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Summer 2017/18

The Thurgoona Grapevine

A Day to Celebrate!



And once again, Sully outperforms the opposition at the centre bounce, helping to stamp the Bulldogs' authority over the game during the second half. Photo: Kim Strauss

Disclaimer: The Thurgoona Grapevine has many willing contributors and is an expression of a diverse community. The contents of the articles are individual and not necessarily the views of the Thurgoona Community Centre or Albury City Council and their representatives.

The Thurgoona Football Netball Club is enjoying the fabulous feeling that comes from hard work and winning. From the football grand final point of view, this is the pinnacle of the competition and winning is euphoric for the players and their supporters as it is something that cannot be taken away from them and they can say we were premiers of the Tallangatta and District League in 2017.

The club fielded four football teams and six netball teams, and every team played in the finals which was a great achievement for the club and our community. The achievements in 2017 were four premierships, including three back to backs and six Runners up, with the football Reserves and fourths losing in extra time when their matches were drawn at full time.

Winning the ultimate game is a wonderful feeling for the players and having back to back premierships extends that pride and joy from 2016 into 2018. There is a feeling that a day like this may never happen again ... But then maybe it might!!!

The Thurgoona community can applaud the players for the teamwork, training, fitness, and their efforts in achieving these levels, the officials, coaches, and support staff in so effectively guiding the players throughout the season, the families, supporters involved in going to matches in all weathers and encouraging the teams and the sponsors and whose contribution is vital.

The club prides itself on being a grassroots club with emphasis on junior development. It was founded in 1988 with the senior football team building from nine wooden spoons and before 2016 the team had played in finals in five seasons with the highest result losing the preliminary final in 2010. They then won their first Premiership in 2016 and repeated it in 2017.

The netball club had an outstanding home and away season with the A Grade team finishing second and all others finishing on top of the ladder. Both senior football teams had most opposition teams covered all year finishing on top of the ladder with the Thirds and Fourths were in the top three leading into the finals. Now many other clubs see Thurgoona Football and Netball teams as the benchmark and the club is happy to accept this challenge.

The community continues to have a great opportunity to get behind the Thurgoona Football Netball Club and actively support this organisation as players, supporters, officials or just encourage children to be involved with a wonderful local club with all the benefits offered.

By Bill Plant (more on page 22)

Thurgoona Community Christmas Tree Sue Caldwell

A very special Christmas tree is celebrating its sixth anniversary. The Christmas tree at the Thurgoona Plaza stands proud in its place every year. a big thank you to Rob and Jenny Stevens, managers of the Plaza for making the space available for our tree, and thank you also to Woolworths Supermarket and their staff at Thurgoona.

Every year the tree project supports adults, children, and families in need; persons who would otherwise find Christmas challenging.

I am very proud of our co-ordinator, Sherylyne and the volunteers from our Community Centre for the support they give each year – there are many volunteer hours spent collecting, gift wrapping and delivering the donated presents.

The tree will stand again from 12 November until Christmas Eve.

To all who donate gifts a big thank you from Mr and Mrs Claus.

Merry Christmas.



TCC Volunteers deliver presents to YES Youth and Family Services. Photo Sherylyne Moran

CAROLS ON THE GREEN Friday 15 December – 6.30pm at the Thurgoona Country Club Resort

Coming soon is the local wellloved Christmas celebration of *Carols on the Green* at the Thurgoona Country Club Resort which is hosted by the great partnerships of the Thurgoona Lions Club, the Thurgoona Country Club Resort, and the Thurgoona Fire Brigade. This was a huge success last year and attracted more people than everyone anticipated to the delight and shock of the Lions Club catering team!!

President of the Thurgoona Lions Club, Ian Crane said, "We are ensuring that this year we won't be taken by surprise with additional help from the Thurgoona Golf Club. In addition to the usual sausage sizzle, sandwiches, hamburgers, and soft drinks, we will have hot dogs and a coffee van onsite to make sure everyone's catered for".

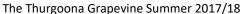
"We've made special arrangements for Santa to visit and he's looking forward to arriving in style in the Thurgoona fire truck. He will distribute small packets of lollies to delighted children. Battery operated candles will be available for sale as will Lions Christmas Cakes and ice blocks", Ian said.

"We are putting a big effort into ensuring a great family night out for all of our Thurgoona community so we hope that it will be well supported again this year. A great outcome is that proceeds made by the Thurgoona Lions on the day will be spent on various community projects, mainly within the Thurgoona area", Lan said

Carols on the Green will be held at the Thurgoona Country Club Resort on Friday 15 December and will commence at 6.30pm. It is recommended that all attendees supply their own seating and insect repellent.









* GIVEAWAYS FOR THE KIDS * FACE PAINTING *

* FUN FOR THE WHOLE FAMILY *

BOOKINGS RECOMMENDED BY CALLING 60431411 OR SEE CLUB STAFF

Woolshed Thurgoona Landcare Group's Local Hero

Catherine Allan



Greg Davis receives the Thurgoona Lion's Award from Vailia Brushe. Photo: Damian McKenzie-McHarg

Mr Greg Davis was recognised as a Local Hero by the Thurgoona and District Lions Club Volunteer Awards. 2017. Greg received the award for his outstanding contribution to the Thurgoona Community as long-standing Treasurer of the Woolshed Thurgoona Landcare Group.

The Landcare group formed in February 2006 through a merger of the rural Woolshed Creek Landcare Group with the Thurgoona Urban Landcare Group, and currently boasts around 350 members from Thurgoona and its surrounds. Greg has been Treasurer,



Sophie Petrovic. Photo: P. Sheehan

and a member of the executive team. since 2007. In his quiet way he has been pivotal in the development of the Landcare Group. Thanks to him the group is in a stable financial position and able to develop new projects to involve additional community members.

Many Landcare activities, such as planting trees, and creating habitat for local species ensuring it is photogenic and captures the imagination of the media. Such high-profile work is vitally important to the citizens of Thurgoona... but the people behind the scenes often go unrecognised. Without the constant support of volunteers such as Greg Davis, who willingly volunteer their expertise, these important activities could not occur. That is why the Woolshed Thurgoona Landcare Group Executive were thrilled that Greg's contribution was recognised in these awards, and we commend the Thurgoona and District Lions Club for promoting the vital importance of volunteers in our community.

Greg received his award from Vailia

Brushe and Alan Brink of the Lions Club as part of the Revegetation and Project Paddock walk event held on 27 August. (see photo). This community planting and information activity was part of a major revegetation project on a section of the Woolshed Creek,



Chester Merrick and John Shepherd **Photo: Damian** McKenzie-McHarg

organised and managed by the Landcare group with funds from the Murray Local Land Services.

Other activities by the Landcare Group in 2017 included partnering with the Office of Environment and Heritage Sloane's Citizen Science Monitoring Program, which aims to contribute to maintaining the local population of the threatened Sloane's Froglet. We have also been involved with planting native plants at the Fairway Gardens estate. Support of the local Squirrel Glider population continues, with distribution of nest boxes, tree planting in the Lake Hume area and community engagement and information.

If you would like to know more about the Woolshed Thurgoona Landcare Group check out our website or contact enquiries@wtlandcare.org



Getting To know You Profile - Sally Innis.

2017 Recipient of the Albury Wodonga Business Award – Outstanding Young Business Person An interview with Barry Young OAM.



Sally Innis Award Recipient

My guest again for this Summer issue is a very successful young lady who gives of her heart, mind and capacity in her career and to our community and one who has a most challenging and interesting life. Our last issue featured Sally's family background. Here we have her insights around her professional life.

You have had a very interesting career could you expand on your current quest on what makes a young person outstanding in business?

1 - What makes a young business professional?

The ability to be brave and make yourself vulnerable.

My personal learning - that I am me and I am enough. I understand my gaps and I embrace them, having a level of selfawareness is key. I believe that I am a strong leader and I'm not afraid to make myself vulnerable. I know that I naturally care for people and I'm kind and yet I'm respected because if I need to call something out I will. But I do it in a way that creates an environment for growth and positivity. I honestly believe that the team is only ever as strong as the person who's finding it the hardest. I will always seek to empower people to be the best version of themselves. I am quietly confident, smile often and will always seek out people that I find intimidatingly good at what they do. I enjoy understanding their journey to success and what I can learn from their mistakes and their successes. I was taught as a child 'to walk with giants'. My natural curiosity and strong values provide me with a positive mindset, I love that I am proud, of who I am, and the impact my natural approach to

leadership has on others. Know yourself, the real you and back yourself. Be curious and continue learning. If it doesn't challenge us it doesn't change us. Curiosity is essential for progress, work hard to earn your stripes don't demand or expect – it does nothing for your credibility. And admit when you are wrong, ask for help and guidance, never think you are bigger than the success of the team. Look and find opportunities for personal growth.

Seek out feedback.

Try to use a consistent source that understands your mode of operation. If the feedback is overwhelming or fills you with self-doubt the use of a mentor as an independent third party to work through the feedback and provide experience and insight will assist you in working through any constructive criticism. Don't hide from feedback, embrace it!

In time you will learn who you are as a business professional, your strengths, and gaps and most importantly the type of leader you have become. Embracing this journey wholeheartedly with an ability to take the emotion out and keep it business related will make you a stronger leader in time. Understanding yourself as a leader is so much more than your view of your own actions and your opinion of yourself, ask your peers, ask your team and never become complacent.

2 – Can you describe the key challenges you have faced as a young business professional and how you deal with these challenges?

Communication skills - knowing how to speak with confidence and the use of strong language is an absolute must. There are times when I have walked into a networking event where I have clearly been, or felt I was, the 'odd one out'. In those instances, I learnt very quickly to be mindful of my language, including body language and tone. I learnt about different anchors I could use when entering a room to make myself feel confident, change my state of mind, and find the confidence I needed. Almost like 'getting your game face on' and over time I could become relaxed and 'normal'. Because of this strategy, I no longer even notice if I'm the 'odd one out', I can more freely communicate, connect, and learn from others.

Valuing my knowledge - to recognise the value of my creative ideas.

To recognise the value in my approach and thoughtful management of clients not just concentrating on the end deliverable. Both the journey and the support contains value.

"Value is a perception, not a calculation. Value is something people feel, not something we tell them they get" – Simon Sinek *Building a support network – on two fronts:*

+ 'It's not what you know; it's who you know,' is a huge factor in your ultimate success. I found women-focused events a very safe, nurturing environment where successful women would talk openly to you about their experiences; and

+ having a team of people who have your back — my parents cheer me on, they are a huge safety net but they also call me out when needed. I have a mentor, performance manager, strong friends, a second family at Crowe Horwath, people I have met along the journey that know me well, pull me up but also push me hard. They hear my struggles, see my tears, share in my successes, this group of people are so important because they never judge, they are my support network and they have my back. *Work-life balance.*

My husband is vital in helping me manage my time and will call me out quick smart when the balance is not right. Having a work environment where you are connected and have strong relationships is also very important as Crowe Horwath understand who I am, my values and openly encourage a healthy work-life balance. This alignment has kept me happy and engaged for 11 years now. They will also openly challenge me and I have a high level of trust in the guidance I am provided with.

Being true to yourself.

Be you, and have confidence in who you are. Back yourself and be brave. It comes with time and experience.

3 - How do young professional people achieve a work/life balance?

"The key is not to prioritise what's on your schedule, but to schedule your priorities" – Stephen R. Covey Understand your priorities, know your non- negotiables.

Personally, we don't manage our time based on our work schedules. We manage ourselves based on life. Once we schedule in family and personal commitments we then review the balance and understand what we can achieve with the balance. And then what's not achievable we communicate and lean on our support network to look for alternative solutions. Understand your level of financial security.

Work hard (and have fun) while you are young then your ability to feel some level of financial security will evolve, people will often want flexibility but financially they have to work. Understand your priorities and then work backwards. Expectation needs to meet reality at some point. It is our responsibility to balance our lives. For us having the end goal in mind keeps our everyday purpose clear so we don't lose ourselves chasing the things in life that don't really matter. *Mentors.*

Look for someone you admire or 'think' they have it all sorted, get to know them, and understand their why. This can often be a good first step in understanding and working through your personal work/life balance needs.

Thank you Sally - we are very proud of your achievements and being one of us in our lovely Thurgoona Village.

The Thurgoona Grapevine Summer 2017/18

Remembering the Brave Sherylyne Moran

At the TCC we have a broad spectrum of people who participate in our programs and who volunteer their time to run programs. We value the diverse backgrounds of everyone which makes for an interesting community. We are very privileged to have people who have retired from the police force and so as a community many of us attend each of the annual National Police Remembrance services. The service recognises the dedication and for some, the ultimate sacrifice given by members of the police force. Some have lost their lives in the line of duty and in the service we ask for Divine help and strength in the midst.

This year was particularly sad because of the recent loss of Leading Senior Constable Gavin Frew from the Wangaratta Highway Patrol. Fellow officers paid a deeply moving tribute to their much-loved colleague. We as a community have attended the

event for the past six years and we use the opportunity to stop to remember the significant contribution that our law enforcement community makes and show our gratitude. We live in a peaceful and safe country because of the dedication of our police force and as civilians, we cannot imagine how difficult and challenging their work must be at times.

Thanks to all who work in service industries and their families, where significant personal sacrifice is required.



Members of the TCC well represented at the National Police Remembrance Day 2017 with Father Dennis Crameri and Father Peter MacLeod-Miller at the Sacred Heart Church in Wodonga. Photo Sherylyne Moran



Need a venue?

Thurgoona Community Centre is a facility that you can book for your family or community events. Two great buildings available.

Help us get the word out. Income from hiring helps support the wonderful programs offered at the Centre. This is such a win-win for everyone.
Cost: \$27.50 per hour with a \$200 refundable deposit. Available is the hall with kitchen and multimedia—seats 90 at tables or 120 in rows of chairs.
Youth Room—seats 40 for seated conference or 16 at tables. Front play area for children's parties with kitchen and outdoor play equipment. Front area also can seat 50 in rows of chairs or 24 at tables.



Office space also available. Tables and chairs provided. Why not come to watch a movie on the big screen and have a BBQ?



Ring to book on 6043 1588

www.thurgoonacommunitycentre.org.au

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A Fond Thank You Sherylyne Moran

Feeling quite excited by the prospect of serving the community as the

Graham and Beth

new Coordinator at the Thurgoona Community Centre in 2011, but having to navigate forward based somewhat on intuition and dreams, I was thrilled when two big personalities encouraged me with their passionate ideas for this newsletter.

In those days the Thurgoona Grapevine had a long history but at that stage was back to basics. A humble community paper, its emerging prominence in the community was helped by these two Thurgoona residents. Firstly I met Sharon Strauss, who come enthusiastically hammering on the door within days of me starting. Her mission was to claim the back page for her real estate work and she was very willing to pay for the space. This helped immensely with encouraging interest from new advertisers. A little later, Cr. Graham Docksey came knocking. He had this great idea which I so appreciated and so his 'Councillor's Corner' began. It gave the paper credibility and an avenue for AlburyCity to communicate with locals.

Sadly there will be changes to this section and Graham would like to explain how things have to move forward.

The Thurgoona Grapevine Summer 2017/18

New Changes, New policies. Councillor Graham Docksey, OAM, JP. To all readers of the Grapevine,

I am sorry to say that the regular Councillor Corner which I started some five years ago as a service to the community of Thurgoona will no longer be written by me as the AlburyCity Council media policy has now changed.

When I was first elected to Council in 2012, I was living in Thurgoona and saw an opportunity for Council to spread the word around the community about what was happening. The article has been very well received across the community over this period and has given residents an insight into future works in their neighbourhood. I did not do this for my own benefit but for the community as in all things that I do as a Councillor.

Whilst I now live in the Albury CBD with my wife Beth, we are both still linked to Thurgoona with many friends in the area. We still shop at Thurgoona as it is more relaxing and friendly and we also have investment properties here.

I will continue to have an interest in your Community Centre and the continued development of Thurgoona.

All the best to you all for the coming Christmas and New Year period. Kind regards Graham.



Congratulations Graham and Beth Docksey for your very happy day: 28 October 2017

Elizabeth's Home Preserves

Elizabeth is a local Thurgoona preserve maker who has maintained the age-old techniques of delicious home recipes. There's nothing quite like home-made jams and relishes which commercial production can't replicate.

This business is now five years old with council approval. Every jar is thoroughly sterilised before use.

Elizabeth can then get to work to make a large variety of jams and relishes. She also has quince and plum paste products and cucumbers. All delicious with cheese and biscuits for any occasion. Elizabeth will also recycle your empty jam jars. Ring for your orders on 0437 630 020

Council Updates

Kids restore habitat

About 400 Albury school students left their desks to dig for the environment. As part of Planet Ark's National School's Tree Planting Day, AlburyCity hosted the students as they planted native trees, shrubs and grasses and participated in environmental education activities. About 800 trees and shrubs were planted during two Planet Ark Community Tree Planting events at Litchfield Drive, Beaumont Park Estate and in Thurgoona and Splitters Creek. Deputy Mayor Amanda Cohn said National Schools Tree Day is a great opportunity to teach young people how to care for the environment. "Students learn more about the important role nature plays in the life of our planet and why we must protect it", she said.

Recycling Centre Award During October, AlburyCity

Council attended the Local Government NSW Excellence in the Environment Awards and were the winning recipient of the Resource Recovery Award for 2016/17 for the Albury Recycling Centre. The Albury Recycling Centre opened in October 2016 and is a state of the art facility comprising an area to separate recyclable materials from the general waste stream, a dismantling and processing area and a retail space for the sale of second hand goods. To date this project has assisted by diverting 64% of household material away from landfill for recycling.

Tai Chi Classes

Join the group at the TCC Thursdays from 9.00—10.00 am \$25 for 10 weeks

What is Tai Chi? It's a very gentle way to exercise which involves slow movements. It's easy to learn, is safe and fun and effective for good health. Increase you flexibility and balance, increase muscle strength and heart/lung capacity. Improve posture and memory while you destress and relax. Feel and live better. P: 6043 1588

Chinese Bread of Life in Thurgoona Nicole Chen

Poy and Nicole Chen moved from Taiwan to Albury, with their 18-month-old daughter Jacqui, eleven years ago. Poy's parents lived in Thurgoona, so they stayed with them when they first moved. They attended the former "Albury Community Church" in St. Hilaire, Thurgoona. There they met Max and Mary in 2008, who were a couple from China. "Grace Fellowship" was started by these two couples to provide regular meetings for Chinese immigrants in the Albury/ Wodonga area. In 2012, "Bread of Life Church Albury (BOLA)" was born.

In 2016, BOLA bought a piece of land in Airside North Industrial Estate from AlburyCity Council. In August 2017, they moved into the new church building. Lots of interior building jobs were done by their own congregation. Every one of them worked together to make it happen.



BOLA is now a multi-cultural church which providing a bilingual (English and Chinese) service 6:30—8:00pm every Saturday night. After the service, everyone stays for supper and fellowships with each other. It's a spiritual home for many immigrants in the area and it doesn't matter if they speak Chinese or not. The church has helped many newcomers to settle into the local Australian society and culture and the love of Jesus is revealed through these acts of services.



Singing is helped by the great musicians and worship leaders

Homework Heroes

Hey, kids! Great news! Thurgoona Community Centre is offering a



brand-new Homework Club on Thursday afternoons from 3.30pm. Enjoy a snack and a drink on arrival in a relaxed and happy atmosphere.

Complete your homework (home learning) under the helpful guidance of Val, a highly experienced teacher and tutor. We all know that the first term of a new school year can be a bit hectic in households, so take advantage of this great opportunity to boost your skills! For as little as \$5 per session, you can be part of the Homework

Thurgoona Lions encouraging Young talent

Supporting young people each year in the local public speaking competition is one of the ways that the community minded members of the Thurgoona and District Lions Club invest their time. This year was another successful year for this endeavour with the local schools sending in their young hopefuls who had prepared interesting and engaging speeches.

The whole process allows young people to develop their skills in expressing what is important to them in a public arena. Who knows where this will lead them in the future as they develop much needed skills in leadership. Encouraging this at a young age is so beneficial for everyone, the young people, their families and the community. Winners of the local event then can compete in regional competitions. On 27 August 2017 Cassie Kreutzberger year three region Heroes Club at TCC - straight after school every Thursday. For more info or to book a spot, please phone TCC on **6043 1588.**



Val White experienced teacher for Homework Heroes at TCC Photo: Tamara Binder



Cassie Kreutzberger wins District Lions award

five of Thurgoona Public School won the Lions District 201V6 Final Junior Public Speaking competition held at Tongala Victoria. Our congratulations go to Cassie, her parents, teachers, School and the Thurgoona and District Lions Club for their support. We're looking forward to Junior Public Speaking in 2018.

A Facebook Post and a happy reunion

Local mum Emily Kimball lost a necessary piece of her pram on a sunny Saturday walk. She retraced her steps but the pram arm was not found. Jake Woods her partner left his phone number at the Thurgoona Bakery just in case it was found at the



Plaza. The following Monday, playgroup volunteer and mum Katrina Hackett was walking to the centre with toddler Miranda who was enjoying her pram wheeler. Suddenly the wheeler struck the pram arm. Katrina knew it would be sorely missed and so requested that we advertise it on our Facebook page. Catherine Whiley from the bakery saw the post, contacted the owner Jake who rang us. He said he and his partner Emily Kimball were the owners and incredibly Emily was attending an appointment with one of the nurses at the TCC! Needless to say good deeds and thoughtful people made for a happy occasion for all.

Photo: Katrina Hackett and toddler Miranda with Emily Kimball and baby Indi at TCC Photo: S Moran



Reminder Notice to the Thurgoona Community

Solar Energy Project for Thurgoona *A Community Forum* will be held on Thurs 30th November 2017 Thurgoona Golf Club 6.30pm-8.30pm

ALL WELCOME TO ATTEND

This is to decide if we want to have or not have a sustainable energy project for Thurgoona This is the chance for members of Thurgoona Community to be updated to what is happening with renewable energy in the Albury, Wodonga and Yackandandah areas and to decide if they, as a community wish to be participants in a renewable energy project based at Thurgoona.

<u>Note change of date - in</u> the last Grapevine issue the forum date was outlined for Wednesday 29 November 2017.

The forum date is now definitely

<u>Thursday 30 November</u>

The Forum will start at 6.30 pm at the Thurgoona Golf Club with an introduction by the facilitator for the night and a welcome from the joint hosts who are:

TCAG (Thurgoona Community Action Group) and AlburyCity Council

This will be followed by a speaker from Renewable Albury Wodonga to outline the \$100,000 feasibility study for a community energy project at Wodonga

The totally renewable energy project underway at Yackandandah will then be outlined to the forum followed by a speaker from a major energy company involved in community energy projects.

After these speakers a question and answer session will occur with a panel consisting of the three main speakers who will respond to questions from the attendees.

To wind up the forum the facilitator will pose the question "What now?" in order to gauge the degree of support or otherwise for a sustainable energy project at Thurgoona. Is is hoped to finish the forum at 8.30pm.

It is timely to consider an alternative energy project at Thurgoona with high and rising power prices and the widespread community and government interest in solar and other alternative energy sources.

Some potential benefits from such a project at Thurgoona could be:-

- + Reduced energy bill for participants
- + Lower capital costs for energy components (e.g. batteries, solar panels, inverters) through large scale community buying orders.
- + Not being captive to energy market dictates
- + Community ownership and control of energy produced from the project
- + Access to alternative green power.

The TCAG has formed a small sub-committee to explore an alternative energy project for Thurgoona. Members are: Arthur Latta, David Sexton, Katrina Passey and Mark Davis with Matthew Dudley, Group Leader Natural Environment at AlburyCity Council as an ex-officio member.

This TCAG sub-committee is working closely with Renewable Albury Wodonga (RAW) which is the crossborder group undertaking a \$100,000 feasibility study for a community energy project in Wodonga. Both Albury and Wodonga Councils and the TCAG are also members of RAW.

Remember to put the date in your diary Thursday 30 November at 6.30pm! Community Forum on Renewable Energy for Thurgoona

Your attendance is requested TCAG Energy Sub-Committee



Singles-Mon 6:30pm Fast 4 Tennis-Mon 6:30pm Mixed Doubles-Wed 7pm Saturday Pennant-1pm Coaching for Kids

Contact us:thurgoonatennisclub@gmail.com





Men's Group For Cancer Support

An information gathering session for men diagnosed with cancer

Fourth Tuesday of each month 10.00 am—12 noon

The Wellness Centre Meeting Room (Ground Floor) Albury Wodonga Regional Cancer Centre Borella Rd, East Albury

- Enjoy morning tea while meeting other men going through some similar experiences.
- Discuss with other men having or about to have cancer treatment what type of support would be helpful and how it could be put into place.
- Have your say about what type of get together you would prefer, either cancer related, something different or a combination of both

Enquiries:

Darryl 0408 3269 305 or Bernard 0428 434 587 Bookings:

Karen, the Wellness Centre Coordinator 6064 1562 or Email: wellness.centre@awh.org.au



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What groups are at the Thurgoona Community Centre (TCC) in 2017?

TCC Volunteers Thank You Party Saturday 25 November 6.00 – 9.00pm At: TCC Hall. Entertainment by Mark Hayes Country singer and dance music. BBQ and salad provided. BYOG if desired. Soft drink, nibbles, tea/coffee and cake. Line dancing demo by Bev Vinge - plus you can join in. Dance the night away or just listen to the music. \$20pp for TCC non-volunteers. Christmas raffle to raise funds for new urn. Prizes are a painting worth \$250 and a \$50 Woolworths voucher. RSVP TCC 6043 1588 by 17 Nov.

Red Rubies.... Craft or Not.

Our group is held at the Centre every second Wednesday from 10.00am to 1.00pm. We would like to invite you along whether you want to do some craft or just have a chat. Feel free to drop in any time. Each person brings their own materials, some morning tea to share and the cost is \$3. 6043 1588

Yoga Classes

Yoga encourages fitness and wellbeing for people of all ages and walks of life and caters for individual needs. Join Janet and others in the hall for gentle stretching, breathing and relaxation. Build on strength, health and happiness. Time: 6.30 pm - 8.00 pm Monday Cost: \$10 per lesson Janet 6043 2987

Little Kidlets Playgroup:

Mondays 10.00 am -12 noon Interactive with activities to enjoy

Cost: \$5 per family per session NSW school term P: 6043 1588



TCC Garden Group

A beautiful garden has been established at the TCC. Volunteers are needed to maintain the garden and share its produce with others. Contact the centre on 6043 1588



Introductory and development tennis programs at Thurgoona Tennis Club for kids aged from 4 years

Enrol now for next term's lessons. school holiday clinic and junior comp.

Thurgo



Proudly supported by Country Club Resort Email: tennis@honeybee.net.au

New Homework Heroes

Primary School students now have the opportunity to have help from a very experienced and qualified tutor. Thursday afternoons 3.30-4.40pm during NSW school terms Cost is \$5 per session Fruit and a drink is provided Val makes it interesting and fun, but best of all the homework is completed and understood. Limit of four students per session

Ring 6043 1588 to book your place.

Pilates

Improve your strength, flexibility and general fitness with a qualified physiotherapist. In NSW School terms Monday Tuesday and Thursday 6.00 - 6.45pm Sundays 4.30 - 5.15pm Private health fund rebates available. \$15 per casual class or \$120 for 10 week term. (45 minute lessons) For further enquiries please contact Mikaeli 0408 229 751

Starlings Dance Connection Monday

5-7 yrs jazz @ 3.30-4.00 pm 8-11 yrs jazz @ 4.00-5.00 pm 12-16 yrs jazz @ 5.00-6.00 pm

Wednesday

4&5 yrs fairy ballet @ 2.30-3.00 pm 2&3 yrs mini movers @ 2.00-2.30 pm 5-8 yrs hip hop @ 3.00-4.00 pm 8—14 yrs Contemporary @

4.00-5.00 pm

8-14 yrs Song/Dance @ 5.00-6.00 pm (includes lots of drama games and exercises)

Saturday

2&3 yrs mini movers @ 9.00-9.30 am 4-6 yrs hipity hop @ 9.30-10.00 am 4-6 yrs fairy ballet @ 10.00-10.30am 6-11 yrs ballet @ 10.30-11.30am 12-16 yrs ballet 11.30am-12.30pm starlingsdance@live.com.au Ring Allira on 0401 669 005



Financial Counselling

Free and confidential at the TCC Ring 6041 4227 or Susan on 0427 792 735

NEED a JP (NSW)?

For contact and to arrange a face to face service, ring the centre on 6043 1588.

Twin City Stomp Line Dancing

Wednesday: various classes 10.00am-1.00 pm 1st Sunday of month 1.00 -5.00 pm Tuesday 7.00-9.00 pm Cost: \$10 per lesson Contact Bev Vinge 0407 947 353

Digital Photography Club

If you are interested in digital photography, how to use photo shop, cut, paste, edit, and generally do the "digital photography thing" then please phone 6043 1588 to book. Thursday 6.00—8.00 pm. Cost: \$2

Seniors Computer Kiosk Beginners Computer class

This is a fantastic program, focusing on increasing the skills of older people using the computer and the internet. Beginners are VERY welcome! Wed Advanced 1.00 - 3.00 pm and Beginners 3.00 - 5.00 pm cost: \$2 Bookings 6043 1588 Individual tutoring also available upon request.

Buds Art Group—Thurgoona

For all those who would like to express themselves in a new and creative way. Mondays 10.00 am-3.00 pm in the hall. For more information please contact: Dawn: 6043 1006

The Other Theatre Company

A passionate group of people who wish to encourage, develop and provide opportunities for the community to gain experience in amateur theatre. For more information ring: 0407 942 106.

Film and Friendship

Looking for a break? Then come along to some very pleasant DVD entertainment and excellent socialising. Join us every second and fourth Thursday of the month at TCC: 1.00- 3.00 pm Cost: \$3 per session and bring some afternoon tea to share. 6043 1588

Stumpwork Embroidery

Stumpwork Embroidery is raised, 3D beautiful embroidery first practised in the 1600s. Come and learn a new, exciting skill. No experience required. Wed. 10.00 am-4.00 pm 8 week course Enquiries: 6043 1588 Cost: \$5 per day and \$3 per half day

TCC Social Club Events

Breakfast at Kinross Woolshed Second Saturday every month 8.30am. Cost from \$2.00, meet new friends and old. Regular day trips to local points of interest. Reasonably priced.

Join our club for excellent friendship and activities. See notice board at centre for upcoming events or book for these events: Friendship afternoon:

Christmas lunch at Commercial Golf Club-6 December

Annual Fee \$5.00, contact the TCC office for membership and information on 6043 1588.

Community Singing

Love to sing? Come along and join us! We will have weekly sessions that generally follow the NSW school terms Wednesdays 6.00-7.30pm \$4 per session or \$15 per month. Mary: facilitator 0427 431 511

NEW TO TCC:

White Diamonds Patchwork Sewing

Bring your sewing machine and project and enjoy the company of other like-minded sewers.

Every 1st and 3rd Thursday of the month from 12.30-3.30pm

Cost is \$5 per head—maximum of 10 people. Tea/coffee provided. Ph 6043 1588

TCC Book chat/club

First Tuesday of the Month

1.30-2.30 pm \$2 per session.

Book chats are informal and relaxed. Discuss books you have read or are presently reading. Ring 6043 1588

Tai Chi With Kaye Deanshaw.

This is a Murrumbidgee Local Health District initiative. Thursdays 9.00-10.00 am 6043 1588 Cost \$25 for 10 week term: Thurgoona Community Centre Hall

Mates Morning Tea

Like a good yarn?

Enjoy great company in a relaxed and friendly environment? Mates morning tea runs every Friday from 10.00 am-12 noon just for men. Come and meet new people. You can bring a mate or come on your own. No need to be a talkative person—some in the group are very skilled at telling interesting yarns!! Cost: Gold coin donation Tea/coffee and biscuits provided. P: 6043 1588

The Thurgoona Grapevine Summer 2017/18 YOUNG AT HEAR

RT with Heather Cahill

Low-Med impact Cardio/Strength (men/women): Tuesdays 9.00 — 9.45 am \$5 Women's Low Impact strength circuit: Tuesdays 10.00-10.45 am \$5 Low-Med Impact Cardio/Strength (men/ women) Thursday: 10.45-11.30 pm \$5 **Mixed Boxing for Fitness :** Tuesdays 7.15-8.15 pm \$10 Thursdays 11.45-12.15 pm \$5 AFL Active—for 16 vrs + Tuesdays 5.30—6.30pm (Mixed) \$10 Sessions also at Glenecho Community Centre. Enquiries and bookings ring 0419 312 593 Other classes in Lavington/Glenroy

Thurgoona Community Centre Coffee Shop: Tuesdays and Thursdays 10.00am -12noon

Cost: \$4.00 cuppa and treat. It's friendly, open to everyone in the community. Staffed by volunteers. A great place to meet people, relax and keep in touch.

Real Girls Sweat With Jo Parker

A fun, total body workout, suitable for women of all ages and fitness levels, which focuses on function and form. Joanne runs Small Group PT sessions Monday Wednesday Friday@ 6.15am. Classes are designed to suit all fitness levels and ages (max class size of eight) to meet your individual needs and provide a personalised service. There's no yelling and no burpees – It's just not Joanne's style. All classes are fun, friendly and supportive PLUS your first class is FREE! Bookings are essential and newcomers should arrive 10 minutes early to discuss their individual needs. For more information please visit her website

www.lifesparkwellness.com.au or call or SMS Jo on 0477 505 531.

YOUTH PROGRAMS:

Youth Leadership: a fun and engaging teen program to develop confidence in speaking and listening. Group Facilitator is Carmel McCartin Wednesdays 4.15-5.30 pm

Chill zone:

A fun and energetic program for young teens and pre-teens at the TCC. Coordinated by the TCC Youth Guidance Team. Tuesdays 4.00-5.30 pm School buses drop off at the centre Phone 6043 1588

No weekly cost—food included. Some excursion costs involved

Thank you to the Grapevine Team

Feature articles: Barry Young Dr Arthur Frauenfelder Darryl Starr **Photography:** Front Page: Tamara Binder **Proofreading:** Debra Hargreave **Maurie Peters** Cartoonist: MacNally Advertising: Peter Hamilton Editor: Sherylyne Moran **Delivery Coordinator** Sue Caldwell Delivery: Hugh Hargreave Sue and Jim Caldwell Katherine Flood Julie Fair Elizabeth Flood Mervyn Brent Anne Simmonds Sylvia MacKenzie

Julie and Rebecca Sefton Mikaeli Weddall **Del Crawley** Peter Hamilton Val Martin Bridget O'Connor **Chester Merrick** Sue and Steve Thornton Jean and Bernard Townson Janice and Lindsay Poy Jim and Stephanie Mansell Diane Martin Ron Martin Frank and Bernice Plas Beth and Peter Burrell Beth and Michael Crouch John Haydon **Russell and Petra** Grace Cecily and John Willott Keith and Sally Hendy

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Good News: Free Help with Kids

Child and Family Health Nurse

The nurses are available by appointment on Monday, Wednesday and Thursday at the TCC Ring 6043 1038 to book your appointment or for any concerns.

Tucker Teeth Toys

Relaxed information session aimed for first time parents covering introduction of solids and caring for little teeth.

Thursdays 1.30 - 3.30 pm:

Coming back in 2018—once every two months. Come along to chat to the Dietitian about first foods and the Dental Therapist about teeth. No cost. For more information ring Gabby, Kirsty or Debbie on 6058 1800

Post Natal Support Group

Mondays for six weeks at the Thurgoona Community Centre 10.30 am—12noon. The focus is for firsttime parents. Find out about parenting, feeding, looking after yourself, routines, changes to the family, safety, health and keeping well.

A Child and Family Health Nurse will be the convenor. To book phone 6025 4822 or 6043 1038 or speak with your local Child and Family Health Nurse.

A great chance to meet others and have a chat. You and your baby are welcome to attend. Dads are most welcome too.

Community Groups Directory

Alb-Wod Stroke Recovery Club

Where: Thurgoona Country Club Resort When: Last Thursday of the month with guest speakers each meeting. Times: 10.30 am Contact: 1300 650 594 E: strokerecoveryclub.aw@gmail.com Feb—Nov meeting year period for 2018 Nov—Christmas lunch 2017

The Rotary Club of Bellbridge

Lake Hume "Service above Self" Where: Thurgoona Country Club Resort When: Tuesdays, 7.00 pm Contact: Cheryl 0418 696 796 E: ian.moffat1@gmail.com 0412 890 742

Thuggers A running community for Thurgoona Joggers. Come to our weekly running group that caters for all interests and abilities. Weekly runs are held - check in on Facebook for current times. Meet at Thurgoona Community Centre carpark.

Find us on Facebook or on our webpage

Christmas—more than a 'rusty Holden ute".

Christmas is celebrated in many ways in Australia as we are a diverse country with many heritages. For those of European heritage, Christmas trees and snowmen have been adopted as symbols of the celebration which in the Northern Hemisphere is celebrated during the winter. Here in Australia, we have utilised some of these symbols but also included the "rusty Holden ute" in one of our Christmas songs with a shrimp on the barbie and a game of cricket.

For many Chinese, the Chinese New Year, which is in February, is the special time for family reunions and vibrant celebrations. Nicole Chen from Bread of Life Church said, "At Chinese New Year, instead of giving presents, adults will give children a 'Red Envelope' with money in it so that they can buy things they need. When we moved to Australia, we learned to celebrate Christmas as well. We usually go camping with lots of church families and let the kids have a good time outdoors".

As Nicole didn't grow up with a culture of celebrating Christmas, you won't see a Christmas tree in her home and Santa Claus doesn't feature in the festivities.

"For me, this is the time to remember that God sent his one and only son, Jesus Christ, to this world so that we can have eternal life. Through Jesus, our relationship with Father God can be restored. Jesus is the greatest gift that we can receive in our life. Christmas is a time to stop our everyday busy schedule and ponder on God's grace and mercy for us and then respond with our gratitude and praises back to Him", she said.

Thurgoona Bookclub

Running for over 11 years, has room for more members. Meet on the first Wednesday of the month at 7.30pm, to discuss the months book. Interested? Call Tracey 6043 1869 AH.

Thurgoona Community Action Group (TCAG)

For people who are concerned about their neighbourhood. Meets: second Tuesday of every month at the Thurgoona Community Centre from 7.00—9.00pm E: <u>thurgoonaCAG@gmail.com</u>

Thurgoona District Lion's Club

Meets on the 1st and 3rd Mondays of each month at the Thurgoona Country Club Resort 0438 463 732 E: thurgoonalions@gmail.com Find us on the Web and Facebook

Thurgoona Mens Shed

Where: Cnr Elizabeth Mitchell Drive and Corry's Road Thurgoona When: Tues, Thurs and Sat Times: 8.30 am to lunch (on the Web) Contact: Bruce Dyce 0428 432 413



Christmas Services in Thurgoona:

Bread of Life Church Saturday 23 Dec 6.30—8.00pm Freedom Church. Sunday 24 Dec 6.00—7.30pm Carols puppet play and

sausage sizzle Go Church.

Sunday 24 Dec at10.00am

Immaculate Heart of Mary

24 December Vigil at 7pm 25 December at Midnight

25 December at 9:30 am

St John's Anglican Church Christmas Day service 25 Dec at 9.00am

Thurgoona Baptist Church Sunday 24 Dec at 10.00am

Thurgoona Tennis Club

Thurgoona Country Club Resort A and B grade mixed social Wednesday 7.00 pm and Saturday afternoon pennant competition Contact Bernadette O'Donnell thurgoonatennisclub@gmail.com

Thurgoona Toastmaster's Club

Meets 2nd and 4th Wednesdays of each month at Thurgoona Country Club Resort 7.00 – 9.00pm. Contact Glenys 6043 3119

Thurgoona VIEW Friendship Club Voice, Interest, and Education of Women on second Wednesday of each month, Boomerang Hotel, Lavington. 7.00 pm Contact: Margaret 6069 9019 Anne 6043 1968

Woolshed Thurgoona Landcare

For upcoming events visit our website:www.wtlandcare.org or "like" us on our Facebook page. To join our members list email enquiries@wtlandcare.org or contact Catherine Allan on 6051 9781

Thurgoona Churches

BREAD OF LIFE CHURCH ALBURY (BOLA) Service: Saturdays 6 30—8 000

Service: Saturdays 6.30-8.00pm Chinese and English 56 Merkel Street, Thurgoona P: 0448 721 548 www.mybola.org.au FREEDOM CHURCH Thurgoona Community Centre Hall 10 Kosciuszko Road, Thurgoona Sunday evening 6.00-7.30pm E: freedomchurchthurgoona@gmail.com **GO CHURCH** Service: SUN: 10.00 am 33 Hartigan Street, Thurgoona Pastor Rick Zago P: 6043 1422 E: admin@gochurch.org.au W: gochurch.org.au FB /Instagram **IMMACULATE HEART OF MARY** 20 Hartigan St, Thurgoona, P: 6043 2222 Vigil Mass 6.00 pm Sunday Masses 9.30 am, 5.30 pm www.thurgoonacatholicparish.com ST JOHNS ANGLICAN CHURCH 288 Table Top Road Sunday Service 9am except every 2nd Sun of the month at St Marks Nth Alb 10.00 am P: 6040 2188 www.anglicannorthernalbury.org.au Kid's Church—meets on 1st and 3rd Sunday of each month NSW scl term. THURGOONA BAPTIST CHURCH TCC Hall-10 Kosciuszko Rd English/ Nepali 10.00 -11.30 am All welcome to stay for morning tea Kids church 10.00 -11.30 am Bus pick up P: Hugh 0418 431 988 www.thurgoonabaptist.org

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Creative Youth Exchange 2017 and 2018

The Dreamfields 2017 Festival, Awards and Exchange were a real success in 2017 with Maidie Dawson of Kergunyah and Lachlan Mitchell of Jindera exchanged to Somerset UK in April, and then Lauren Diffey and Oliver Campbell-Craig from Somerset UK coming for Henty Machinery Field Days as Australian exchange, with farm stays at Mount Pilot Tourist Farm, Chiltern, 'Dosyvale', Henty and Thurgoona Country Club Resort.

Festival Awards prizes were donated by businesses to creative youth who performed and exhibited at Henty MFD.

Kirinari Creative Writing Award

Winner: Grace O'Dwyer, Corowa High School

 $1^{\rm st}$ PRIZE \$570 I-Pad Air from Kirinari Community Services

 $2^{\rm nd}$ PRIZE \$70 reading lamp from Beacon Lighting Albury

Foto Supplies Photography Award:

Winners: Amber Ferraro and Hannah Fitzgerald, Galen College 1st PRIZE \$300 Foto Supplies \$100 Gold Class Regent Cinemas \$50 Zone Laser Tag

2nd PRIZE \$120 Foto Supplies voucher and \$50 Voucher Dymocks David Wilson Studios Music Award

Winners: Chelsea Knight, Catholic College and ELK Xavier High 1st PRIZE \$600 valued recording package by David Wilson Studios

\$80 Foto Supplies CD Printing Pack and \$50 Headphones, Timmy G's

Chelsea Knight of Staghorn Flat and Nick Keogh from Mullengandra, will be attending the 2018 Dreamfields UK Exchange to Somerset and there will be fund-raising events at Thurgoona Country Club Resort TBC and at Hub 62 Cafe, Saturday 27 January 2018

If you would like to donate, fund-raising is via the Australian Cultural Fund:

https://australianculturalfund.org.au/projects/dreamfieldscreative-youth-exchange-2018/

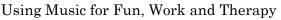
In 2018, there will be one complete prize package for Dreamfields Awards at Henty Machinery Field Days for both WINNER and RUNNER UP, and they will also both be the two given the opportunity to attend Dreamfields UK Creative Exchange in 2019



Above: Maidie Dawson and Lachlan Mitchell on UK exchange 2017 from Australia Right: Lauren and Oli from the UK with Steve Bowen



Australian Exchange 2017 from UK



Nathanael Spannari, is one young Thurgoona resident who is following his dreams, while doing what he loves. After studying a Diploma of Children's Services and working nine years in various childcare centres around Albury/Wodonga, he will shortly have reached half way in his studies, to complete a Bachelor of Early Childhood and Primary at Charles Sturt University. Nathanael volunteers his time to teach SRE (Religious Education) at Thurgoona Public School, and is also the Youth Leader at GO Church. Nathanael is self-taught, learning his guitar skills during a rough season of his life.

"I just picked up the guitar and began to play, learning the chords and riffs as I went along", he said. Nathanael has been able to use his skills and talents in all areas of life, now one of the lead singers at GO Church, he also enjoys taking his guitar along to work and plans to use his musical talents in teaching the next generation.



Nathanael Spannari playing guitar with students Caleb Honeyman, Joshua Smith and Luke Smith



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Every effort counts.

Sherylyne Moran

Sheldon Smith has had a full year finishing Year 12 at Wodonga Catholic College and having his volunteer work recognised firstly through his Queens' Scout Award and then by receiving the Wodonga Red Carpet Individual Community Service Award. The Wodonga awards contains several categories which saw 90 applicants nominated as finalists this year.

Sheldon has been a Thurgoona resident for some time. A very busy person travelling to school cross border, helping with various community initiatives, and working a part-time job at Thurgoona Plaza Woolworths which has meant that boredom was never a problem for this young man.

His Red Carpet Youth Award recognised his past and varied experiences as a volunteer.

His past work at Interchange has given him wonderful life experience working with kids with disabilities both during the week and in the school holidays. Here he interacted with the kids by participating in the games and activities and having fun with them. This lead to him working on a one-to-one basis in the



Red Carpet Youth Award winner Sheldon Smith with proud mum Margaret Wyseman at the ceremony.





Speechmakers at TCC with program graduates. Front left to right: Leanne Lucas, Kim Macklin, Tanielle Richards, Mowava Laurence, Back left to right: Sheldon Smith, Taleia Thorne, Carmel McCartin (Group Leader) and Rimma Chikota.

holiday programs. He has also gained great confidence by participating in the Red Shield Appeal doorknock for the past nine years. Not an easy task for many people and a great testimony to his happy easy nature and ability to relate to a wide range of people. The Carevan has also been a place of interest for Sheldon where he was able to help in the kitchen cooking the meals. His scouting experience saw him work on a Bush Fire Awareness project to help people become more aware of bushfire dangers which gave him his Queen Scout Environment Badge.

Here in Thurgoona, Sheldon has been greatly inspired in his speechmaking by the Thurgoona Toastmasters, taking on the secretary's job for the committee. At the Thurgoona Community Centre, he is a confident and enthusiastic offsider to Carmel McCartin the group leader of the Youth Leadership Program. In this program, the teens are developing great auditory skills. This will be of immense benefit for future job interviews, work



Mob: 0429358695

meetings and any requirement for selfexpression in a public arena. Sheldon's happy and engaging speech on the awards night was warmly received as he encouraged others to likewise seek opportunities to help others.

Sheldon says "I started doing things for others as a Scout. They asked us to start by doing small things and then it grew. I just love what I do, how I can give back and the sense of pride it gives".

Making Music

The TCC is taking Expressions of Interest for a musician's group. Want to enjoy the company of other musicians and to play together a range of musical genres? Any instrument welcome. Ring the TCC and leave your details. P 6043 1588.



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THURGOONA COMMUNITY ACTION GROUP

Our Community Action Group has been busy over the



last few months. We meet regularly with AlburyCity Council planning staff to keep informed about significant developments in Thurgoona and to convey our concerns back to the council. It has been helpful to know about proposed changes before they happen and have an opportunity to have some input about how urban design specifically impacts on Thurgoona's liveability and environment. This has resulted in a few changes and improvements in developments. Maybe not as many as we would like, but at least they know we care about our community and want development done in a way that best serves the people living, or who will live, here. We will be actively engaging in the council's review of the Development Control Plan, to help ensure future development considers social, environmental and integrated transport in the future. Input from all community members is welcomed. Council will also be running several information workshops or forums next year, so keep an eye and ear out for them.

The Thurgoona Park North development has already started with lots of land clearing. If only the southern end of this development had been kept as a central green space and park for all to enjoy, but unfortunately this is not the case! The new central commercial area on Thurgoona Drive and Tabletop Road would also be an asset if it provided an outdoor gathering place for community events and a connection to the green space and wetlands. Good design for our The Thurgoona Grapevine Summer 2017/18

future is the key.

During Term 3 of the school year, we also had an opportunity to speak to students at Trinity College and ask what they liked about living where they do, and what improvements they would like to see in the Thurgoona area. They had some great ideas, including the need for indoor sporting facilities and places for young people to go. It's great to see better connected bike paths, but more are needed for now and into the future, to enable people to get around and not always rely on cars. They also suggested having a light rail service to Thurgoona that could be an interesting plan to work towards.

<u>One exciting</u> involvement of TCAG is our connection with Renewable Albury Wodonga (RAW). There is potential in the area for some co-ordinated solar development. The group Renewable Albury Wodonga are looking at Thurgoona as a place for encouraging investment in Solar Power. There is a meeting on 30 Nov at the Golf Club to gauge community interest in this.

If you have any ideas or concerns about what is being done or needs to be done in our area, please come along to a meeting or get in touch with our group via email or our Facebook page.

Meetings: 2nd Tuesday of the month at Thurgoona Community Centre 7.00pm; All welcome

Facebook: Thurgoona Community Action Group E: thurgoonacag@gmail.com

Consultative Member Groups Thurgoona Community Centre Albury Conservation Company National Environment Centre Woolshed-Thurgoona Landcare Group Thurgoona Progress Association

Happy Spring Bargains

Sherylyne Moran

Sunny weather and a quest for a bargain brought many to the TCC for our first Garage Sale Trail.

Event organisers Emma Chambers and Katrina Passey were delighted with the 18 stall holders who registered and the people who attended.

"It was so successful and had such a great community involvement that we had requests for it to be an annual event", said Emma. "Thankfully we had perfect weather and there was a good variety of items for sale".

Katrina Passey, also a TCC committee member, was thrilled with the enthusiastic participation of everyone.

"We were very pleased to see so many people involved and we were given a lot of creative



Local Thurgoona resident Tracy Wilton with Curbside Catering. Photo: S. Moran

suggestions for what we could include next year", she said.

Money raised by the event (\$220) will go towards the Community Garden that Emma and Katrina manage and also the purchase of an exterior awning for the sunroom at the TCC (\$524).

At the event for the first time at the TCC was local Thurgoona business owner Tracy Wilton with her mobile food van 'Curbside Catering'. Two years ago Tracey moved from Geelong to Thurgoona and is enjoying the rural feel of the suburb.

Story continues next page

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"The thing that attracted me to Thurgoona was that it was separate from Albury, its small and it has beautiful trees. It's such a lovely place to live and so close to everything", she said.

Tracey had seen the event advertised on Facebook and offered her services. It was great to have a variety of hot food on sale as well as a good coffee to wander around the stalls with.

"I mostly cater for Tradies", she said. "I provide hot meals, burgers, wraps , fried food, and drinks as well as coffee".

You can find Curbside Catering Albury on Facebook or ring Tracey on 0490 714 461

Everyone's effort was much appreciated as we have such a wonderful band of volunteers. This year we also had the baking and fundraising skills of work placement students Rebecca Jones and Sarah Mundy. They had spent the previous day baking and also enlisted the help of friends and Sarah's mum who donated delicious items for sale.

On training at the event in retail sales was Sarah's nieces Rhianna and Jorja, who loved the experience of upskilling with customer service and money maths. In the community garden beds the kids got to work and had fun planting the



seedlings which had been donated by Peards. This was a constructive way for the kids to get their hands dirty and develop their gardening expertise whilst enjoying nature. Great job everyone.

At the garage sale. Left to right

Jorja Jones, Rhiannan Hetherington, Rebecca Jones and Sarah Mundy

Photo: S Moran

A Generous Community Spirit

Two enthusiastic volunteers at the TCC, Jim and Sue Caldwell decided it was time for a bigger urn at the Centre, and so the "Raffle Queen" as we affectionately call her, jumped into action. The raffle has first prize being a painting by local Buds Artist Dawn Gibbs valued at \$250.00 and second prize a \$50.00 Woolworths voucher donated by Jim.

The urn is a 30 litre Commercial urn valued at \$310.00 and will be used at our many large social events.

Sue was approached by a computer room student who expressed thanks for the time, patience, and caring attitude that Jim exhibits to all his students. His care helps students to conquer the fear of learning, which many senior students feel. The student, who wishes to remain anonymous, wanted to help in the purchase of the urn and gave generously the amount of \$230.00.

The raffle will be drawn at the TCC Christmas party on 25 November; tickets are \$2.00 each and are available for purchase from the TCC office during office hours.



First Prize—Painting valued \$250



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Swapping with Style

Swapping smiles and warm compliments was a key ingredient at the Thurgoona Community Centre's (TCC) first Clothes Swap and Style event this year. A passionate idea from local personal stylist Nicky McMillan from 'What's my Style', who teamed up with Carly Woods and Lauren Shain, to help with an environmentally helpful and happy opportunity. The TCC playgroup were the happy recipients of the \$400 raised on the day to help support this program.

The event was to encourage less waste and help declutter the wardrobe.

"It's shocking to know that every hour 36 tonnes of clothes are thrown out", said co -event organiser Nicky.

"The push from the fast fashion industry contributes to this problem with clothes



L to R: Katherine Rattray, Carly Woods, Lauren Shain, Helen (Bill) Jones and Nicky McMillan. Photo: Sherylyne Moran

that are mass produced often being unsuitable for reuse and discarded', she said.

At the event ladies not only had the choice to swap clothes but also buy highend items at reasonable prices. Clothes on the designer rack were supplied by 'My Changing Room' and 'Chic to Chic' boutiques. A large array of clothes to purchase at reasonable rates was available, thanks to the huge effort put in by The Clothing Carousel's operator Helen (Bill) Jones. Her hobby is to sell preloved clothes and fundraise for charities such as Relay for Life.

"You can find me once or twice a month at local markets. I can also come by invitation to an event and provide my pop-up shop. I gain a lot of satisfaction from what I do. My Facebook page is a good way to know where you might find me next", she said.

Local ladies enjoyed being pampered by Lauren Shain and Carly Woods. Lauren is a Thurgoona mum with two small children.

"I run my hair salon from home", she explained. "I love that I can have the flexibility with my family and be there for my kids - they're my priority". After the event, Lauren had the fun of speaking in Sydney at a business women's event on the 'Law of Attraction' which she really loved.

She met her good friend Carly seven years ago, at the new-mother's group held at the TCC which is a service provided by Albury Community Health nurses. They maintain friendships with the other mothers from the group and



Carly Woods providing a wonderful pamper for Pat. Photo: S Moran

they say this also helps with their sanity as they share similar family experiences.

Carly started her makeup styling business 'House of Younique' after she enjoyed the reactions of people for whom she did makeovers. "It's a great feeling when you see a woman's face light up after simply adding a little makeup, and making them feel special. It's very empowering", she said.

On the day, Katherine Rattray who came for the event had a fabulous time; makeup, hair, and a new outfit. "It's been so uplifting for me", she said.



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John works wonders.

Fixing anything is John Locavich's special gift. To have this unique skill is of great value to John especially after the disappointing start he had growing up in Communist-ruled Yugoslavia where there was no access to education. This was followed with having to struggle educationally in Australia as a migrant child from the age of nine. Having little English meant that John was left behind in his schooling compared to the other kids. In those days he was called a 'Wog' which was a tough introduction to Aussie culture, now his niece tells him that being one of those 'Wogs' is 'Cool'!

John explained, "Anything I put my hands on I manage to fix. So, when I retired, I turned my energy to repairing computers. I belong to the Murray Valley Sanctuary Refugee Group (MVSRG) and the computers I fix go to newly arrived refugee families".

John can easily identify with the struggles of refugees who are now moving to Australia.

"When we lived in Yugoslavia my Mum just wanted to flee the country. There was no education for the kids and we just ran free on the farm where they worked. There was little work as well. Dad worked as a farm labourer, and earned some money cutting hair and playing a trumpet in a band. Mum saw no future for her family and we were just living day to day. The large house we lived in had many families but we didn't go hungry because all the families supported each other", he said.

After preparations were made, the family fled the country in the middle of the night

over the border to Italy. There they were housed in various refugee camps for two years whilst the process to immigrate to Australia took place. After immigrating, the family spent some time at Bonegilla Migrant Camp and then moved to Sydney.

"I love living in Australia it is a beautiful country, however my Dad never settled. He missed the life of spontaneity in the "old country" and could not settle to working five days a week in a factory. He missed the farm life and sitting with the other men in the village and eating cheese and salami. He tragically passed away in 1971 after being hit by a car on a crossing", John said.

John ended up living back in Albury when he was married. Previously he and his wife had visited some friends at Henty and decided to buy a caravan to work their way around Australia to find the best place to settle. Their first stop in the caravan was Noreiul Caravan Park and because they both found work they started saving which lead to buying their first home in Wodonga. Then in 1999 John moved to Thurgoona where he could buy a new home for the sum of \$110,000.

"The home was part of a community built for ten families, all helping each other build each other's home. The couple we bought from did not survive the demands of the project. They left the home a little rough with many things unfinished, but it was a great buy at the time", he said. John has seen Thurgoona mushroom over the past 18 years.

"I remember when the old IGA was where the Thurgoona Plaza is now, with a petrol pump, good pizza, a bakery and Simon Horsfall the Chemist who is still here", he

said.

He had wanted to become involved at the Thurgoona Community Centre from reading what was happening here from the Grapevine newsletter, but wasn't quite sure where to start.

"When I read about the Mate's Morning Tea, I knew straight away that I would come and have now met Don and the boys", he said.

"Now that I'm retired, one of my projects is fixing computers. I started doing this for friends, family and my church members. Now I'm helping people who have come to Australia just as I did. One lady recently welled up with tears when she received one of my computers. She was shocked that a stranger would do this for her family", he said.

"I know what it's like to experience isolation when you have little English. Doing this kindness gives you an awesome feeling", he said.

Penny Vine, President of the MVSRG said, "Our settlers come from backgrounds very different from even underprivileged Australians and they are very appreciative of any help offered to them. Computers of course are a vital part of life nowadays and will open up important opportunities to them, in their studies and in their search for job opportunities as well as linking them with our wider community."

If you have a computer that you would like to give to John's project, drop off at the TCC Monday to Friday 9am to 4pm. It can be 'Dead' or 'Alive' and John will use his gift to make something from it that someone else can use.



Mates Morning Tea. John Locavich (front) with the other mates—around the table is left to right seated—Ron McGrath, Ray Heran, Don Clayton, Terence Claray, Peter Maclean, Jimmy Jarrot, Digger Burgun, Chummy (Alan) Adams, Bernard Campbell, Bert Moen and Len Anderson Picture: Tamara Binder

Creating works of wonder.

The name of this embroidery style doesn't really describe the absolute beauty of what is made. Stumpwork embroidery originated in the mid-1600s in England but sounds more like something that happens in a men's shed!

This embroidery technique is for those people who love fine handwork, and the enjoyment of making something different and striking. It builds on basic hand embroidery stitches and creates gorgeous 3-D projects with impressive results.



At Thurgoona Community Centre a Stumpwork group is aptly lead by our very experienced tutor Janice Awburn. It's a very friendly group who enjoy working on their artistic creations on Wednesdays from 10am to 3.30pm in the NSW school term.

Janice will start you on four small projects (20 x 20 cm each) to give you the basics of Stumpwork.

What to bring: Sewing DMC threads, needles size 10 sewing with a big eye, 4-inch (10 cm) hoop, and fancy work scissors. Fabric (0.5 metres – piece of cream satin polyester or Dupion silk.) Enquiries ring 6043 1588



Stumpwork tutor Janice Awburn working with new student Lyn. Photo: Sherylyne Moran

WANTED: VOLUNTEERS TO HELP MIGRANTS UPSKILL THEIR ENGLISH CONVERSATION:

A local business has approached the TCC to help two migrant male workers to upskill their English conversation. Requirements; Australian resident with Aussie accent, able to complete a Police check with TCC. We have resources and ideas to help you develop individually tailored programs. Phone 6043 1588

Local playwriter sees fruit of his dreams and labour



Butterfly Lounge a great success—The Other Theatre Company

Sherylyne Moran

Thurgoona based local amateur theatre company, the Other Theatre Company, produced another wonderful theatrical experience with Butterfly Lounge. It's an original play by Alexander Gibbs with an original musical accompaniment. The audience was enticed to escape into the mind and imagination of main character Lio. He led us into the romantic and heady times of 1928 Chicago with loveable characters to charm and dangerous criminals to fear. Complemented by the original jazz score produced by Tony Smith and Katja Jorgensen, which was performed by a capable jazz ensemble, it was a great night of entertainment. The play allowed you to empathise and enjoy the escapism it explored and to relax into the therapy of lovable relationships. These sought to encourage Lio to enter back into the real world of responsibility and family relationships. Great work done by a growing and dedicated local theatre company.

Now rehearsals are underway for their next production of William Shakespeare's Romeo and Juliet. Catch up with what the theatre company is up to by liking them on Facebook or contacting them on 0407 942 106



Albury Botanical Gardens 2,3,9 and 10 March 2018 Gates open 6pm for 7pm start Adult \$20 Concession \$15 Children \$10 Family \$40 Book at 02 60435610



Mirambeena Community Centre Mirambeena Community Centre Martha Mews, Lawington, N. S.W. 2641

2 Dec 10am-4pm 3 Dec 10am-3pm

Admission: Adults \$5:00 Children \$2:00 Children under 3 years old Free

Morning Tea, Lunch & Afternoon Tea available

Trading Stall & Competition Entry Enguiries welcome

Margaret Grigsby M: 0402 097 565

VOLUNTEERS NEEDED at Café V Café V at the Albury Hospital is manned by volunteers and they are looking for new volunteer staff. Café V is situated in the main entrance of the hospital and operates Monday to Friday. from 8.30am to 2.30pm.Please ring **6051 7617** Elaine Hill: Volunteer Coordinator Albury Wodonga Health.



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MARKET WRAP for 2017

It has been another exciting year when it comes to property on the border and in particular, Thurgoona.

Now, with over 80% of the new development of land, Thurgoona is fast becoming the future growth of the Albury region. Albury City council is no doubt, trying to keep up with infrastructure to service all of the rezoned land and we have a thriving shopping precinct in which I believe needs to expand with the population growth.

Investment in the area has produced more medium density housing, with plenty of city designs mostly called duplex attached housing on relatively smaller blocks. This was probably seen as an answer to university student accommodation, professionals and retiree housing. Hopefully our area will be advertised as a great place to get away from the hustle of the major cities and our vacancy rates will lower from the average 3%, which has been slightly high in relation to the state.

Kerrs Road appears to show plenty of growth each end, with plenty of supply of regular sized blocks in the new estates, plus the subdivisions into the appealing lifestyle parcels of new land. At least there is an advantage of the upgraded roads to disperse traffic onto the Riverina highway into town and to free up Thurgoona drive to a degree.

Wood Real Estate has been servicing the Thurgoona area for the past 14 years managing investment properties and we have found tremendous growth with the assistance of the modern schools, shops, university, golf course and club. We have a professional team of property managers ready to assist you with investing in real estate. Please call us if you would like some additional help or assistance.

If you are thinking of moving, please get in contact with Greg to discuss a no obligation, free market opinion on your home.

Thank You

To all our clients throughout 2017 for your business.

Greg, Lisa & the team here at Wood Real Estate would like to wish all of our past, present and future clients a very Merry Christmas, & a safe & happy New Year!



Tallangatta and District League (TDFL) Premiers

"B-Grade Netballers, U18s Netballers and Senior Footballers are

Back to Back Champions.

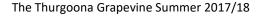
Thurgoona C-Grade bring home the Thurgoona Football Netball Club's (TFNC) *first* C-Grade Premiership"

by Heather Bruce

After winning its first ever Senior Football TDFL Premiership the Thurgoona Football Netball Club was very keen to repeat the performance in 2017. Every single Thurgoona football and netball team (ten in total) played in the final series. Four of those sides managed to achieve the ultimate success and win the Grand final. It was an unbelievable experience.

Every team at Thurgoona Football Netball club worked very, very hard throughout the season. We are proud of our grassroots club and our emphasis on junior development. The challenge was set at the beginning of the year, for every team to try and improve on the successes of 2016. Most of our teams maintained their core players. Each team looked critically at how they could improve and set about achieving the ultimate success. Many other clubs see us as the benchmark and we are happy to accept this challenge. Rivalry is a pretty natural part of the process. Despite this – each TFNC team fared better than okay in 2017.

The netball club had an outstanding home and away season. All teams except for the A Grade finished on top of the ladder. A Grade still managed to finish second. The C Grade actually managed to finish undefeated – a huge effort.





(L-R Back row) Tim Madden, Blair Osmond, Mark Hayden, Lucas Mellier, Jake Bruce, Jamarl O'Sullivan, Jayden Kotzur and Mark Bush. (2nd Row) Luke Gerecke, Charlie Williams, Bryton Garth, Matt Fowler, David Price (BOG) (front L-R) Zac Gibbons, Dylan Rake, Joel Roberson, Aydan Brown, Sam Cross, Daniel Kannenberg, Darcy Moore, Craig Taylor and Club Best and Fairest Winner, Kade Brown.

Both Senior football teams had most opposition teams covered all year and managed to finish on top of the ladder. The thirds and fourths both earned a place in the top three leading into the finals.

The Second Semi Final was a big day for the Club with seven of our 10 teams winning and marching straight into the Grand Final. Our other three teams were lucky enough to use their second chance to eventually join everyone on Grand Final Day.

Grand Final day at the netball courts started unfortunately with the loss of the U13s to Wodonga Saints and the U15s in a five goal loss to Chiltern. Things certainly looked up when the U18s defeated Wahgunyah, the C Grade defeated Chiltern easily and the B Grade posted a convincing win against arch rivals Barnawartha. Unfortunately, the A Grade girls lost to the undefeated Tallangatta who had put together a strong side with years of Ovens and Murray experience.



The victorious C-Grade team enjoy their GF win.

The main game on Grand Final day did not begin in a way that the coaching staff would have wanted. The team lacked the unity and magic of the year before and the boys were looking down the barrel of a defeat at the hands of Kiewa Sandy Creek, a Club with lots of finals experience. At half time the Doggies actually found themselves down by seven points. It was already quite late in the day as both the Thurgoona $4^{\rm ths}$ and the Reserves matches had finished in a draw. (Unfortunately, they both went on to lose their matches in extra time.)

In the change rooms at half-time it was a closed session! Not sure what was said in the Doggies rooms, but not a single person was left wondering at their intent, when they returned to the footy field for the second half. The third quarter was very much a dominant, one sided affair, with eight goals in total kicked by Thurgoona and the Hawks only managing a solitary point! Spectators from both sides looked a little dazed. Where had that come from?

The last quarter was very similar. Sam Cross took his tally for the match to four goals and young Joel Roberson took his tally to three. At one stage in the last Quarter, Matt Fowler kicked three goals in four minutes and in an amazing feat finishing the day with a nine-goal haul, reaching hero status within the Club. David Price gave a BOG performance for Thurgoona. Brothers, Ayden (Club Best and Fairest Runner-up) and Kade Brown (Club Best and Fairest) were brilliant. Co-Coach Jamarl O' Sullivan dominated in the ruck. Darcy Moore worked his magic, Melons (Mark Haydon) and the backline boys made us all proud, keeping Kiewa to just two goals four in the second half. As the final siren sounded Thurgoona incredibly found themselves 87-point victors. What a way to go back to back! A day like this may never happen again. But then again – maybe it will.

LINK REAL ESTATE WOULD LIKE TO ANNOUNCE NEW COMMERCIAL CENTRAL ALBURY OFFICE



Due to expansion of our Commercial Division Link Real Estate have opened a new Central Albury Office at

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