some no longer here, with her humorous advice for those who are approaching the twilight years.

In her introduction she writes:

"Dear friends,

As we get older, we are suddenly in a world that we don't understand.

We are not warned of the many pitfalls ahead of us, so hopefully this guide will help make life easier.

The secret to a happier life is to enjoy getting older and to value the time that we have left. (stay 'positive', because negative people die 7 $\frac{1}{2}$ years sooner!)

We have to stay as healthy as possible – as well as our old bones will allow! **Eat well**, because that is our fuel (and we don't need 'high octane' or too much food – or too little.) Enjoy **exercising**, even a tiny bit, because it aids balance, strengthens muscles, will help relieve pain, and helps protect against depression. Have a **reason** for living – a 'cause', a hobby or craft, a new interest, but especially the company of

So lets go on with living a wonderful life.

family, friends and neighbours.

sincerely,

Marie."

Also included in Marie's book is also helpful hints and details for supporting organisations.

The book is also a fundraiser to help make life more comfortable for local homeless people who utilise the facilities at St Matthew's Church. Copies can be purchased at the Commercial Club, St Matthews Church office, Dymocks and Thurgoona Community Centre for \$25.

and running. It was referred to then as a village. It was a time of rapid development at Thurgoona with bare paddocks mushrooming into housing estates, and the tiniest seedling trees growing rampant into 30-foot shade bearers.

To 1985 major achievements included – The BMX track next to Thurgoona Drive built by parents, the Peter Tilley Lab, the Forestry Commission headquarters, the golf course and clubhouse, the enormous expansion of the public school from timber to brick and portable classrooms, and the Dallinger Rd area developed for Industrial concerns.

Beyond 1985

Thurgoona's growth has been unbelievable with many new estates with 500 dwelling forecasts over the next five years, road and transport additions and changes. A great shopping centre with Woollies a standout, restaurants and a medical centre to come. Hooray! - we have a petrol station and there will be a Big Mac's close by to feast at. Our three schools jam packed and our TCAG (Thurgoona Community Action Group) so active in influencing the planning of new developments, environment issues etc. Then there is our wonderful Community Centre our hub of activity bringing people together with its 33 activities for all ages. How fortunate we are to live in this heart-warming village, or should I now say satellite city.



A drawing of a Thurgoona historic building by Marie Lee from her book "Beware Old Age" - see above story

Albury City and Development Borella Road and Riverina Highway Corridor Strategy

Luke Stein: Senior Strategic Planner

AlburyCity has actively sought community feedback on a long-term strategy to address the future of the Borella Road and Riverina Highway corridor serving the city's east.

Funded by the NSW Government, the strategy will examine the corridor from the Hume Highway interchange to Kerr Road, and includes key sites such as the airport and hospital precinct, as well as a wide range of industries and businesses.

The new strategy will investigate planning, transport and movement, such as vehicle, pedestrian and cycle access, and crossings and major intersections. It will ensure the city has infrastructure to support the growth of health services, industry, local businesses and residential areas.

Initial consultation was held in February with an online survey and stakeholder and community workshops. There was a terrific response with over 100 online surveys completed and more than 50 people attending the face-toface session sharing a range of ideas for consideration by the project team.

AlburyCity will be continuing consultation when the Draft Corridor Strategy is released. This is anticipated to occur around May/June, but keep an eye on Council's "Have a Say" webpage or contact Council's Strategic Planning team for more information.

Review of Residential Guidelines (Albury DCP Part 10)

Help shape the future of our residential neighbourhoods, housing, streets and open spaces

AlburyCity will shortly be opening up consultation on the Review of Part 10 of the Albury Development Control Plan 2010 (DCP) which guides the design of housing and residential development. Following Stage 1 and 2 workshops and consultations held last year, AlburyCity will be seeking



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Brian Phegan F.R.E.I Brian Phegan PTY LTD

community input on key aspects of the draft DCP prior to formal Exhibition. Keep an eye on Council's "Have a Say" webpage or contact Council's Strategic Planning team for more information. P: 6023 8111



Input from TCAG and local interested parties at AlburyCity consultation workshop.

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Taming a Shrew in the Gardens



The Other Theatre Company proudly presented Taming of the Shrew for their 2019 production of Shakespeare in the Gardens. The story revolves around two sisters - very rich but different women - and several clueless men who think they know what women want!

As a re-telling of Shakespeare's play, the language was updated and many of the characters were tweaked and adapted to suit a modern audience. Director, Pieta Swann, said "I am passionate about pushing my actors out of their comfort zones, and as a result, the production was staged "in-theround", with the audience surrounding the actors on all sides and sitting less than three metres from the stage".

Held in the beautiful Albury Botanic Gardens, the audience could bring their blankets or chairs, some food and drink

The Thurgoona Grapevine Autumn 2019

and also enjoy tasty treats from local food vendors. Sandra Smith from TCC attended, and said "My husband and I really loved the concept of the audience seated around the stage. At times the actors would speak directly to people seated and the whole effect was to make the production more interactive and personal".

The Other Theatre Company meets at the Thurgoona Community Centre on the third Tuesday of every month. New members are always welcome, and are encouraged to visit for more details: www.theothertheatrecompany.com.au



Above Photo: Peter Smith



TOTC Theatre in-the-Round at the Albury Botanical Gardens



A Timeless Artform



Stumpwork Embroidery Sampler

At the TCC we have had many students from Albury and Wodonga TAFEs who are studying community based courses. They attend TCC to complete their 100 hours of work placement. Each student has different opportunities offered to experience the groups that make up the rich fabric of the community for their course requirements.

Eliza O'Halloran who was completed a Diploma in Community Services chose to participate in the Stumpwork class which runs each Wednesday at TCC.

Here are her reflections:

"The Wednesday Stumpwork class at the Thurgoona Community Centre is a wonderful way for people to engage, connect and relax, whilst learning a lifelong craft skill. As part of my placement I participated in this class, completely clueless and inexperienced. I was guided by Janice Awburn, who has years of knowledge and expertise. I am happy to say I thoroughly enjoyed my time and am proud of the work I have produced with her assistance. It has been wonderful to be a part of such a friendly group, filled with ladies of all different levels of experience. The class not only teaches you the art of Stumpwork, but also offers an opportunity for friendships, weekly catch ups, relaxation and laughter."



Best of

houzz

2018

Thurgoona Community Action Group Takes a Stand!



Sally Hendy TCAG We gathered to show our dismay at the removal of trees and other vegetation from land that is to be developed. The land we met on is near the corner of Thurgona Drive and Table Top Road and has been

cleared for commercial and retail development. Much of this area is flood prone and clearing has been allowed to create a large detention basin and Sloane's froglet habitat. However, the froglets were already living there!

It makes no sense to TCAG to rework an area to create the habitat requirements to cater for one species whilst removing the habitat of other species. An alternative for this area could have been to develop it into a wonderful community space with trees and recreation areas for all to enjoy, in a location that is close and central to Thurgoona. An opportunity lost!

Mature trees are needed for shade and shelter for both animals and humans, to reduce soil erosion and slow down flood waters. It is our duty to look after the part of the world that is close to us.

People do generally care about the state of the local environment. Most people



Land clearing in Thurgoona for retarding basin

Solar in Thurgoona

TCAG

As enthusiasm for renewable energy booms, the Thurgoona Community Action Group (TCAG) and Renewable Albury Wodonga Energy (RAW) continue their push to support the widespread installation of future ready solar/battery systems. Their solar and battery program, launched in the Thurgoona area towards the end of last year, is set to continue until late in April.

The solar program is being bolstered as New South Wales election commitments come to light, however, the full detail of this will not be confirmed until after the election. In the meantime, residents and businesses are invited to submit an expression of interest to request a site inspection, from which a detailed have chosen to live in the Thurgoona area because of the treed areas around. Thurgoona is looking more and more like any city suburban area instead of the treed rural suburb that it was envisioned to be by the Albury Wodonga Corporation.

At the end of last year, a local petition was signed by more than 500 people who expressed the wish to "Save our Trees". Council's own survey of residents of Thurgoona showed that we value our treed suburb and to maintain a close proximity to nature.

Trees give so much and take nothing! They increase land value as all the leafy suburbs in the cities are the expensive ones. We want to continue to live in the treed suburb of Thurgoona! We don't want to see this type of felling for development to continue.

It may appear that some think that Thurgoona is "Out There" and not really part of Albury. We believe it is time for us to have our voice heard in Council. TCAG is currently gathering any expressions of interest from members of the community who would like to represent those of us who live "Out There" at council level. If that is you, please contact Thurgoona Community Action Group via email thurgoonacag@gmail.com.

Sally Hendy (communications officer TCAG)

Thurgoona Community Action Group (TCAG) is a community group with representation from associated local organisations and individual members. TCAG advocates for sustainable development in Thurgoona-Wirlinga in the spirit and vision of the Thurgoona Wirlinga Structure Plan.

If you have any local concerns, feel free to email them to TCAG or come to our meetings on the second Tuesday evening of each month at 7.00 pm at the Community Centre.

Protesting photo courtesy of Border Mail18-2-2019 Photographer: Kylie Esler



installation quote can be prepared. These quotes can then incorporate the eventual solar programs to be offered by the governing party after the state election.

TCAG and RAW are joining a broader regional push with renewable energy to ensure that benefits are returned to local people and that carbon emission opportunities are captured. At the same time, there is a growing record of renewable energy being used in a way that boosts a more vibrant and sustainable local economy, and boosts employment opportunities.

The renewable energy efforts by TCAG and RAW Energy are being strongly supported by well-known local solar installer, Solar Integrity and community energy experts, Mondo.

For residents and businesses interested in knowing more please fill in an expression of interest form at mondo.com.au/community/energy-hubsand-projects/thurgoona



Bobbi McKibbin speaker for RAW



Keeping our friends safe

Arthur Frauenfelder

The Royal Society for the Prevention of Cruelty to Animals (RSPCA) has a history in Albury dating back in the vicinity of 70 years. Under the guidance of the National and State governing bodies, the Albury committee members have always had a presence to act in an animal care advisory capacity and help the public to look after their pets.

The Inspectorate consists of a full-time paid inspector who is responsible for investigating any reports of cruelty. The State Headquarters are totally responsible for this area. Advice is given and only the worst cases prosecuted. However prosecution is initiated if a person won't rectify any cruelty to animals.

The local branch is responsible for

- * Advice of what is available for the care of any animals and by whom in the area. This is done via our phone lines and personally by volunteers manning our Centre in Hume Street.
- * Rehoming of cats and dogs.
- * Subsidised desexing of pets for financially disadvantaged owners.
- * Help with exercising and getting pets to the vet for elderly owners.
- * Cooperation with Albury City Council in pet orientated events.
- * Fundraising with sausage sizzles and attendance of local community events.
- * Million Paws Walk Event (the one time of the year where we ask for donations). The event consists of a walk along the Murray River, a pet show for the kids, educational talks and demonstrations along the presence of allied pet groups.

Story continued on next page



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Story continued from previous page

We receive no public government funding and rely on donations and bequests to fund us. The branch is not involved in the actual investigations of alleged cruelty. Anyone able to attend our meetings on

the second Tuesday of the month at our Centre at 7.00 pm.

Contact details are: PO Box 292 Albury, NSW, 2640

Email: alburybranch@rspcansw.org.au

Pet Health Insurance

Jenny Oeser **Practice Manager**

Hume Animal Hospital

Pet health insurance has been around for many years and is becoming increasingly popular and much more financially affordable; as well as offering many different healthcare cover options for your pets.

Having health insurance for your pet provides you with the comfort and reassurance of knowing that the best medicine and treatment options are available and affordable for your pet no matter what happens.

Most companies will offer different levels of cover ranging from basic accident cover, to accident and illness cover and some even offer preventative health care options which will cover vaccinations, annual health checks etc.

Some important points to consider when deciding on which insurer to use are:

- + Level of cover
- · Some policies cover 100% of the costs
- Some offer lower premiums if an excess is paid
- · Some policies only cover a percentage of the costs

+ Some policies have extra cover for things such as

- If the pet is stolen or goes missing
- Death of the pet from injury or illness
- · Emergency boarding when the owner is ill.
- + Does the policy cover your pet for life or decrease with age?
- + Does the policy have an age limit or waiting period for joining?
- + Is there an annual claim limit or breed exclusion?

Many pet owners already have health insurance for their pets and find it very helpful.

Contact your veterinarian if you would like information on the benefits of pet insurance.





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What groups are at the Thurgoona Community Centre (TCC) in 2019?

Art Craft

Buds Art Group—Thurgoona

For all those who would like to express themselves in a new and creative way. **Mondays** 10.00 am—3.00 pm in the hall. For more information please contact: Dawn: **6043 1006**

Red Rubies.... Craft or Not.

Our group is held at the Centre every second **Wednesday** from 10.00am to 1.00pm. We would like to invite you along whether you want to do some craft or just have a chat. Feel free to drop in any time. Each person brings their own materials, some morning tea to share and the cost is \$3. **6043 1588**

Stumpwork Embroidery

Stumpwork Embroidery is raised, 3D beautiful embroidery first practised in the 1600s. Come and learn a new, exciting skill. No experience required. **Wed.** 10.00 am—4.00 pm 8 week course Enquiries: **6043 1588** Cost: \$5 per day and \$3 per half day

Social

Community Singing

Love to sing? Come along and join us! We will have weekly sessions that generally follow the NSW school terms **Wednesdays** 6.00–7.30pm \$4 per session or \$15 per month. Mary: facilitator **0427 431 511**

Film and Friendship

Looking for a break? Then come along to some very pleasant DVD entertainment and excellent socialising.

Join us every **second and fourth Thursday of the month** at TCC: 1.00- 3.00 pm Cost: \$3 per session and bring some afternoon tea to share. **6043 1588** A full list of films is available at the centre.

Mates Morning Tea

Like a good yarn? Enjoy great company in a relaxed and friendly environment? Mates morning tea runs every **Friday** from **10.00 am—12 noon** just for men. Come and meet new people. You can bring a mate or come on your own. Cost: Gold coin donation Tea/coffee and biscuits provided. P: **6043 1588**

TCC Book Chat/Club Tuesday Book Club

Where: TCC Sunroom

When: first Tuesday of each month at 1.30pm

What: Talk about a book you are reading or have read, in a relaxed informal atmosphere. Cost:\$3.00 per session. Includes coffee **Thursday Book Club**

Where: TCC Sunroom

When: second Thursday of each month at 1.30pm

What: Read and discuss the same book. Sets of books provided by Albury Library Cost:\$3.00 per session. Includes coffee Plus \$20.00 per half calendar year or \$40.00 per calendar year (library costs) Ring **6043 1588**

JOIN ONE OR BOTH CLUBS For further information see Marnie Woodham or leave a message on 0411 297 294

TCC Social Club Events

Breakfast at Café Borellas Second Saturday every month 9.00am. Dates will be 11 May, 8 June, 13 July, 10 Aug, 14 Sept, 12 Oct, and 9 Nov 2019. Meet new friends and old. Regular day trips to local points of interest. Reasonably priced.

Join our club for excellent friendship and activities. See notice board at Centre for upcoming events or book for these events: Joining Fee \$5.00, contact the TCC office for membership and information on **6043 1588**.

Thurgoona Community Centre Coffee Shop:

Tuesdays—staffed by volunteers

10.00 am—12.00 noon Cost: \$2.50 bottomless cuppa which includes a Birthday celebration cake on 3rd Tuesday each month. Also available is a tasty treat

for an extra \$2.50



It's friendly, open to everyone in the community.

Thursday mornings—self service.

\$2 for a cuppa and bite to eat A great place to meet people, relax and keep in touch.

This project funds special needs at the TCC Ring **6043 1588** for more information

Community Services

NEED a JP (NSW)?

For contact and to arrange a face to face service, ring the centre on **6043 1588**.

Computers

Digital Photography Club

If you are interested in digital photography, how to use photo shop, cut, paste, edit, and generally do the "digital photography thing" then please phone **6043 1588** to book. **Thursday** 6.00—8.00 pm. Cost: \$2

Seniors Computer Kiosk Beginners Computer class

This is a fantastic program, focusing on increasing the skills of older people using the computer and the internet. **Mon:** Beginners 6.00—8.00 pm **Wed** Advanced 1.00 - 3.00 pm and Beginners 3.00 - 5.00 pm cost: \$2 Bookings **6043 1588 Individual tutoring also available**

Computer Recycle

ls your computer dead? John can help. Don't throw it into



landfill—bring to TCC and John will refurbish and give it to charity. Drop off your computer to the TCC and give it a new life. **P: 6043 1588**

Fitness

Border Pilates

Improve your strength, flexibility and general fitness with a qualified physiotherapist. In NSW School terms **Monday Tuesday** 6.00 – 6.45pm Private health fund rebates available. \$16 per casual class or \$140 for 10 week term. (45 minute lessons) For further enquiries please contact **Mikaeli 0408 229 751**

Real Girls Sweat with Jo Parker A fun, total body workout, suitable for women of all ages and fitness levels, which focuses on function and form. Joanne runs Small Group PT sessions Monday Wednesday Friday 6.15am. All classes are fun, friendly and supportive PLUS your first class is FREE! Bookings are essential P: 0477 505 531 www.lifesparkwellness.com.au

Tai Chi With Kaye Deanshaw. This is a Murrumbidgee Local Health District initiative.

Thursdays 9.00—10.00 am Cost \$3 per session or \$27 for 10 week term at TCC Hall. (Beginners class 10.00—10.30 am - with enough enrolments) **P: 6043 1588**

Fitness and Dance

Twin City Stomp Line Dancing

Wednesday: classes 10.00am-1.00 pm Tuesday 7.00—9.00 pm Cost: \$12 per lesson Contact Bev Vinge 0407 947 353

Yoga Classes

Yoga encourages fitness and wellbeing for people of all ages and walks of life . Join Janet and others in the hall for gentle stretching, breathing and relaxation. Build on strength, health and happiness. Time: 6.30 - 8.00 pm **Monday** Cost: \$15 per casual lesson or \$100 for 10 week term **Janet 6043 2987 or 0404 126 269**

Young At Heart Fitness

with Heather Cahill for men and women Med-High impact Cardio/Strength **4** Quarters of fitness Tuesdays 8.00-8.45 pm \$10 Low-Med impact Cardio/Strength: Tuesdays 9.00 - 9.45 am \$7 Low—Med Impact circuit Tuesdays 10.00—10.45 am \$7 Low-Med Impact Cardio/Strength Thursday: 10.45-11.30 pm \$7 Stretch and Roll Thursday: 12.00 noon-12.45 pm \$7 Sessions also at Glenecho Community Centre. Enquiries and bookings ring 0419 312 593 Other classes in Lavington/Glenroy NDIS Provider—ID 4050 026 166

Children/Youth

Little Kidlets Playgroup:

Mondays, Tuesdays 10.00 am —12 noon Interactive with activities to enjoy Cost: \$5 per family per session NSW school term P: 6043 1588 Volunteers needed- no prior experience required.

Junior Jivers: bookings essential Fridays 10.00—11.00 am during NSW school term in the TCC hall. Sing/dance/move/story for preschoolers and their carers—\$20/term/family juniorjivers@alburychurch.org.au A Thurgoona Presbyterian Church initiative.

TCC Garden Group

A beautiful garden has been established at the TCC. Mums have started an informal group to grow vegetables and tend the garden. Contact **6043 1588**

YAFF Young Adults For Fun

A service provided by Home Care for young people with disabilities to socialise. Wednesdays 6.00—8.00pm P: **1300 271 420** **Number Club** Small group tutoring for 8 to 12 year old students to improve number sense and build confidence in maths foundations. At TCC Eleanor Pearson P: **0431 926 936**

Starlings Dance Connection Monday

5—7 vrs jazz @ 3.30 pm 8—11 yrs jazz @ 4.00 pm 12-16 yrs jazz @ 5.00 pm Wednesday 2-3 yrs mini movers @ 2.00 pm 4—5 yrs fairy ballet @ 2.30 pm 4-5 yrs Hipity Hop @ 3.00 pm 5—7 yrs Contemporary @ 3.30 pm 8—16 yrs Contemporary @ 4.00 pm 8-14 yrs Theatrical @ 5.00 pm Friday 2-3 yrs Mini movers @ 3.00 pm 4 – 5 yrs Hip Hop @ 3.30 pm 6-7 years Hip Hop @ 4.00 pm 8—11 yrs Hip hop @ 4.30 pm 12-16 yrs Hip Hop @ 5.30 pm

Saturday 2—3 yrs Mini Movers @ 9.00 am 4—5 yrs Fairy Ballet @ 9.30 am 4—6 yrs Hipity Hop @ 10.00 am 6—7 yrs Ballet @ 10.30 am 8—16 yrs ballet 11.00am

YOUTH PROGRAM:

Chill Zone:

A fun and energetic program for young teens and pre-teens coordinated by the TCC Youth Guidance Team. Tuesdays 4.00–5.30 pm

School buses drop off at the centre Phone **6043 1588**

No weekly cost—food included. Some excursion costs involved twice each term

Community Groups

Albury Wodonga Lego User Group

Meets on the second Sunday of each month 1.00—4.00pm. Find them on Facebook

The Other Theatre Company

A passionate group of people who wish to encourage, develop and provide opportunities for the community to gain experience in amateur theatre. For more information ring: **0407 942 106.**

Thurgoona Community Action Group (TCAG)

For people who are concerned about progress in Thurgoona. Meets second Tuesday of each month 7.00—9.00pm thurgoonaCAG@gmail.com

Woolshed Thurgoona Landcare

Group First Monday of each month 7.00—9.00pm P: **6051 9781** At Thurgoona Community Centre

Thank you to the Grapevine Team

Feature articles: Barry Young Dr Noella Mackenzie Ruthy Rawson **Proofreading:** Debra Hargreave **Maurie Peters** Advertising: Peter Hamilton **Graphic Design** Assistant: Tyson Marcus Cartoonist: Macnally Editor: Sherylyne Moran **Delivery Coordinator** Sue Caldwell Deliverv: Hugh Hargreave Sue & Jim Caldwell Katherine Flood Iulie Fair Elizabeth Flood Mervyn Brent Anne Simmonds

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This newsletter is printed by Quantum Printing

Good News: Free Help for Kids

Child and Family Health Nurse

The nurses are available by appointment on **Monday, Tuesday** and **Thursday** at the TCC Ring **6043 1038** to book your appointment or for any concerns.

Tucker Teeth Toys

Relaxed information session aimed for first time parents covering introduction of solids and caring for little teeth.

Thursdays 1.30 - 3.30 pm. Dates for 2019 are 9 May, 20 June, 18 July, 29 August, 10 October, and 21 November. Come along to chat to the Dietitian about first foods and the Dental Therapist about teeth. No cost. For more information ring Gabby, Kirsty or Debbie on **6058 1800**

Post Natal Support Group

Mondays for six weeks at the Thurgoona Community Centre 10.30 am—12noon. The focus is for firsttime parents. Find out about parenting, feeding, looking after yourself, routines, changes to the family, safety, health and keeping well.

A Child and Family Health Nurse will be the convenor. To book phone 6025 4822 or 6043 1038 or speak with your local Child and Family Health Nurse.

A great chance to meet others and have a chat. You and your baby are welcome to attend. Dads are most welcome too.

Community Groups Directory

Alb-Wod Stroke Recovery Club

At: Thurgoona Country Club Resort When: Last Thursday of the month with guest speakers each meeting. Strategies for enjoyable living. Everyone welcome, friends and family too. Enjoy a chat and lunch at the club after the meeting. Time: 10.30 am Contact: 1300 650 594 E: strokerecoveryclub.aw@gmail.com

TCC Mates Morning Tea

Like a good yarn? Enjoy great company in a relaxed and friendly environment? Mates morning tea runs every **Friday** from **10.00 am—12 noon** just for men at the TCC (10 Kosciuszko Road) Come and meet new people. You can bring a mate or come on your own. Cost: Gold coin donation Morning tea and biscuits provided. P: **6043 1588**

The Rotary Club of Bellbridge

Lake Hume "Service above Self" At: Thurgoona Country Club Resort When: Tuesdays, 7.00 pm Contact: Cheryl 0418 696 796 E: ian.moffat1@gmail.com 0412 890 742

Thurgoona Community Action Group (TCAG)

For people who are concerned about their neighbourhood. Meet: second Tuesday of every month at the Thurgoona Community Centre from 7.00—9.00pm E: <u>thurgoonaCAG@gmail.com</u>

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Need a venue?

Thurgoona Community Centre is a facility that you can book for your family or community events. Two great buildings available. P: 6043 1588

Thurgoona Bookclub

Running for over 11 years, has room for more members. Meet on the first Wednesday of the month at 7.30pm, to discuss the months book. Interested? Call Tracey 6043 1869 AH.

Thurgoona District Lion's Club

Meets on the first and third Monday of each month at the Thurgoona Country Club Resort at 7.00 pm. E: thurgoonalions@gmail.com Find us on the Web and Facebook

Thurgoona Men's Shed

Where: Cnr Elizabeth Mitchell Drive and Corrys Road Thurgoona When: Tues, Wed, Thurs and Saturday Times: 8.30 am to lunch (on the Web) E: thurgoonamensshed@gmail.com

Thurgoona Tennis Club

Thurgoona Country Club Resort A and B grade mixed social Wednesday 7.00 pm and Saturday afternoon pennant competition. Contact Bernadette O'Donnell thurgoonatennisclub@gmail.com www.thurgoonaresort.co.au (Link to tennis)

Thurgoona Toastmaster's Club

For anyone who would like to improve their public speaking. Meet second and fourth Wednesday of each month at Thurgoona Country Club Resort 7.00 pm. Contact Glenys 0408 404 254

Woolshed Thurgoona Landcare

For upcoming events visit our website:www.wtlandcare.org or "like" us on our Facebook page. To join our members list email enquiries@wtlandcare.org or contact Catherine Allan on 6051 9781



Illustrations from the new local book "Beware Old Age" by TCC Buds Artist Marie Lee. (see page 10)

Available at TCC for \$25

All proceeds to help the homeless through St Matthews Church

Thurgoona Churches

BREAD OF LIFE CHURCH ALBURY (BOLA)

Service: Saturday 6.30—8.00pm Chinese and English 56 Merkel Street, Thurgoona P: 0448 721 548 www.mybola.org.au

FREEDOM CHURCH

Thurgoona Community Centre Hall 10 Kosciuszko Road, Thurgoona Sunday evening 6.00—7.30pm New time from 5 May: 10.00—11.30 E: freedomchurchthurgoona@gmail.com

GO CHURCH

Service: Sunday at 10.00 am 33 Hartigan Street, Thurgoona Pastor Rick Zago P: 6043 1422 E: admin@gochurch.org.au W: gochurch.org.au FB/Instagram

IMMACULATE HEART OF MARY

20 Hartigan St, Thurgoona, P: 6043 2222

Vigil Mass 6.00 pm

Sunday Masses 9.30 am and 5.30 pm www.thurgoonacatholicparish.com

ST JOHNS ANGLICAN CHURCH

288 Table Top Road, Thurgoona Sunday Service 8.30am first and third Sunday of each month plus kids church during NSW school term. Fourth Sunday Family Service with Communion P: 6040 6457

www.anglicannorthernalbury.org.au THURGOONA BAPTIST CHURCH

TCC Hall— 10 Kosciuszko Rd Nepali Service 10.00—11.30 am All welcome to stay for morning tea www.thurgoonabaptist.org P: Damber Rai: 0432 082 669

THURGOONA PRESBYTERIAN CHURCH

Service: Sunday 4.00 pm Thurgoona TAFE, 97 Ettamogah Rd, Thurgoona Starting at Thurgoona Community Centre on 5 May 2019 10 Kosciuszko Road Thurgoona www.thurgoona.church E: mike@alburychurch.org.au



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A great project at Thurgoona Men's Shed



Nesting boxes at Thurgoona Men's Shed

Thurgoona Men's shed has produced hundreds of squirrel glider, possum and bird boxes over the past few years. These are just a few of the finished products waiting to be collected.

They are well constructed with or without solar cameras, if you have seen any around Thurgoona they have been made by our men's shed. Our new facility is very close to being opened, so if you wish to buy one or more of these boxes then please contact us through email at thurgoonamensshed@gmail.com and we can give you a quote and arrange to have them made for you. We also do minor repairs for the public. If you wish to become part of our shed then come on down and have a look at our new facility. We are open Tuesday, Wednesday, Thursday and Saturday mornings from 8.00 am to 12 noon. New members are always welcome.

Ian Crane Publicity Officer



Nesting box installed at TCC. Photo: Sherylyne Moran



Back in the Day; Dartmouth and Dad



Wayne Bashford

(the shorter version)

Two boats and five men, Dad or Bill, my two brothers Gary and Errol and our mate Mow or 'Big Heap' who is considered by our entire family as a brother and son.

Old Bill always complained about how early we have to get up, bloody fish will still be asleep and won't be able to see where they are going. Needless to say, we wouldn't have to put up with his wingeing for too long because he would be asleep by daylight.

Most people use the rod holders when trawling, but not Bill. He always had to hold the rod so that he was ready for 'the bite', then he would fall asleep. The Big Heap took immense pleasure in tapping his rod on Bill's rod to imitate 'the bite', the old man would leap into action declaring that he's got one, only to have missed it ... again!

Mow decided to really give the old man a stir up and with that he gave Bill's rod a massive yank. Bill woke up with a fright, his eyes nearly popped out of his head, he let out a scream and for some reason threw the rod up into the air and off to his left. As the rod disappeared into the water the rest of us, including Mow laughed and laughed until it dawned on us that Bill had just thrown away Mow's new \$100 rod and reel.

Silence came over the scene, like the respect you give when entering a church, even the idling motors seemed quieter. Mow was devastated but quickly rigged up the grappling hook to retrieve the rod before we lost the approximate position. Bill was also distraught, he apologised profusely but it fell on deaf ears. Mow was determined to find his rod, we didn't say a word hoping for the best of course.

Two hours later it was a lost cause and to Mow's credit he had calmed down realising that he did possibly give Bill a minor heart attack. He too apologised and they shook hands. They carried on fishing with both still claiming exclusive rights for the mishap. Bill's next rod was the crappiest rod available.

Returning to the cabin all was back to normal and a meal and a few beers would clench the redevelopment of mutual love and respect. We hadn't finished with Bill though.

While Bill was having his shower, we hatched a plan. I would shower last and the boys would be the advance party to the pub to make a start and also place my order. Bill wanted to wait for me but when I told them that I was going to 'pretty myself up', they all agreed that this would also be a waste of their time too and marched off.

After my shower, I 'short sheeted' Dad's bed. (For those non-prankster types, this is where the top sheet of the bed is folded back on itself leaving very little leg room for the unsuspecting victim.) This was the first time I had ever done it, hope it works. We didn't stay long, only one round of beers and Bill was already done by this time.

Bill was warbling like a Magpie on the way home and announced that he was going to bed early for tomorrow. With that, Bill grabbed the blankets and ripped them back, probably so he had plenty of room to get in the bed, he didn't notice the folded back sheet, we forgot to let him know.

At four in the morning we all got up for some breakfast and copious quantities of coffee, we were waiting in anticipation for Bill's reaction. We didn't have to wait long. Bill got up holding his back complaining "Ohhh me back, me back". I asked Dad in a concerned manner what's wrong as I continued explaining that we all had a good night's sleep. Daddy dear reckoned it was the shortest ##*% bed he had ever slept in.

Finally, we got Dad back home. Mum always sat us all down, made a round of coffees, and starts the stories off with a "What did you do to him this time?"

Errol and Gary hushed us all including Mum not to mention all the details of what went on. Four years later we got the reaction we were looking for with the usual verbal abuse!

Wayne wants to hear about your stories and he will scribe for you. You can share your story with your family and friends. Contact Wayne on 0428 213 427



Like to stay fit?

TCC has a variety of fitness programmes to choose from: Border Pilates

Real Girls Sweat

Tai Chi

Twin City Stomp

Yoga Classes

Young at Heart Fitness

See pages 16 and 17 for more details

Walk Talk and Help others. **Sherylyne Moran**

Walking and Talking was a great way for Young at Heart (YAH) members to participate in the Hume Bank City2City fundraiser this year in February.

It is an annual run aimed to supporting the great work of Albury Wodonga Health and the community's wellbeing.

The event started at Queen Elizabeth II Square and finished at the Water Tower in Wodonga.

The ladies from TCC had a great day, enjoying each other's company and supporting the great fundraiser. There were 18 participants from YAH combined classes from Glenecho and TCC.

At the TCC, Young at Heart is a very popular fitness program with the much loved instructor Heather Cahill.

Heather began the program in Thurgoona in 2016 and since then her class popularity has grown significantly.

Heather provides a variety of options for fitness and will give you an individual assessment for the most appropriate level.

Heather is also an NDIS registered provider and would like to offer classes for those wanting to improve their sense of physical well being.



YAH ladies Diane, Janeell and Dawn



Gutter Cleaning Autumn Special

- 10% Discount
- Lawn Mowing
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Crossing the finish line



YAH L-R: Diane, Bev, Shannon, Dawn, Kay, Margaret, Janeell, Sue and Heather

Men's Group for Cancer Support

When: 4th Tuesday of the month Time: 10.00am—12.00noon Where: Wellness Centre Meeting Room - Albury Wodonga

> Albury Wodonga Health

Regional Cancer Centre



During morning tea enjoy encouragement and support.

Guest speakers on wellness topics.

Enquiries: Bernard 0428 434 587 Darrell 0408 269 305

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Mercy Connect partner with Victory Lutheran College for special placement

Last year Mercy Connect partnered with Victory Lutheran College VCAL students to offer a unique work placement opportunity.

In May, ten students had an induction at the Mercy Connect headquarters in Thurgoona. They then spent two afternoons at the Learning Centre in Lavington, one of three Mercy Connect day program outlets. In these sessions they were able to talk to the staff about their roles and working in the disability industry, and interact with participants and undertake a range of activities with them. They were able to see first-hand what it means to support someone with a disability and how to encourage skill based learning on a daily basis.

Later in the year, the students returned to the Learning Centre to present participants with a spinning wheel that they had fixed up themselves. Their teacher Rachael Fenselau also brought along her two Alpacas, Raggamuffin and Neptune, for the participants to meet and interact with. The participants loved to see the students again and were excited to have their own spinning wheel.

"This is the first year we've run VCAL at Victory, and the group are obtaining employability skills during these visits and communicating with different types of people", Ms. Fenselau said. With the NDIS, demand for workers is growing and if the students are having positive experiences in this sector, it's a huge positive. Victory Lutheran College is already in talks to continue the partnership in 2019.







Two visiting Alpacas Raggamuffin and Neptune recieved a friendly welcome at Mercy Connect.

Mitta Valley Easter Art/Photography Show



The Mitta Valley Easter Art/Photographers Show 2019 will be held at Eskdale Hall, Eskdale Vic from **19—22 April 2019.**

It will coincide with the Eskdale Primary School Fete. Over the past nine years Thurgoona Buds Art Group have participated in this event to enter the competition, exhibit and sell their art. Their support has been pivotal on a successful event. We would love to see new entrants participating in the many categories in the coming years: Best Contemporary Art, Best Open Category, Best North East Victoria Scene, Best Photography. A Junior Category for 15—18yrs Open Art and Open Photography has also been added. Cynthia Stuart **0448 300 423**

E: cynthia.stuart563@gmail.com

Getting To know You Profile - Mike Warburton

An interview with Barry Young OAM.

Where born?

I was born in a mining town Broken Hill in 1954-that makes me over 60!

Any interesting details about youth, growing up – schooling memories?

Schooling was not my favourite past time and I left when I was 15. I had just taken up golf and thought I would be a better golfer than a scholar.

Growing up what sports did you enjoy?

I enjoyed playing most sports including Tennis, Squash and Football but Golf was my favourite. I was playing "A" grade golf by the time I was 16 and loved the game. What about your family? – My Mum and Dad were wonderful parents and they too had a love of golf, both competent players and I learnt the fundamentals and etiquette of golf from them-fantastic memories. I am married to a wonderful wife Carmel and have three great children-Craig, Mathew and Nicole. Carmel and I loved the area and our kids settled in very quickly.

Can you tell us about your career memorable highlights?

I won the Club Championship in Broken Hill at 17 years of age, missed it the following year in a play-off, and then won it nine years in a row for a total of 14 championships by the time we left.

Back then the highlight of my career was one year in South Australia winning the foursome championship partnered with a dear old friend Dave Bennett. I then went on to win the S A country championship. That same year I was fortunate to win the SA Champion of Champions which was played over 72 holes at the Royal

Adelaide Golf Course. Winning that gave me automatic entry into the Australian Open in Sydney.

You have outstanding golfing achievements particularly at the Thurgoona Golf Club. What is your history here?

Humbly - six time Thurgoona Club Champion - match play-five times senior champion - four times club foursomes, 10 times, and the mixed foursome championship 16 times. I have been successful in all other open events on the border. The joy of winning all these golf events could not have been possible without the blessing of my family particularly my beautiful wife Carmel. Our two boys Craig and Mathew are keen golfers and still play today whilst our daughter Nicole reckons golf is boring and has better things to do with her time! What do you most like about living in Thurgoona? We moved to Thurgoona in 1989 and thus began a wonderful life with my family which we have treasured. Thurgoona has everything-Schools, Shopping Centre, Medical Facilities, great Sporting Facilities, a great Golf and Community Resort and a wonderful Community Centre that brings joy, activity, fun and support to our residents.

You give of your time in Community Service particularly to Cancer patients can you explain what you do?

Carmel and I are both retired from working life but give of our heart, mind and capacity to community work especially as volunteers at the Albury/Wodonga health supporting those in need.

Have you a favourite football team?

I barrack for the Sydney Swans and Melbourne Storm. What is your favourite film?

My favourite film is "Shawshank Redemption".

What about a great book you have read?

Currently I'm reading "The Tattooist of Auschwitz" by Heather Morris.

Have you a favourite meal?

That would have to be Indian Curry - I make it and we call it "Guys Curry" because the girls say it is too hot to eat!

Do you have any bad habits you are game to share? You need to ask Carmel but I am sure I have a few - one could be spending too much time playing golf or perhaps enjoying a glass or two of red wine.

Thank you Mike - we are very proud of your achievements and being one of us in our lovely Thurgoona Village.



Mike Warburton—able to enjoy his love of golf at the Thurgoona Country Club Resort golf course.

The Albury-Wodonga Aphasia Choir

Do you need more **fun** in your life?



Have you had a stroke or head injury?

Do you have difficulty with communication?

Join others for a new adventure!

Albury is getting it's own aphasia choir.

Two local speech therapists are starting up an aphasia choir at the Jazz Basement, running on Tuesday evenings from 5.30 to 6.30 pm. The Initial 'season' operating from

19 March to 23 April.

Both Marion Vile and Dr Libby Clark have worked with people who We are SEEKING music-making

have had communication difficulties volunteers to accompany the after a stroke or other acquired brain injury AND have experience running community singing sessions in the local region [The Accidental Singers@ Artspace; The Noisy Minors @ Burrumbuttock; the Thurgoona Singing Sessions]. They have joined forces to create an opportunity for people who have had a stroke or an acquired brain injury to share in the joy of music and singing.

When a stroke effects the side of the brain responsible for speech and language, people can find themselves unable to say the things that they want to. This is very frustrating and can lead to a degree of social isolation. Music is organised in a different part of the brain, so people who find *talking* difficult, can often find that the music helps them access and use words in the flow of a song. This provides a great social and emotional outlet for people who can't use words easily in everyday life!

We need community support to make this new venture work.

We've *found* some volunteer singing supporters, but always happy to have more!

singing on piano, or guitar or ukulele for fairly simple, wellknown songs

We are in the process of applying for grants from various organisations, so that we can eventually pay a regular accompanist a reasonable rate, but in the beginning we are looking for people who could volunteer an hour of their time to help get this group started – even just for a couple of sessions.



8th Annual KENSINGTON GARDENS SENIOR GOLF TOURNAMENT For Golfers 50 years and over

Monday 6th & Tuesday 7th May 2019

BEST 36 HOLE WINNER 5 NIGHTS AT NAROOMA FOUR STAR HORIZON APARTMENTS

Courtesy bus clubhouses"

Monday - 5pm to 7pm - after golf come and enjoy FREE drinks and hot food at the Kensingtion Gardens

GREAT PRIZES

FIVE GRADES 36 HOLE WINNERS 18 HOLE WINNERS & RUNDOWN (LADIES & MEN) NEAREST - THE - PIN



PROGRAM OF EVENTS

ROUND 1:

Monday - 18 Hole Stableford Mens & Ladies - 12pm Shotgun Start Light lunch & drink provided **ROUND 2:**

Tuesday - 18 Hole Stableford Mens & Ladies - 8.30am Shotgun Start Sit down lunch & Presentation

Kensington Gardens Albury - 100 Tabletop Road Thurgoona - Phone (02) 6049 3100

Thurgoona Country Club Resort Phone: (02) 6043 1666 Accommodation Package One nights accommodation including breakfast and main meal in Bistro \$72.00p.p. Twin Share

This event managed by THURGOONA MURRAY GREY VETERAN GOLFERS **Tournament Committee** Bill McRae phone (02) 6043 3826 Theo Terhaar phone (02) 6043 2851 Peter Hamilton phone (02) 6043 3997



Entry forms available from the Thurgoona Golf Pro Shop Or Reception at Kensington Gardens Albury

Downsize and tick off the bucket list



As house prices in many of Australia's capital cities begin to peak, asset-rich cash-poor downsizers are missing out on an opportunity to unlock their existing home equity and improve their lifestyle.

If downsizing the family home is on your bucket list, now there's more incentive to keep progressing on with that goal with brand new homes now available at over 55s lifestyle community, Ingenia Lifestyle Albury. Project Sales Manager, Larissa Denny, said the lifestyle community is giving new clients the next stepping stone to achieving their downsizing dream.

"Ingenia Lifestyle has a real understanding of how to improve the lifestyle of downsizers with the land lease ownership model.

"The simple and transparent purchasing process allows over 55s to own a brand new home at a more affordable price point, while

Ingenia

ALBURY

leasing the land, giving them the opportunity to free up more money after the sale of their previous home.

"I love asking my clients the question, 'what would you do with the extra cash in the bank?' Head away on a holiday? Upgrade your car? Go on a shopping spree? Buy a boat or caravan?

"After downsizing, residents find they then have more time on their hands so they can start the next exciting chapter in life, exploring new skills, travelling or meeting new friends and reconnecting with old," Larissa said.

With brand new homes selling from just \$195,000 Ingenia Lifestyle Albury is delivering more advantages for downsizers to free up cash reserves that stay in their back pocket.

If downsizing is on your bucket list for 2019, make an appointment to see Larissa today by calling 0459 955 122 or for more information visit www.liveinalbury.com.au.

Where design meets lifestyle...

Living at Ingenia Lifestyle Albury is all about enjoying a new level of freedom. Our new homes allow you to downsize in style and spend more time doing the things you love.

Relax with a swim at the clubhouse, unwind with a good book in the library or get involved with one of our regular social activities.

- No exit fees
- No refurbishment costs
- Keep 100% of any capital gains
- Secure community living for over 55s

Contact Larissa on 0459 955 122 to arrange a tour

BRAND NEW HOMES FROM \$195,000

7 CATHERINE CRESCENT, LAVINGTON www.liveinalbury.com.au

*Price is based on owning your home and leasing the land and is correct at time of production.



Woolshed Thurgoona Landcare Group kicked off 2019 with a series of events focused on monitoring and protecting our local Squirrel Glider population. We have plenty more events planned across a broad range of activities and interest areas including community planting days, direct seeding field day, Sloane's Froglet monitoring and pollinator education.

We are also thrilled to be able to run our native plant giveaway again in 2019, thanks to AlburyCity's annual Community and Cultural Grants program.

To be the first to hear about exclusive events, priority bookings and more, become a member today. Membership forms are available on our website <u>www.wtlandcare.org</u> or by attending a monthly meeting. New members are always welcome. Remember to follow us on Facebook via <u>www.facebook.com/wtlandcare</u>.



The whole family involved in planting.



Woolshed Thurgoona Landcare Group native plant giveaway at Thurgoona Plaza

Autumn Community Wild Pollinator Count

Woolshed Thurgoona Landcare Group invite you to join local pollinator expert Karen Retra as we join in the National Wild Pollinator Count this Autumn. Go to their Facebook page to book your place or contact them via their website.

Thursday 18 April 2019

10:00 am - 12:00 pm

The project aims to raise awareness of pollinator insects, as well as the important role they have in our natural and agricultural ecosystems.

600 people participated in the count in 2018 and they spotted more than 6700 insects across 182 different locations around Australia.

Learn about the important role pollinators play in our environment, how to search for and identify them and what you can do at home to attract these



Hoverflies Photo: Karen Retra

important insects. Bookings at <u>http://wtlandcare.org/</u> <u>wild-pollinator-count/</u>



Blue Banded Bee Photo: Karen Retra



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Thurgoona Pre School

Our year at Thurgoona Pre-school has started off well, with the children, staff and families settling in for another year. We have lots of exciting things planned for the year ahead including visiting shows and special events. We have already had the Responsible Pet Ownership Program at the preschool which is a great opportunity presented to preschools.

We are now taking waiting list applications for 2020 and 2021. The waiting list form can be submitted online via the preschool website www.thurgoonapreschool.com.au.

This year we will be working on enhancing our beautiful outdoor learning environment, supporting interest, learning and discovery for the children. This will include the addition of some outdoor musical instruments and freshening up some areas within the play space.







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A great experience.

TCC's Little Kidlet Playgroup has been running now for the past three years. The playgroup first began as a pilot in 2016 and thanks to funding from AlburyCity was able to continue with the employment of a Playgroup Coordinator. It commenced with one day each week, which expanded to two days per week in 2018 thanks to increased funding provided. With a strong response from the community through consistent attendance and active participation from community members to volunteer, the playgroup has become an important support for young families at the Community Centre (TCC) thus enhancing the growth and stability of Thurgoona.

This playgroup functions so well because of the quality of the people who work within it. The Playgroup Coordinator Sam Neall, herself a young Thurgoona mother, has a natural capacity to engage with her peers as well as gain the admiration and participation of the mature volunteers who come to assist. Strong bonds of friendship and camaraderie exist within the team. This makes the program a safe and embracing experience for the parents and an interesting and interactive experience for the children with each other and the adults who attend.

We are presently looking for new volunteers to support the Tuesday group. The Monday program already has an amazing team, and they are wonderful role models for the new team which will be built for the Tuesday session. If you would like to be involved, ring the centre on 6043 1588



WANTED: VOLUNTEERS TO HELP WITH LITTLE KIDLETS PLAYGROUP: TUESDAYS 9.30—12.30 No prior experience needed just a love of children and young families.

Please provide your NSW Working with Children's Check number and we can provide a police check if you don't already possess one. P:6043 1588

The Thurgoona Grapevine Autumn 2019



Thurgoona Public School Providing the foundation for life-long learning

During 2018, we had a large number of parents who volunteered in classrooms, community members who volunteered in the garden and extensive support from families at all P&C events. We sincerely thank you and our active and dedicated P&C members for their extensive and ongoing support of our school.

Term 4 saw a visit from the Environment Minister, the Honourable Gabrielle Upton, who announced our school's successful application for an Eco-Schools Grant. Our school will partner with the NSW Office of Environment and Heritage and Charles Sturt University to undertake field studies that will improve the habitat for the endemic and vulnerable Sloane's Froglet within the school grounds.

Our chess team, comprising Jake Davys, Jon Art, Riley Bosse, Adam Nicholls, Toby Spinks, Bryson Daley, Dave Sharma, Liam Smith and Hudson Finck participated in the CSU Albury-Wodonga Chess Challenge and were placed second overall on the day.

A number of students and parents



participated in Relay for Life. Their team, the Thurgoona Troopers raised \$1806.00.



On 2 November, our students wore green and brought in a gold coin donation to raise \$332 for Healthy Hips Day. Healthy Hips Australia aims to increase awareness for hip dysplasia, improve the rates of early diagnosis and support those impacted by the condition.

We have had an extremely successful start to the school year. Our students have quickly settled into their new classes and routines, and have already attended our annual swimming carnival, which saw staff and students have a lot of fun.

We have a large number of new families joining our school community along with many new staff members. We welcome and congratulate the following staff to our school. Jessica Brooker (Deputy Principal) brings with her an extensive range of teaching and leadership experiences and skills suitable to such a role. Through merit selection and recruiting processes, Dan Adamson (Year 2), Erin Newton (Kindergarten), Tim Shoard (Year 3) and Felicity White (Year 3) were also appointed to permanent positions.

We encourage every family to be actively involved in all activities and opportunities at our school, as we look forward to another great year at Thurgoona Public School.



Inspiration from an Australian Great

Recently retired Professional Australian Tennis player Sam Groth visited Thurgoona Tennis on Friday 1st March. The visit was organised by Tennis NSW to help inspire the young players who are coached by Barbara Honey-Martin of HoneyBee Kidz Tennis at Thurgoona Country Club Resort. The children were thrilled to have a hit on court with Sam and to get his autograph.



Sam Groth with Olivia O'Kell, age 6

Sam also returned to The Border to support the Albury City Pro Tour event held 25th February to 3rd March at the Albury Grasscourts. Sam participated in a social tennis night at the Albury Grasscourts competing with and against keen local adult players. Thurgoona Tennis entered some players in this Pro-Am event and they very much enjoyed playing on court with Sam and some of the other professional players from the Pro Tour

It is hoped such visits from Sam and the other professional tennis players can become an annual event.

Tennis Talk

Bernadette O'Donnell

(Thurgoona Tennis Club President) Another new year of tennis at Thurgoona has begun!

Our club has hit off the New Year with much enthusiasm and laughter!

Fun 4 on Monday nights from 6:30—8.00 pm is growing in numbers, with people aged from 14 upwards. For those of you new to the area, these evenings are for all abilities and no team is required. Come on your own or with a friend or two, to try it out. We have a couple of racquets that can be borrowed for the night, if you don't own one. The beauty of this night is that it doesn't matter if you cannot attend every week, just turn up when you can as there is no commitment.

Our Wednesday night mixed social comp has also begun, so if you are interested, put your name down as an emergency or organise a team of four (two ladies and two men) for the next term. We have both A and B grades to cater for the different standards.

Two Hour Tennis is another comp we are now running from 3.00-5.00pm on Saturday afternoons which is a similar format to the Fun 4. Just turn up ten minutes before to register and be placed with a partner for a quick set then swapped around to play other sets with different partners- a great way to meet people!

Thurgoona Tennis Club currently has three teams playing Saturday Pennant, which is run by the Albury Tennis Association. In summer, this is held on the Albury and Wodonga Grass Courts whilst in winter (starts in May), matches are played at various tennis clubs in Albury and Wodonga. If interested, you could join one of our teams, form a team, or be an emergency.

All comps are only \$6 for tennis members and \$10 for non-members (excluding the ATA pennant). It's easy to become a tennis member; just pay \$50 at the Thurgoona Country Club reception



Fun 4 Tennis Group in Thurgoona

(which includes social membership), and you will have free access to our courts during daylight hours with cheaper comp fees.

In October last year we held our inaugural Club Championships. Congratulations to our winners:

Singles: Men's: A- Carmine Adamo, B- Simon O'Kell,

Under 18 boys- Cooper Inskip,

U 18 girls- Kari Graovac

<u>Doubles</u>: Men's: A-Jason Woodhouse, Tim Peverell:

B- Tony Hill, Drew Casey

Women's: A-Linda Jacobs, Bernadette O'Donnell:

B-Pauline Goonan, Michele Nesich Mixed Doubles: A-John O'Neill,

Bernadette O'Donnell:

B-Jason Woodhouse, Chrissy Clarke

Under 18-Cooper Inskip, Kari Graovac A very successful day to which we look

forward to an even bigger and better championship this year!

Our club also offers adult and children coaching with Barb Martin from HoneyBeeKidzTennis.

So, if you have any questions regarding any of the above, please contact us as we are happy to help.

Find us on Facebook – Thurgoona Tennis, Thurgoona Fun 4 or Two Hour Tennis.

...or email us at

thurgoonatennisclub@gmail.com or visit Thurgoona Country Club website. See you on the court!

Join the fun!

Introductory and development tennis programs at Thurgoona Tennis Club for all abilities – from 4 years of age

Register now for next term's lessons, School Holiday Clinics and Junior Hot Shots Match Play competition





Enquiries 0438 130 100 Email: tennis@honeybee.net.au www.thurgoonaresort.com.au/1267



Sam Groth with HoneyBeez and coach Barbara Honey-Martin



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